



CHOICES MARKET

100% BC OWNED AND OPERATED

WEEKLY SAVINGS!

Prices Effective • February 1 - February 7, 2024



FEATURED CHOICE

Wild Sockeye Salmon Fillets
Ocean Wise, Previously Frozen or Frozen, Value Pack

\$2⁹⁹ / 100g

YOU SAVE 44%

SPECIAL PRICE

Organic Mini Peeled Carrots
USA Grown, 454g Bag

\$2⁹⁸

YOU SAVE \$1⁰⁰



Farmcrest Specialty Roasted Chickens

\$12⁹⁹



Choices Artisan Fruit Half Pies
280g

\$6⁴⁹



LOCAL

25% OFF

Lean Ground Turkey Breast
or Dark Meat, Fresh, Raised without Antibiotics



\$2⁴⁸ / LB

Organic Navel Oranges
USA Grown, 5.47/kg

YOU SAVE \$1⁰⁰ / LB



30% OFF

La Tortilla Factory Tortillas
Assorted Sizes



Weleda Facial & Body Care
Assorted Varieties, Assorted Sizes

30% OFF



Maple Hill Farms Free Range Large Eggs
1 Dozen

\$5⁹⁹



RW Knudsen 100% Just Juice
Select Varieties, 946ml

\$9⁹⁹

plus deposit & eco fee

PRODUCE FRESH • LOCAL • ORGANIC



Lemons
USA Grown

4 FOR \$3.00



Large Grapefruit
Grown in California, from Johnston Farm

2 FOR \$5.00



Organic Green Onions
Grown in Mexico

\$1.98 / EA

Celery

USA Grown, 4.37/kg

\$1.98 / LB



MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



Organic Lean Ground Beef
100% Grassfed, Value Pack, 28.64/kg

SPECIAL PRICE

\$12.99 / LB



Fresh Boneless Pork Loin Chops

Centre Cut, Raised Without Antibiotics, Value Pack, 13.21/kg

SPECIAL PRICE

\$5.99 / LB



Fresh Boneless Leg of Lamb
Steak or Roast, 100% Grassfed, New Zealand,
Raised without Antibiotics, 26.43/kg

\$11.99 / LB



Fresh Cod Fillets
Ocean Wise

\$2.99 / 100g



duBreton Organic Bacon
250g

\$11.99

Aussie Pie Meat Guy Pies

175g

\$6.99



LOCAL



**Covered Bridge
Potato Chips**
170g

2 FOR \$6.00



**Terra
Vegetable Chips**
141g

\$6.49



**Only Goodness
Quinoa Chocolate
Chip Cookies**
165g

GLUTEN
FREE

2 FOR \$8.00



**Seasnax Organic
Seaweed Snacks**
15g

\$3.99



**FreeYumm
Crackers**
120g

GLUTEN
FREE

LOCAL

2 FOR \$7.00



Haribo Gummies
170g & 175g

2 FOR \$7.00



**Mid-Day
Functional
Chocolate Squares**
33g

2 FOR \$4.00



**Nature's Bakery
Fig Bars**
6 Pack

\$6.99



**Alter Eco Organic
Fair Trade
Chocolate Bars**
75g - 84g

2 FOR \$6.00

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Organic Meadow
Organic Milk**
4L

\$10.49
plus deposit & eco fee



**Earth's Own
Oat Beverages**
946ml

2 FOR \$7.00
plus deposit & eco fee



**Wedderspoon
Raw Manuka
Honey**
K-Factor 12 or 16,
250g & 500g

\$10.00 OFF



**Dairyland
Lactose-Free
Milk**
1.89L

\$5.99
plus deposit & eco fee



**Dairyland
Creamo**
Including Organic &
Lactose-Free Cream,
946ml

\$4.49



**Gerolsteiner
Carbonated Natural
Mineral Water**
750ml

2 FOR \$7.00
plus deposit & eco fee



**Rise Organic
Kombucha**
414ml

2 FOR \$7.00
plus deposit & eco fee



**Sober Carpenter
Non-Alcoholic
Craft Beer**
473ml

2 FOR \$5.00
plus deposit & eco fee



**So Delicious
Frozen Desserts**
500ml

\$5.99



**Di Martino
Pastificio Pasta**
Select Varieties,
500g

2 FOR \$6⁰⁰



**Fody
"Low FODMAP"
Pasta Sauces**
547ml

\$6⁴⁹



**Quesava Poppers,
Samosas &
Perogies**
425g

\$8⁹⁹

YOU SAVE
\$3⁰⁰



**Daiya
Dairy-Free
Pizza and
Flatbread**
Assorted Sizes

\$7⁴⁹



**Yves Veggie
Cuisine Meat
Alternatives**
Select Varieties,
155g - 275g

\$3⁴⁹

PLANT
BASED



**Raincoast
Trading Wild
Sockeye Salmon**
150g & 160g

\$7⁴⁹



**Earth's Choice
Organic Canned
Tomatoes**
796ml

2 FOR \$8⁰⁰



**Violife 100% Vegan
Cheese Alternative**
Including Blocks, Slices
and Shreds, 200g - 227g

\$6⁴⁹

PLANT
BASED



**Tre Stelle
Shredded Cheese**
170g & 200g

\$5²⁹

YOU SAVE
\$3⁰⁰

NOURISHING LIFESTYLES SINCE 1990



**Lucky Foods
Spring Rolls**
Including Gluten-Free
Varieties, Frozen, 241g

\$4⁹⁹



**Pacific Foods
Organic Broths**
946ml & 1L

2 FOR \$9⁰⁰



**Imagine
Organic Soup**
1L

\$5⁹⁹



**Lotus Foods
Organic Pad Thai
Rice Noodles**
227g

\$4⁶⁹



**Lundberg
Nutra Farmed
Basmati Rice**
Also Jasmine Rice,
907g

\$7⁹⁹



**Kikkoman
Sauces**
Select Varieties,
Assorted Sizes

\$5⁹⁹



**Earth's Choice
Organic
Coconut Milk**
Also Cream, 400ml

2 FOR \$6⁰⁰



**Omega Nutrition
Organic Coconut Oil**
Also Organic Apple Cider
Vinegar, Assorted Sizes

35% OFF



**Acropolis
Organic Extra
Virgin Olive Oil**
500ml

\$19⁹⁹

DELI PREPARED FRESH



**Happy Planet
Soup**
500ml - 650ml

\$7⁹⁹



**Spankopita
Parmesan Pies**
Also Musroom
Parmesan Pies, 185g

2 FOR \$9⁰⁰



**Old Fashioned
Ham**
Also Hot Capocola
Ham

\$2⁹⁹ / 100g



**Choices
Hot Soup**
16oz

\$5⁹⁹



**Choices Turkey,
Ham or Roast
Beef Sandwiches**

\$6⁹⁹



**Choices
Breakfast
Egg Bites**
80g - 90g

4 FOR \$6⁰⁰



**Choices
Coffee & Muffin**
12oz

\$3⁹⁹



**The Village Cheese Company
Artisan Cheese**



\$4⁴⁹ / 100g



Havarti Cheese

\$2⁹⁹ / 100g

BAKERY FRESH BAKED • WHOLESOME



**Choices
Individual Bars**
Peanut Butter, Mocha
Coffee or Original
Nanaimo Bars, 70g - 85g

2 FOR \$6⁰⁰



**Black Sesame
Shortbread
Cookies**
Pack of 6

\$5⁹⁹



**Choices Valentines
Chocolate
Cupcakes**
Pack of 4

\$5⁹⁹



**Choices
Country French
Bread**
480g

\$4⁹⁹



**Choices
Mini Multigrain
Bread**
260g

\$3⁹⁹



**Carbonaut
Bagels**
Pack of 5



\$7⁹⁹

**CHOICES MARKET™
ANNIVERSARY
SALE!**



**10% OFF
ENTIRE STORE***
INCLUDING SALE ITEMS

JOIN US SATURDAY, FEBRUARY 3RD

to celebrate Choices Kerrisdale's anniversary!

1888 West 57th Ave, Vancouver

• Enjoy free coffee while you shop

• Complementary slice of anniversary cake from 12:00pm - 2:00pm

• Enter to win various prizes!

*Anniversary sale offer valid at Kerrisdale location only. Sale not available online.

GROCERY

LOCAL • ORGANIC • SPECIALTY



Frog Friendly Organic Coffee Beans
340g

\$12⁹⁹



Taylors Tea
Including Organic Varieties, 20 Bags

\$6⁴⁹



Barney Butter Almond Butter
Including Chocolate, 284g

\$6⁹⁹



Bamboolia Bamboo Paper Towels
2 Roll Pkg., Also Bath Tissue, 4 Roll Pkg.

\$3⁹⁹



Jordans Morning Crisp Cereal
Including Muesli, 375g & 400g

\$6⁴⁹



Siggi's Skyr Yogurt
650g & 750g

\$6⁴⁹



Native Forest Organic Sliced Peaches
Also Organic Pineapple Chunks, 398ml

\$5⁹⁹



Eco-Max Dish Liquid
740ml

2 FOR \$9⁰⁰

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



Nature's Way Sambucus & Zinc Supplements
Assorted Varieties & Sizes

20% OFF



Living Alchemy Your Flora Series Fermented Activated Herbals
Assorted Varieties & Sizes

25% OFF



Vega Sport Protein
Assorted Varieties, 801g - 837g

\$47⁹⁹



Flora Organic Flax Oil
Assorted Sizes

20% OFF



Sisu Vitamins and Supplements
Assorted Varieties & Sizes

20% OFF



Bio-K Plus Probiotics
Dairy & Non Dairy, 12 Pack

\$43⁹⁹



Organika Bone Broths
Chicken, Beef or Veggie Original or Ginger, 300g

\$39⁹⁹



Dr. Hauschka Facial Care
Assorted Varieties & Sizes

30% OFF



Platinum Naturals Vitamins & Supplements
Assorted Varieties & Sizes

25% OFF



Aura Cacia Foam Bath
Also Mineral Salt Bath, Assorted Varieties & Sizes

\$3⁴⁹



Acure Hair & Body Care
Assorted Varieties & Sizes

30% OFF



Naturtint Natural Permanent Hair Colour
Assorted Colours & Varieties, 1 Kit

\$15⁹⁹



Shop online at [ChoicesMarket](https://ChoicesMarket.com)



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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