



CHOICES MARKET

100% BC OWNED AND OPERATED

WEEKLY SAVINGS!

Prices Effective • January 18 - 24, 2024



SPECIAL PRICE

Striploin Grilling Steaks
Raised Without Antibiotics,
100% Grass Fed,
Value Pack, Australian,
24.23/kg

\$10⁹⁹ / LB

YOU SAVE **59%**

SPECIAL PRICE

Large Navel Oranges
USA Grown, Blue Jay Label,
4.37/kg

\$1⁹⁸ / LB

YOU SAVE **40%**



Rosstown Roasted Chickens

\$10⁹⁹



Choices Sourdough Multiseed Bread
Also Multigrain, 530g & 600g

\$4⁹⁹



Manitoba Harvest Hemp Hearts
Also Hemp Yeah! Proteins,
Assorted Varieties & Sizes

30% OFF



**V.I.P. Soap Products & EchoClean
Biodegradable Cleaners**
Assorted Varieties & Sizes

30% OFF



Pineapples
Grown in Costa Rica

\$5⁹⁸ / EA

YOU SAVE **\$1⁰⁰**

FEATURED CHOICE

Chicken Breasts
Boneless, Skinless,
Fresh, Value Pack,
13.21/kg

\$5⁹⁹ / LB

YOU SAVE **34%**

LOCAL



**NOW
Vitamins &
Supplements**
Assorted Varieties
& Sizes

20% OFF



**49th Parallel
Organic Coffee**
340g

YOU SAVE **\$6⁰⁰**

\$13⁹⁹

PRODUCE FRESH • LOCAL • ORGANIC



\$5⁹⁸ / EA

Organic Cauliflower
USA Grown



\$3⁹⁸ / EA

Organic Mangos
Grown in Ecuador



Broccoli Crowns
Imported,
6.57/kg

\$2⁹⁸ / LB

Green Kiwi Fruit
Imported,
454g Package

\$5⁹⁸



MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



WESTERN
CANADIAN

SPECIAL PRICE

\$4⁹⁹ / LB

Boneless Pork Butt Roast or Steaks
Raised Without Antibiotics, 11.00/kg



WILD
CAUGHT

SPECIAL PRICE

\$2⁹⁹ / 100g

Fresh Sable Fish Fillets
Ocean Wise



LOCAL

\$9⁹⁹

Rosstown Chicken Breast Kabobs
Raised Without Antibiotics, 400g



LOCAL

\$15⁹⁹

Marinated Butterflied Whole Chicken
Local, 1.36kg

Spades Nitrate Free Bacon
Free Range, All Natural, No Water Added,
400g



\$11⁹⁹

Smash'Ems Potatoes

Precooked, 1kg,
Select Varieties



\$9⁹⁹



**Nature's Farm
Organic Omega-3
Large Eggs**
18 Pack

\$13⁴⁹



**Shady Maple
Farms Organic
Maple Syrup**
500ml

\$13⁹⁹



**Capilano Manuka
MGO 30+
Bioactive Honey**
375g

\$9⁹⁹



**Yoggu!
Coconut Yogurt**
450g

\$5⁹⁹



**Nature's Nuts
Organic Peanut
Butter**
500g

\$7⁴⁹



**Liberté
Greek Yogurt**
750g

\$6⁹⁹



**Holy Crap
Superseed Blend**
Also Organic Cereal,
225g & 320g

\$6⁹⁹



**Anita's
Organic Oats**
1kg

\$8⁴⁹



**Prana Organic
Granolove**
300g

\$4⁹⁹

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Wholesome
Organic Fair
Trade Sugar**
Assorted Sizes

\$7⁴⁹



Yogi Teas
16 Tea Bags

2 FOR \$10⁰⁰



**Dairyland
Organic Milk**
1.89L

\$5⁹⁹

plus deposit & eco fee



**Ripple
Pea Beverage**
1.42L

\$5⁹⁹

plus deposit & eco fee



**Ceres 100%
Fruit Juice**
1L

2 FOR \$8⁰⁰

plus deposit & eco fee



**Thirsty Buddha
Coconut Water**
330ml

2 FOR \$3⁰⁰

plus deposit & eco fee



**Rise Organic
Kombucha**
1L

\$6⁹⁹

plus deposit & eco fee



**Rise
Better Soda**
4 Pack

\$9⁹⁹

plus deposit & eco fee



**Athletic Brewing Co.
Non-Alcoholic Beer**
6 Pack

\$9⁹⁹

plus deposit & eco fee



\$5⁶⁹



\$349



2 FOR \$7.00



\$399



2 FOR \$6.00



2 FOR \$9.00



\$799

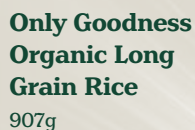


\$699

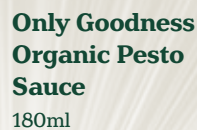


\$699

NOURISHING LIFESTYLES SINCE 1990



\$5⁹⁹



\$5⁹⁹



2 FOR \$6.00



2 FOR \$7.00



2 FOR \$6.00



2 FOR \$4.00



2 FOR \$9.00



\$7⁴⁹



\$399

DELI

PREPARED FRESH



Choices Wild Salmon Cakes
130g

2 FOR \$7⁰⁰



Choices Fresh Soup
Assorted Varieties,
650ml

\$6⁹⁹



Choices Asian Inspired Rice or Noodle Bowl
Assorted Varieties,
275g ~ 490g

\$7⁹⁹



Spankopita Pies
Also Mushroom & Parmesan Pies,
185g

2 FOR \$8⁰⁰



Habibi's Dips
Assorted Varieties,
450g

\$6⁹⁹



Turkey Breast
Cooked or Smoked,
Raised without Antibiotics

\$4⁴⁹ / 100g



Tre Stelle Grana Padano Cheese Wedges
Also Reggiano or Romano, 200g

\$10⁹⁹



Tre Stelle Crumbled Feta Cheese
Assorted Varieties,
150g

2 FOR \$10⁰⁰



Happy Days Goat Cheese
Marble, Gouda or Mozzarella

\$4⁴⁹ / 100g

BAKERY

FRESH BAKED • WHOLESOME



\$10⁹⁹

Choices Artisan Fruit Pies
8 inch



Choices Signature Cookies
Assorted Varieties,
12 Pack

\$5⁹⁹



Choices Cupcakes
Carrot or Chocolate,
Wheat Free
4 Pack

\$5⁹⁹



Choices Keto Nanaimo Bars
Also Coconut Muffins,
80g & 140g

\$3⁹⁹



Silver Hills Organic Sprouted Power Bread
660g ~ 680g

2 FOR \$9⁰⁰



Carbonaut Low-Carb Bread
White, Seeded or U.F. Oat, 355g ~ 544g

\$6⁴⁹



Bakestone Brothers Pita
White or Whole Wheat, Pack of 6

2 FOR \$5⁰⁰

CHOICES MARKET™
ANNIVERSARY
SALE!



10% OFF
ENTIRE STORE*
INCLUDING SALE ITEMS

JOIN US SATURDAY, JANUARY 20TH

To celebrate Choices Commercial Drive's anniversary!

1045 Commercial Drive, Vancouver

- Enjoy free coffee while you shop
- Complementary slice of anniversary cake from 12:00pm - 2:00pm
- Enter to win various prizes!

*Anniversary sale offer valid at Commercial Drive location only. Sale not available online.

GROCERY

LOCAL • ORGANIC • SPECIALTY



Armstrong Cheese Snacks
10 Pack

\$5.49



Skinny Pop Ready to Eat Popcorn
125g & 150g

2 FOR \$8.00



Snyder's Gluten-Free Pretzels
220g

\$5.49



Theo Organic Chocolate Bars
85g



2 FOR \$8.00



Nora Seaweed Snacks
32g & 45g

2 FOR \$8.00



Plumm Good Organic Rice Thins
95g

\$2.69



Sigdal Bakeri Crispbread
190g & 220g

\$5.69



Simply Protein Bars
40g

2 FOR \$5.00

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



LeanFit Sport Whey Isolate
also Whey, Organic Plant-Based Proteins, Assorted Varieties & Sizes

25% OFF



St. Francis Herb Farm Herbal Supplements
Assorted Varieties & Sizes

25% OFF



AOR Vitamin D3
50ml & 100ml

30% OFF



withinUs TrueMarine Collagen
Assorted Varieties & Sizes

25% OFF



Vitality Vitamins & Supplements
Assorted Varieties & Sizes

30% OFF



Progressive Vitamins & Supplements
Assorted Varieties & Sizes

25% OFF



NutraSea Omega-3 Fish Oil Supplements
Assorted Varieties & Sizes

20% OFF



Vega Protein and Greens
Assorted Varieties, 586g - 618g

\$28.99



BioSil Supplements
Also Medi-C, Sealicious, Vegiday Assorted Varieties & Sizes

20% OFF



Bach Rescue Remedy
Also Flower Remedy Assorted Varieties & Sizes

25% OFF



Nature's Way Herbal Supplements
Assorted Varieties & Sizes

20% OFF



Everyone For Every Body 3 in 1 Soap
946ml

\$14.99



Shop online at [ChoicesMarket](https://ChoicesMarket.com)



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@ChoicesMarket



CHOICES MARKET

Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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