



CHOICES MARKET

100% BC OWNED AND OPERATED

SPRING CHOICES!

APRIL
13 & 14
ONLY

PLANT SALE

See last page
for details.

Prices Effective • April 11 to 17, 2024

SPECIAL PRICE

Chicken Breast
Boneless, Skinless, Fresh,
Raised without Antibiotics,
Value Pack, \$17.61/KG

\$7.99 / LB

YOU SAVE **37%**

LOCAL

Organic Long English Cucumbers
from Origin-O, BC

\$3.48 / EA

YOU SAVE **12%**

LOCAL

FIRST OF THE SEASON

Zevia
Zero Sugar Soda
Stevia Sweetened,
6 Pack

\$5.99
plus deposit & eco fee

YOU SAVE **30%**

Humble Organic
Potato Chips
135g

2 FOR \$6.00

YOU SAVE on 2 **\$4.98**

Weleda Facial & Body Care
Assorted Varieties & Sizes

30% OFF

Herbatint Natural Permanent Hair Colour Kit
Assorted Varieties

\$14.99

YOU SAVE **31%**

YOU SAVE **56%**

\$7.99 / LB

Sirloin Tip Steaks or Roast

Raised without Antibiotics, Grass Fed, Imported,
Value Pack, \$17.61/KG

YOU SAVE **16%**

2 FOR \$5.00

Ataulfo Mangos

Imported

YOU SAVE **27%**

\$12.99 / EA

Farmcrest Specialty Roasted Chickens

YOU SAVE **30%**

2 FOR \$9.00

Silver Hills Sprouted Power Bread

430g - 625g

FEATURED CHOICE

ORGANIKA
YOUR NATURAL SOLUTION™
ENHANCED COLLAGEN™
100% PURE, FLAVOURLESS HYDROLYSED COLLAGEN (HYDROLYSED PORKHIDE)
100% PURE, POWDERED COLLAGENES
HYDROLYSED HYDROLYSED SALT SALT SALT
500g

ORGANIKA ENHANCED COLLAGEN
500g

BUY 1 GET 1 FREE

PRODUCE FRESH • LOCAL • ORGANIC



\$2.48 / LB

Organic Cosmic Crisp Apples
from USA, \$5.47/KG



\$4.98 / EA

Organic Broccolini
Imported, Sold by the Bunch



Honey Belle Pears
from Australia,
\$10.98/KG

\$4.98 / LB

Celery
Imported
\$3.26/KG



\$1.48 / LB

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



\$6.99 / LB

Fresh Pork Belly
Raised Without Antibiotics,
Whole or Sliced, \$15.41/KG



BUY 1 GET 1 FREE

Organic Pork Back Ribs
Frozen



\$15.99 / EA

Fresh Marinated Butterflied Chicken
Select Varieties



\$12.99

Harvest Bacon
No MSG Added, Naturally Smoked, 500g



\$3.49 / 100g

Steelhead Fillets
Fresh, Ocean Wise, Value Pack



\$3.99 / 100g

Ling Cod Fillets
Fresh, Ocean Wise

**Maple Hill Farms
Free Range Eggs**
Extra Large, 1 Dozen



\$5⁹⁹

**Organic
Meadow
Butter**
454g



\$11⁹⁹

**Canadian Heritage
Organics Maple
Syrup**
100% Pure, 1L



\$23⁹⁹



**Tree Island
Cream Top
Yogurt**
500g



\$4⁴⁹



**Thomakis
Greek Yogurt**
454g

\$9⁹⁹



**Elias
Honey**
Liquid,
Squeeze Bottle,
500g

\$8⁹⁹



**Dairyland
Organic Milk**
4L

\$9⁴⁹

plus deposit & eco fee



**Four o'Clock
Organic Tea**
Fairtrade, 16 Bags

\$4⁹⁹



**Ethical Bean
Organic
Ground Coffee**
Fairtrade, 227g

\$9⁹⁹

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Wholesome
Organic
Cane Sugar**
Fairtrade, 907g

\$6⁹⁹



**Earth's Own
Fresh Almond
Beverage**
1.89L

\$3⁹⁹

plus deposit & eco fee



**Organic
Meadow
Organic Milk**
2L

\$5⁹⁹

plus deposit & eco fee



**Harmless Harvest
Organic Coconut
Smoothie**
296ml

2 FOR \$9⁰⁰

plus deposit & eco fee



**Thirsty Buddha
Organic
Coconut Water**
1L

\$4⁹⁹

plus deposit & eco fee



**Karma
Probiotic Water**
532ml

2 FOR \$6⁰⁰

plus deposit & eco fee



**Rise
Organic
Kombucha**
414ml

2 FOR \$6⁵⁰

plus deposit & eco fee



**Clearly Canadian
Sparkling Water**
325ml

\$2²⁹

plus deposit & eco fee



**Phillips
Craft Soda**
355ml

2 FOR \$3⁰⁰

plus deposit & eco fee



**Hippie Snacks
Crisps**
Including Avocado &
Cauliflower Varieties,
70g

\$3⁹⁹



**Only Goodness
Organic Rice
Cakes**
Wholegrain &
Multigrain, 140g

2 FOR \$7⁰⁰



**Plumm Good
Organic Rice
Thins**
95g

\$2⁶⁹



**Sigdal Bakeri
Crispbread**
190g & 220g

\$5⁶⁹



**gimMe Organic
Roasted
Seaweed Snacks**
6 Pack

\$6⁴⁹



**Love Good
Fats Keto
Friendly Bars**
39g - 40g

2 FOR \$4⁰⁰



**Galerie Au
Chocolat Organic
Chocolate Bars**
Fair Trade, 100g

\$4⁹⁹



**ProBar Protein
Bars**
70g

2 FOR \$5⁰⁰



**Haribo
Gummies**
170g & 175g

2 FOR \$7⁰⁰

NOURISHING LIFESTYLES SINCE 1990



**Saputo
Shredded
Cheese**
320g

\$6⁹⁹



**Armstrong
Cheddar
Cheese Sticks
& Snacks**
10 Pack

\$4⁹⁹



**L'Ancêtre
Organic Cheese**
200g

\$6⁹⁹



Rizopia Pasta
Including Organic
Wild Rice & Quinoa,
340g - 454g

2 FOR \$6⁰⁰



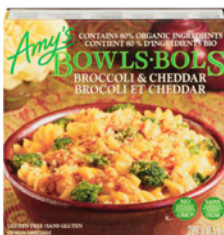
Italpasta Pasta
900g

\$3⁴⁹



**Eat Wholesome
Organic Canned
Tomatoes**
796ml

2 FOR \$9⁰⁰



**Amy's
Bowls**
Frozen, Also Meals
& Entrées, Select
Varieties & Sizes

\$6⁹⁹



**Holy Napoli
Frozen Pizza**
365g - 425g

\$9⁹⁹



**Safe Catch
Wild Yellowfin
& Albacore
Tuna**
Also Wild Pink
Salmon, 142g

\$4⁹⁹

DELI

PREPARED FRESH



**Choices
Traditional
Hummus**
Also Hemp, Ginger
Boost or Pumpkin
Seed, 250g

\$3.99



**Choices
Wild Salmon
Cakes**
130g

2 FOR \$8.00



**Quinoa
Vegetable
Samosas**
or Chicken, 140g

2 FOR \$6.00



**Choices
Sliced Ham**
Black Forest
or Honey

\$3.49 /100g



**Nici
Artisan Pizza**
Assorted Varieties,
12 Inch

\$14.99



**Happy Planet
Soups**
500ml - 650ml

\$6.99



**Bothwell
Monterey Jack
Cheese**
Regular or Jalapeno

\$3.49 /100g



**Le Grand
Cheddar
Cheese**
Aged for 3 Years

\$3.79 /100g



**Smoked
Gruyere
Cheese**

\$3.49 /100g

BAKERY

FRESH BAKED • WHOLESOME



FROM \$3.49

Choices Buns

Sourdough, Multigrain or Italian
Cheese, 330g - 440g



**Choices
Mini Muffins**
Assorted Varieties,
130g

\$3.49



**Choices
Cookies**
Assorted Varieties,
6 Pack

\$6.99



**Choices
Apple Crisp
Pie**
575g

\$12.99



**Choices
Nanaimo Bars**
Also Peanut Butter,
Traditional or
Mocha, 70g - 85g

2 FOR \$6.00



**La Tortilla
Factory
Products**
200g - 496g

25% OFF



**GluteNull
Bread Loaves**
425g - 550g

\$9.99

GLUTEN
FREE

Let us help you
**navigate
nutrition**



**WITH A FREE,
PERSONALIZED
STORE TOUR**



**CHOICES
MARKET**

REGISTER HERE OR
VISIT US ONLINE AT
[CHOICES.MARKET](https://www.choices.market)



WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



Iron Vegan Proteins
Also Sport Supplements, Assorted Varieties & Sizes

20% OFF



Botanica Organic Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Platinum Naturals Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



CanPrev Heart Supplements
Assorted Varieties & Sizes

20% OFF



Renew Life Probiotics
Assorted Varieties & Sizes

20% OFF



Natural Factors Vitamin C Supplements
Assorted Varieties & Sizes

20% OFF



Organic Traditions Superfoods
Assorted Varieties & Sizes

20% OFF



AOR Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Lily of the Desert Aloe Vera Juice
Also Gel, Assorted Varieties & Sizes

20% OFF



Bach Rescue Remedy
and Flower Remedies, Assorted Varieties & Sizes

25% OFF

Dr. Bronner's Soap Bars
Assorted Varieties, 140g



\$5.49



Acure Face, Hair & Body Care
Assorted Varieties & Sizes

25% OFF

2 DAY PLANT SALE SATURDAY, APRIL 13TH & SUNDAY, APRIL 14TH



Organic Rosemary Herb Plant
Tried & True, 4 Inch Pot

\$4.29



Organic Thyme Herb Plant
Tried & True, 4 Inch Pot

\$4.29



Organic Sage Herb Plant
Tried & True, 4 Inch Pot

\$4.29



Ocean Plus Earth Mix
Cinnabar Valley Farm, 40 Litre Bag

\$17.99



Organic Lavender Bandera Purple Herb Plant
Tried & True, 4 Inch Pot

\$4.29



Organic Mint Mojito Herb Plant
Tried & True, 4 Inch Pot

\$4.29



West Coast Seeds
Assorted Varieties

10% OFF



Island's Finest Mushroom Manure
Cinnabar Valley Farm, 10 kg Bag

\$6.99



Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.

Shop online at [ChoicesMarket](https://ChoicesMarket.com) @ChoicesMarket /DiscoverChoicesMarket @ChoicesMarket