



CHOICES MARKET

100% BC OWNED AND OPERATED

WEEKLY SAVINGS!

MAY
25 - 26
ONLY

PLANT SALE

See last page
for details.

Prices Effective • May 23 - May 29, 2024

LOCAL

SPECIAL PRICE

Fresh Chicken Breasts
Boneless, Skinless,
Value Pack, \$13.21/KG

\$5.99 / LB

YOU SAVE **33%**

SPECIAL PRICE

Organic Broccoli
Grown in USA,
\$6.57/KG

\$2.98 / LB

YOU SAVE **\$1.00**

YOU SAVE **\$2.00**

\$5.98 / EA

Organic Strawberries
454g Pkg.

YOU SAVE **\$1.00**

\$4.99 / EA

Choices Sourdough Bread
Levain Style, 530g

YOU SAVE **\$1.00**

\$6.99 / EA

Rosstown Roasted Half Chickens



**New Roots
Vitamins &
Supplements**
Assorted Varieties
& Sizes

20% OFF



**Rise Organic
Kombucha**
1L

YOU SAVE
30%

\$6.99
plus deposit & eco fee

FEATURED CHOICE



Choices Homestyle Potato Salad
Also Dijon Potato, Traditional Macaroni,
Coleslaw

YOU SAVE
45%

.99 / 100G



YOU SAVE
36%

2 FOR \$6.00

**Kettle Brand
Potato Chips**
156g & 198g



YOU SAVE
25%

\$11.99

**Café William
Whole Bean Coffee**
300g & 340g



YOU SAVE
31%

\$12.99

**Uncle Luke's Organic
Maple Syrup**
500ml

PRODUCE FRESH • LOCAL • ORGANIC



Organic Hass Avocados
Grown in Mexico,
Bag of 3

\$5.98 / EA



Hot House Mini Cucumbers
Grown in Canada,
454g Pkg.

\$2.98 / EA



Gourmet Bouquet

\$24.98 / EA

Peach
Grown in USA,
\$8.77/KG



\$3.98 / LB

Grape Tomatoes
Grown in BC,
907g Pkg.



LOCAL

\$5.98 / EA

Assorted Mini Carnations
10 Stems per bunch,
Sold by the Bunch



\$7.98 / EA

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



\$13.99 / LB

Ribeye Grilling Steaks or Roast
100% Grass Fed, Raised without Antibiotics,
Imported, Value Pack, \$30.84/KG



\$5.99 / LB

Boneless Pork Chops
Centre Cut or Rib, Raised without Antibiotics,
\$13.21/KG



\$10.99 / LB

Leg of Lamb Roast or Steaks
Boneless, Raised without Antibiotics, Free Range,
New Zealand, \$24.23/KG



\$5.99 / 100G

Fresh Halibut Fillets
Ocean Wise



\$3.99 / 100G

Fresh Ling Cod Fillets
Ocean Wise



Shorba Bone Broth
750ml

LOCAL

\$11.99 / EA

Greenfield Bacon
Raised without
Antibiotics, 375g



\$7.99 / EA



**La Chaudière
Organic Cheese**
340g

\$10⁴⁹



**Rabbit River Farms
Large Eggs**
Free Range, 1 Dozen



\$6⁹⁹



**Dairyland
Organic Milk**
1.89L



\$5⁹⁹
plus deposit & eco fee



**Armstrong
Cheese Slices**
Assorted Sizes



\$4⁹⁹



**Avalon
Chocolate Milk**
1L



\$4⁴⁹
plus deposit & eco fee



**Rise Organic
Oat Milk**
946ml

\$6⁹⁹
plus deposit & eco fee



**Spread'em
Cashew Dairy
Free Cheeze**
200g

\$7⁹⁹



**Danone Oikos
Greek Yogurt**
4 Pack

2 FOR \$8⁵⁰



**Tree Island
Greek Style Yogurt**
Grass Fed,
325g & 350g



\$4⁹⁹

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Rao's All Natural
Premium Pasta
Sauce**
660ml

\$10⁹⁹



**Rizopia Organic
Brown Rice Pasta**
Assorted Varieties &
Sizes

40% OFF



**Imagine
Organic Broth**
1L

2 FOR \$8⁰⁰



**Primal
Dressings**
Assorted Varieties &
Sizes

\$8⁹⁹



**Chosen Foods
Extra Virgin
Avocado Oil**
750ml

\$16⁹⁹



**Bragg's Organic
Apple Cider
Vinegar**
473ml

\$4⁹⁹



**Kaslo
Fermentata
Pasta**
454g

\$9⁹⁹



**Mutti
Tomato Puree**
680ml

\$4⁹⁹



**Earth's Choice
Organic
Coconut
Cream**
400ml

3 FOR \$6⁰⁰

**Aspen Clean Laundry &
Cleaning Products**
Assorted Varieties & Sizes



30% OFF



**Only Goodness
Organic Fruit**
Frozen, 1.5kg

\$12⁹⁹



**Amy's
Frozen Pizza**
Assorted
Varieties & Sizes

\$10⁹⁹



**Field Roast
Sausages**
368g

\$6⁹⁹



**Ben & Jerry's
Ice Cream**
Assorted Varieties,
473ml

\$4⁹⁹



**Sunflower
Kitchen
Hummus**
Assorted Varieties,
227g

2 FOR \$7⁰⁰



**Karthain's
Organic
Sauerkraut**
750ml

\$9⁹⁹



**Mary's Organic
Crackers**
Assorted Varieties,
155g - 184g

\$5⁴⁹

GLUTEN
FREE



**Sonoma
Creamery
Cheese Crisps**
64g

\$4⁹⁹



**Hobbs
Pickles**
New York Taste
West Coast Vibe,
1L

\$11⁹⁹

NOURISHING LIFESTYLES SINCE 1990



**Vortex 9.5
High Alkaline
Water**
1.5L

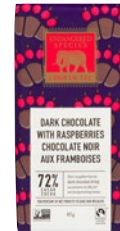
2 FOR \$5⁰⁰

plus deposit & eco fee



**Traditional
Medicinals Organic
Herbal Tea**
Assorted Varieties,
16 Bags

2 FOR \$9⁰⁰



**Endangered
Species
Chocolate Bars**
85g

\$3⁹⁹

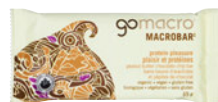


**Loop
Cold-Pressed
Juice**
355ml

\$3⁹⁹

plus deposit & eco fee

**GoMacro Organic
Protein Bar**
Assorted Varieties & Sizes



2 FOR \$6⁰⁰



**Purplesful
Snacking
Popcorn**
Ancient Grain,
136g

\$3⁹⁹



**RJ's
Licorice**
180g

2 FOR \$7⁰⁰



**Good Drink
Natural
Iced Teas**
473ml

2 FOR \$5⁰⁰

plus deposit & eco fee



**Handfuel
Hand Roasted
Nuts**
Assorted Varieties
& Sizes

\$5⁹⁹

**Kind Energy Fruit & Nut
Bars**
40g



3 FOR \$6⁰⁰

**Patience Fruit & Co.
Sour Candy**
Made with Dried Organic
Cranberries, 60g



2 FOR \$5⁰⁰

DELI

PREPARED FRESH



Choices
Chicken Skewers
Assorted Varieties,
Ready to Eat, 55g

4 FOR **\$12⁰⁰**



Choices
Wraps
Ready to Eat

\$9⁹⁹



Kan's Gourmet
Foods Wheat
Free Fritters
Assorted Varieties

\$3⁴⁹ / 100g



Choices Artisan
Green Salad
Bowls

Ready to Eat,
275g - 400g

\$1 OFF



Rosemary
Ham

\$2⁹⁹ / 100g



Summer Fresh
Hummus
Toppers

Assorted Varieties,
255g

\$5⁴⁹



Dofino
Havarti Cheese
Assorted Varieties

\$3⁴⁹ / 100g



Halloumi
Grilling
Cheese
200g

\$6⁹⁹



Aged
Parmesan
Petals

Also Asiago Shreds

\$3⁹⁹ / 100g

BAKERY

FRESH BAKED • WHOLESOME

NEW VARIETY
WHEAT FREE
CRANBERRY
CHOCOLATE
COOKIES



Choices
Signature
Cookies
12 Pack

\$5⁹⁹



Choices Lemon
Meringue Pie
also Young Coconut
Cream Pie, 6 Inch

\$7⁹⁹



Choices Cake
Red Velvet or Vanilla
Cream, 6 Inch

\$19⁹⁹



Choices Keto
Coconut
Muffins

Also Mini Almond
Torte, 4 ~ 6 Pack

\$4²⁹



Queen St.
Bakery Bagels
Assorted Varieties,
5 Pack

\$6⁹⁹



Ozery Morning
Snacking or
One Bun

Assorted Varieties,
312g ~ 600g

25% OFF

Let us help you
navigate
nutrition



WITH A FREE,
PERSONALIZED
STORE TOUR



CHOICES
MARKET

REGISTER HERE OR
VISIT US ONLINE AT
CHOICES.MARKET



2 DAY PLANT SALE SATURDAY, MAY 25TH - SUNDAY, MAY 26TH



Organic Assorted Kale Plant
Tried & True,
4 Inch Pot

\$3⁴⁹



Organic La Roma Tomato Plant
Tried & True,
4 Inch Pot

\$3⁴⁹



Organic Dill Herb Plant
Tried & True,
4 Inch Pot

\$4²⁹



Premium Potting Soil
Leong's Nursery,
20 Litre Bag

\$12⁹⁹



Organic Early Girl Tomato Plant
Tried & True,
4 Inch Pot

\$3⁴⁹



Organic Rosemary Herb Plant
Tried & True,
4 Inch Pot

\$4²⁹



Organic Sweet 100 Tomato Plant
Tried & True,
4 Inch Pot

\$3⁴⁹



Ocean Plus Earth Mix
Cinnabar Valley Farms,
40 Litre Bag

\$17⁹⁹

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



AOR Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Vega All-In-One Shake & Vega Sport
Assorted Varieties & Sizes

20% OFF



Smart Solutions Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Organika Enhanced Collagen
500g

\$44⁴⁹

BioSil, Medi-C, Sealicious & Vegiday Supplements
Assorted Varieties & Sizes



25% OFF



NutraSea Omega-3 Fish Oil Supplements
Select Varieties & Sizes

20% OFF



Nature's Way Herbal Supplements
Assorted Varieties & Sizes

20% OFF



Vitality Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Mad Hippie Facial Care
Assorted Varieties & Sizes

20% OFF



Andalou Naturals Face Care
Also Body Care,
Assorted Varieties & Sizes

25% OFF



Mrs. Meyer's Hand Soap
Assorted Varieties,
370ml

\$5⁹⁹



Thinksport Suncare
Assorted Varieties & Sizes

25% OFF



Shop online at [ChoicesMarket](https://ChoicesMarket.com)



@ChoicesMarket



/DiscoverChoicesMarket



@ChoicesMarket



CHOICES MARKET

Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.