

CHOICES MARKET

100% BC OWNED AND OPERATED

BEACH DAY CHOICES!

JULY 6,
VALETOWN
LOCATION
ONLY

ANNIVERSARY SALE
& COMMUNITY BBQ!
10% OFF
ENTIRE STORE
INCLUDING SALE ITEMS

Prices Effective • July 4 - July 10, 2024



FEATURED CHOICE

**Organic Red Seedless
Watermelon**
Imported, Yumi Label,
\$3.26/KG

\$1.48 / LB

YOU SAVE
25%

SPECIAL PRICE

**Organic
Raspberries**
from Olera Farm, BC,
1 Dry Pint

\$7.98 / EA

YOU SAVE
\$5.00

LOCAL



**Tomatoes
On The Vine**
Grown in BC,
\$3.26/KG

\$1.48 / LB

YOU SAVE
62%

LOCAL

SPECIAL PRICE

**Boneless
Skinless Chicken
Breasts or Thighs**
Raised without Antibiotics,
Fresh, Value Pack,
\$17.61/KG

\$7.99 / LB

YOU SAVE
36%

LOCAL



**Brioche Hamburger
or Hot Dog Buns**
Pack of 6 or 8

YOU SAVE
25%

\$5.99 / EA



**Rosdown
Roasted Chicken**

YOU SAVE
33%

\$11.99 / EA



Vega Sport Protein
Assorted Varieties,
801g - 837g



YOU SAVE
25%

\$49.99



LOCAL

2 FOR \$5.00

**Hardbite Natural
Potato Chips**
128g & 150g



YOU SAVE
48%

**La Croix
Sparkling Water**
8 Pack



YOU SAVE
\$2.00

\$5.49

plus deposit & eco fees



ANNIVERSARY SALE & CHARITY BBQ

SATURDAY, JULY 6



JOIN US THIS SATURDAY
AT CHOICES MARKET YALETOWN

- Free Coffee/Tea All Day
- Charity BBQ & Complimentary Slice of Anniversary Cake from noon to 2 PM
- Enter to Win Various Prizes

All proceeds will be donated to
Elsie Roy Elementary School

AT 1202 RICHARDS STREET

*Anniversary sale offer valid at Choices Yaletown location only. Sale not available online. Excludes gift card purchases.



PRODUCE FRESH • LOCAL • ORGANIC



8⁹⁸ / EA

**Griller Broccoli & Cauliflower,
Fajita Mix, Sweet Potato Chunks**
with Butter Packs, Assorted Sizes

LOCAL



Bunched Carrots
Grown in BC

2 FOR \$5⁰⁰

Organic Black or Red Plums

Grown in USA,
\$10.98/KG

\$4⁹⁸ / LB



Everyday Bouquet

\$14⁹⁸ / EA

Sunflowers
3 Stems

\$4⁹⁸ / EA



MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



WESTERN CANADIAN

\$12⁹⁹ / LB

Organic Lean Ground Beef

Fresh, Grass Fed, Grain Finished, Value Pack,
\$28.64/KG



WESTERN CANADIAN

\$7⁹⁹ / LB

Pork Back Ribs

Fresh, Raised without Antibiotics, \$17.61/KG



\$9⁹⁹ / LB

Beef Burgers

Fresh, Raised without Antibiotics, 100% Grass Fed,
Made in Store, Imported, \$22.02/KG



LOCAL

20% OFF

Lean Ground Turkey

Fresh, Breast or Leg Meat, Raised without
Antibiotics



WILD CAUGHT

\$5⁹⁹ / 100G

Halibut Fillet

Fresh, Ocean Wise



\$9⁹⁹ / EA

Northern Glacier Prawns

Raw or Cooked, Frozen, Ocean Wise, 340g



LOCAL

Spades Bacon

Raised without
Antibiotics,
Select Varieties,
400g

GLUTEN FREE

\$11⁹⁹ / EA

Duso's Stuffed Pasta

Select Varieties,
250g ~ 300g

\$6⁹⁹ / EA



**Rabbit River Farms
Organic Free Range Eggs**

Large, 1 Dozen



\$7⁹⁹

**Shady Maple Farms
Organic Maple
Syrup**

Assorted Varieties & Sizes



25% OFF

**L'Ancêtre
Organic Butter**

Select Varieties,
250g



\$5⁹⁹

**Terra Breads
Granola**

340g



\$6⁹⁹

**Salt Spring
Organic
Ground Coffee**

284g & 285g



\$9⁹⁹

**Earth's Own
Oat Beverage**

1.75L



\$3⁹⁹

plus deposit & eco fees

**Tree Island
Natural Grass
Fed Yogurt**

1.5kg



\$11⁹⁹

**Thomakis
Greek Yogurt**

454g



\$9⁹⁹

**Dairyland
Lactose Free
Milk**

1.89L



\$5⁹⁹

plus deposit & eco fees

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND

**Greenhouse
Cold-Pressed
Booster Juices**

60ml



\$2⁹⁹

plus deposit & eco fees

**Traditional
Medicinals
Organic Tea**

16 Bags



2 FOR \$8⁰⁰

**Prana Organic
Trail Mix**

Also Bites, Fruit, Nuts
& Seeds, Assorted
Varieties & Sizes



30% OFF

**Roar Organic
Infusion
Beverages**

532ml



2 FOR \$5⁰⁰

plus deposit & eco fees

**Cove Organic
Kombucha**

355ml



2 FOR \$5⁰⁰

plus deposit & eco fees

**Whittaker's
Chocolate
Bars**

200g & 220g



\$4⁹⁹

**RXBAR
Protein Bar**

52g



3 FOR \$7⁰⁰

**Freeyumm
Cookies**

Also Oat Bars &
Crackers, 120g - 154g



\$3⁹⁹



**Nature's Bakery
Fig Bars**

6 Pack



\$6⁹⁹



**Que Pasa
Organic
Tortilla Chips**
300g & 350g

2 FOR \$8⁰⁰



**Eve's
Crackers**
108g



\$5⁹⁹



**Lesley Stowe
Raincoast
Crisps**
150g



\$5⁹⁹



**Mrs. Renfro's
Salsa**
473ml

\$5⁴⁹



**Spread'em
Cashew
Cream
Cheeze**
185g



\$7⁹⁹



**Nora
Seaweed
Snacks**
32g & 45g

\$3⁹⁹



**Saputo
Shredded
Cheese**
320g



\$6⁹⁹



Armstrong Cheese
600g



\$10⁹⁹



**Dairyland
Creamo**
473ml

2 FOR \$5⁰⁰

NOURISHING LIFESTYLES SINCE 1990



**Koops'
Organic
Mustards**
325ml

\$3⁴⁹



**Kikkoman
Sauces**
Assorted Varieties
& Sizes

30% OFF



**Field Roast
Frankfurters**
Also Sausages,
340g & 368g



\$5⁹⁹



**Earth's Choice
Organic Extra
Virgin Olive Oil**
500ml

\$12⁹⁹



**House of Yee
Premium
Dumplings**
15 Pack

\$11⁹⁹



**Karthain's
Organic
Sauerkraut**
375ml

\$5⁹⁹



**Safe Catch
Elite Solid
Wild Tuna**
142g

\$3⁹⁹



Garofalo Pasta
500g

2 FOR \$7⁰⁰



**Stefano
Pasta Sauce**
648ml

\$6⁹⁹

DELI

PREPARED FRESH



Choices Salads

Homestyle Potato,
Dijon Potato,
Traditional Macaroni
or Coleslaw

\$1.49 / 100G



Choices Poke Bowl

Smoked Salmon,
Albacore Tuna or
Shrimp, 375g - 460g

\$12.99 /EA



Choices Fresh Rolls

Assorted Varieties,
148g - 245g

\$6.49 /EA



Summer Fresh Hummus Toppers

Assorted Varieties,
255g

\$5.49 /EA



Vegetable Herb Samosa

2 FOR \$5.00



Indianlife Naan

Also Roti &
Tortillas,
250g - 500g

\$6.99 /EA



Choices Persian Couscous

Also Tabbouleh
or Summer
Quinoa Salad

\$1.99 / 100G



Arla Cheese Slices

Also Tre Stelle,
125g - 175g

\$6.99 /EA



Castello Blue Cheese

Also Brie

\$3.99 / 100G



Tre Stelle Feta Crumble

Also Blocks, Assorted Varieties,
200g

\$6.99 /EA

BAKERY

FRESH BAKED • WHOLESOME



Angel Food Cake Minis

4 Pack

\$4.99

Tuxedo Cake

Also Tres Citrus, 410g - 450g



\$12.99

Choices Banana Loaf

Also Orange Cranberry, 300g - 454g



\$6.99



Choices Mini Muffins

Assorted
Varieties,
4 Pack

\$3.49



Silver Hills Sprouted Bread

Assorted Varieties,
430g - 680g

2 FOR \$9.00

Choices Old Fashioned Porridge Bread

Also Country French, 480g - 500g



\$4.99

Choices Mini Almond Tortes

Also Keto Coconut Muffins,
100g - 140g



\$4.49



Promise Lemon Drizzle Cake

320g



\$7.99

CHOICES MARKET
ANNIVERSARY SALE
& COMMUNITY BBQ!

10% OFF
ENTIRE STORE*
INCLUDING SALE ITEMS

JOIN US SATURDAY, JULY 6TH

To celebrate Choices Yaletown's anniversary!

1202 Richards St., Vancouver

- Enjoy free coffee & tea all day
- Community BBQ & Complimentary Slice of Anniversary Cake from 12:00pm - 2:00pm

All proceeds will be donated to Elsie Roy Elementary School

*Anniversary sale offer valid at Yaletown location only. Sale not available online.

GROCERY

LOCAL • ORGANIC • SPECIALTY



Nora's Frozen Dessert
500ml

\$6.49



Ben & Jerry's Ice Cream
Also Non-Dairy Dessert, 473ml

\$4.99



Whistler Glacial Spring Water
1.5l

3 FOR \$5.00

plus deposit & eco fees



Eco Max Liquid Laundry Wash
3L

\$13.99



Chapman's Super Cones

Also Fudge Bars, Selected Varieties & Sizes

\$6.99



Deebee's Organics Superfruit Freezie

10 Pack

\$5.99



Sober Carpenter Non-Alcoholic Beer

473ml

2 FOR \$5.00

plus deposit & eco fees



Nature Clean Dish Liquid

740ml

\$3.99

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



Bio-K Probiotics

Assorted Varieties, 12 Pack

\$41.99



AOR Vitamins & Supplements

Assorted Varieties & Sizes

20% OFF



CanPrev Magnesium Supplements

Assorted Sizes, Select Varieties

20% OFF



SUKU Vitamin & Supplement Gummies

Assorted Varieties & Sizes

20% OFF



Nuun Hydration Electrolytes

Sport, Boost, Immunity & Vitamin Tabs, 10 Tabs

\$7.99



Prairie Naturals Superfoods

Assorted Varieties & Sizes

20% OFF



Living Alchemy Your Flora Series

Also Fermented Activated Herbs, Assorted Varieties & Sizes

20% OFF



Purica Vitamins & Supplements

Assorted Varieties & Sizes

20% OFF



Lafe's Natural Deodorants

89ml or 64g

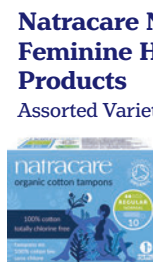
\$8.49



Alba Botanica Body Care

Also Face Care & Suncare, Assorted Varieties & Sizes

20% OFF



Natracare Natural Feminine Hygiene Products

Assorted Varieties & Sizes

20% OFF



The Kelowna Candle Factory Candles

Soy & Beeswax, Assorted Varieties & Sizes

20% OFF



Shop online at ChoicesMarket.com



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CHOICES MARKET

Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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