



# CHOICES MARKET

100% BC OWNED AND OPERATED

## CHRISTMAS CHOICES!

Prices Effective • December 19 - December 24, 2024



**FEATURED CHOICE**

**Organic Potatoes**  
Red, Yellow or Russet,  
Grown in BC,  
2.27kg Bag

**\$5.98 /EA**

**SPECIAL PRICE**

**Choices Fresh Turkeys**  
Raised Without Antibiotics, Free Range, 100% Veggie Diet, Raised in Similkameen Valley, \$11.00/kg

**\$4.99 / LB**

**YOU SAVE 27%**

**YOU SAVE FROM \$2.00**

**DISCOVER LOCAL**



**DISCOVER LOCAL**

**\$4.49 /100g**

**Choices Stuffed Turkey Breast**  
Raised Without Antibiotics



**DISCOVER LOCAL**

**FROM \$5.99 / EA**

**Choices Cranberry Sauce**  
or Turkey Gravy, 250ml - 500ml



**DISCOVER LOCAL**

**\$15.99 / EA**

**Choices Holiday Turkey Meal**  
Made with Stuffed Raised Without Antibiotics Turkey, 545g



**DISCOVER LOCAL**

**YOU SAVE \$4.00**

**\$19.99 / EA**

**Choices Tourtiere Pie**  
8 Inch



**\$11.99 / LB**

**Prime Rib Roast**  
100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Imported, \$26.43/KG

**YOU SAVE 56%**



**SPECIAL PRICE**

**\$2.98 / LB**

**Brussels Sprouts**  
Grown in USA, \$6.57/KG

**YOU SAVE \$2.00/lb**



**Pacific Foods Organic Broth**  
946ml & 1L

**YOU SAVE 42%**

**\$3.99**



**Organic Cranberries**  
Grown in Canada, 226g Pkg.

**\$3.98 / EA**



**DISCOVER LOCAL**

**20% OFF**

**Choices Christmas Stollen**  
225g - 908g

# PRODUCE FRESH • LOCAL • ORGANIC

**Organic Green Onions**  
Grown in Mexico,  
Sold by the Bunch



**2 FOR \$3.00**

**Organic Celery**  
Imported  
\$4.37/KG



**\$1.98 / LB**

**Organic Satsuma Mandarin Oranges**  
Grown in USA,  
907g Bag



**\$7.98 / EA**

**Organic Field Carrots**  
From Fountainview Farms, BC,  
907g Bag



**\$3.98 / EA**

**Organic Broccoli**  
Grown in Mexico,  
\$9.88/KG



**\$4.48 / LB**

**Gourmet Bouquet**



**\$24.98 / EA**

## MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



**\$15.99 / LB**

### Turkey Breast Roast

Raised Without Antibiotics, Free Range,  
100% Veggie Diet, Raised in Similkameen Valley,  
Made in Store, \$30.84/KG



**\$6.99 / LB**

### Boneless Pork Loin Roast or Chops

Raised Without Antibiotics, Fresh, \$15.41/KG



**\$11.99 / LB**

### Boneless Leg of Lamb Roast

Fresh, Raised Without Antibiotics, Pasture Raised,  
Product of New Zealand, \$26.43/KG



**Choices Own Sausages**  
Raised Without Antibiotics, In Store Made,  
Pork, Chicken or Turkey,  
Select varieties

**20% OFF**



**Lean Ground Pork**  
Fresh, Raised Without Antibiotics,  
\$13.21/KG

**\$5.99 / LB**



**\$4.49 / 100G**

### Sockeye Salmon Fillets

Ocean Wise, Previously Frozen or Frozen,  
Value Pack



**Greenfield Bacon**  
Raised Without Antibiotics,  
Canadian Raised, 375g

**\$7.99**

### Northern Glacier Black Tiger Prawn Rings

Ocean Wise, Frozen,  
312g

**\$11.99 / EA**





**Stahlbush  
Island Farms  
Sustainable  
Frozen Vegetables**  
Select varieties,  
198g - 397g

**\$3<sup>29</sup>**



**Simply Organic  
Spices**  
Select Varieties

**20% OFF**



**Simply Organic  
Gravy Mix**  
24g & 28g

**2 FOR \$4<sup>00</sup>**



**Farmer's Market  
Organic  
Pumpkin Puree**  
Also Organic Butternut  
Squash, 398ml

**2 FOR \$7<sup>00</sup>**



**The Funky  
Gourmet  
Cranberry Sauce**  
375ml

**\$7<sup>99</sup>**



**Tofurky  
Plant-Based  
Roast with  
Stuffing**  
737g

**\$19<sup>99</sup>**



**Maison Orphée  
Organic  
Extra Virgin  
Olive Oil**  
750ml

**\$24<sup>99</sup>**



**Fraser Valley  
Butter**  
454g

**\$6<sup>99</sup>**



**Stove Top  
Stuffing**  
120g

**2 for \$4<sup>00</sup>**

**DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND**



**Covered Bridge  
Potato Chips**  
Also Lela's Chickpea  
Chips, 120g - 170g

**2 FOR \$7<sup>00</sup>**



**Hardbite  
Root Chips**  
150g

**\$5<sup>49</sup>**



**La Cocina  
Tortilla Chips**  
300g - 400g

**2 FOR \$7<sup>00</sup>**



**La Croix  
Sparkling Water**  
8 Pack

**\$5<sup>99</sup>**

plus deposit & eco fees



**Fever Tree  
Non Carbonated  
Mixers**  
Includes Margarita,  
Mojito & Caesar, 750ml

**\$7<sup>99</sup>**

plus deposit & eco fees



**Gerolsteiner  
Naturally  
Carbonated  
Mineral Water**  
750ml

**2 FOR \$8<sup>00</sup>**

plus deposit & eco fees



**Martinelli's  
Sparkling  
Apple Juice**  
750ml

**\$6<sup>99</sup>**

plus deposit & eco fees



**Clever Premium  
Non-Alcoholic  
Mocktails**  
355ml

**3 FOR \$6<sup>99</sup>**

plus deposit & eco fees



**Fiji  
Natural  
Artesian Water**  
1L

**2 FOR \$6<sup>00</sup>**

plus deposit & eco fees

# CHOICES MARKET

## CHRISTMAS MENU

The Holidays can be a stressful time, so let us help you make them a little easier. Our gourmet creations are here to help you out with a few side dishes, dessert, or the whole thing if you forgot to set the oven timer again this year.

Call your local Choices Market to order in advance to ensure you get exactly what you're looking for.

### THE STARTERS

Festive Cranberry Brie Loaf

**12<sup>99</sup>**

Baked Brie Kit

**17<sup>99</sup>**

The Entertainer's Cheese Tray

**29<sup>99</sup>**



### THE MAINS

Stuffed Turkey Breast Roast

Raised Without Antibiotics

**4<sup>49</sup> / 100¢**

Tourtiere

**5" / 10<sup>99</sup> - 8" / 21<sup>99</sup>**

Complete Roast Turkey Meal

Perfect For One!

**15<sup>99</sup>**

Complete Vegan Holiday Meal

Perfect For One!

**14<sup>99</sup>**

### SIDES AND SAUCES

Ready to Bake  
Cranberry Stuffing

**2<sup>29</sup> / 100¢**

Apple & Herb Stuffing Tray

**12<sup>99</sup>**

560 G TRAY

Cranberry Sauce

**5<sup>99</sup>**

250¢

Turkey Gravy

**7<sup>99</sup>**

500ML

**10<sup>99</sup>**

750ML

Shiitake Mushroom

Gravy

**7<sup>99</sup>**

500ML

Assorted Veggie Sides

**1<sup>69</sup> TO 2<sup>99</sup> / 100¢**

### COMPLETE HOLIDAY DINNER

We can handle it all!  
Order our complete  
dinner for 4 featuring  
turkey, sides, starters  
and dessert.

**\$129**

### FROM THE BAKERY

Stuffing Bread

White or Whole Wheat

**5<sup>49</sup>**

Cranberry Walnut Baguette

**4<sup>49</sup>**

Vegetarian Mincemeat Buns

**6<sup>99</sup> / 6**

Tarts

Mini Butter Tarts, Alternative Flour Pecan or  
Vegetarian Mincemeat

**3<sup>99</sup> TO 10<sup>99</sup>**

Christmas Stollen

**8<sup>99</sup> TO 29<sup>99</sup>**

Christmas Cakes

Light or Dark with Marzipan

**13<sup>99</sup>**

Chocolate Pecan Pie

**9<sup>99</sup>**

Gingerbread Decorating Kit

**19<sup>99</sup>**

Shortbread

Traditional, Brown Sugar, Chocolate Dipped, Pecan  
Spiced, Cranberry Pistachio, or Christmas Sprinkle

**6<sup>99</sup> / 6 PACK**

**...AND SO MUCH  
MORE!**



**Kicking Horse  
Organic  
Whole Bean  
Coffee**  
454g

**\$16<sup>99</sup>**



**Ritter Sport  
Chocolate Bars**  
Select Varieties,  
100g

**2 FOR \$7<sup>00</sup>**



**Chocxo Organic Dark  
Chocolate Coconut Cups**  
Also Seasonal Peppermint Cups,  
Select Varieties, 98g

**\$5<sup>99</sup>**



**Uncle Luke's  
Organic  
Maple Syrup**  
1L

**\$29<sup>99</sup>**



**Gay Lea Real  
Whipped Coconut  
Cream**  
Also Real Whipped  
Cream, 225g

**\$5<sup>99</sup>**



**Maple Hill Extra Large  
Free Range Eggs**  
1 Dozen

**\$6<sup>99</sup>**



**Olympic  
Organic Yogurt**  
Select Varieties,  
650g

**\$5<sup>49</sup>**



**Maison Riviera  
Coconut Based  
Yogurt**  
Select Varieties,  
500g & 650g

**\$5<sup>99</sup>**

**NOURISHING LIFESTYLES SINCE 1990**



**Silk Almond,  
Soy & Coconut  
Beverages**  
Also Silk Creamers  
Select Varieties,  
890ml & 1.89L

**\$5<sup>49</sup>**

plus deposit & eco fees



**Dairyland  
Organic  
Half & Half  
Cream**  
946ml

**\$4<sup>49</sup>**



**Dairyland  
Sour Cream**  
450ml & 500ml

**2 FOR \$7<sup>00</sup>**



**Earth's Own  
Holiday  
Oat Nog**  
946ml

**2 FOR \$8<sup>00</sup>**

plus deposit & eco fees



**Dairyland  
Egg Nog**  
2L

**\$5<sup>99</sup>**

plus deposit & eco fees



**Donia Farms  
Grass Fed Butter**  
250g

**\$8<sup>99</sup>**



**Violife  
100% Vegan  
Alternative  
Cheese**  
Select Varieties, 200g

**\$6<sup>99</sup>**



**Faith Farms  
Cheese**  
360g & 380g

**\$6<sup>99</sup>**



**Christie Crackers,  
Wheat Thins &  
Triscuits**  
Select Varieties,  
175g - 200g

**\$3<sup>99</sup>**

# DELI

PREPARED FRESH



DISCOVER LOCAL NEW

**Choices**  
**Baked Apple & Herb Stuffing**  
Ready to Eat, 560g

**\$12.99 / EA**



DISCOVER LOCAL

**Choices**  
**Festive Side Dishes**

**\$1.89 / 100g**



**Italian Prosciutto or Salami**  
Imported,  
70g ~ 120g

**\$8.99 / EA**



**La Panzanella**  
**Crackers**  
170g

**\$5.99 / EA**



**Choices**  
**Olives & Antipasto**  
Select Varieties,  
150g ~ 200g

**15% OFF**



NEW

**President**  
**French Brie Cheese**  
Also Camembert  
Cheese, 230g

**\$8.99**



**Swiss**  
**Emmental**  
**Cheese**

**\$5.99 / 100g**



**Swiss**  
**Gruyere**  
**Cheese**

**\$6.49 / 100g**



NEW

**Choices Festive**  
**Cheese Tray**  
725g

**\$29.99 / EA**



**Summer**  
**Fresh Dips & Hummus**  
227g

**\$4.49**

# BAKERY

FRESH BAKED • WHOLESOME



DISCOVER LOCAL

**Choices**  
**Christmas**  
**Fruit Cake**  
Light or Dark,  
380g

**\$12.99 / EA**



DISCOVER LOCAL

**Choices**  
**Holiday**  
**Shortbread**  
**Cookies**  
6 ~ 8 Pack

**\$5.99 / EA**



DISCOVER LOCAL

**Choices**  
**Artisan**  
**Fruit Pies**  
8 Inch

**\$10.99 / EA**



DISCOVER LOCAL

**Choices Pecan Tarts**  
Also Mincemeat, 6 Pack

**\$12.99 / EA**



DISCOVER LOCAL

**Choices Cranberry**  
**Walnut Baguette**  
345g

**\$3.99 / EA**



DISCOVER LOCAL

**Choices**  
**Stuffing**  
**Bread**  
White or Whole  
Wheat, 336g

**\$4.99 / EA**



DISCOVER LOCAL

**Choices**  
**Dinner Buns**  
6 Pack

**\$3.99 / EA**



DISCOVER LOCAL

**Choices**  
**Mincemeat**  
**Buns with**  
**Rum Sauce**  
460g

**\$6.99 / EA**



DISCOVER LOCAL

GLUTEN FREE

**Wendel's**  
**Festive**  
**Cookies**  
200g ~ 369g

**20% OFF**



DISCOVER LOCAL

GLUTEN FREE

**Choices**  
**Seasoned**  
**Stuffing Mix**  
Also Bread Cubes,  
240g

**\$13.99 / EA**



DISCOVER LOCAL

GLUTEN FREE

**Wendel's**  
**Pumpkin Pie**  
Also Strawberry  
Rhubarb or Apple  
8 Inch

**\$11.99 / EA**

# GROCERY

LOCAL • ORGANIC • SPECIALTY



**Righteous Sorbetto & Gelato**  
473ml

**\$7.49**



**Ben & Jerry's Ice Cream**  
Select Varieties,  
473ml

**\$5.99**



**Lucky Foods Veggie Spring Rolls**  
Also Gluten-Free  
Varieties, Frozen,  
241g

**\$4.99**



**Quesava Poppers, Samosas & Perogies**  
Frozen, 425g

**\$9.99**



**Daiya Cheezecake**  
Frozen, 400g

**\$6.99**



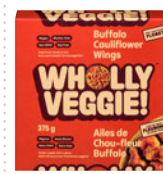
**Savör Ice Cream**  
473ml

**\$5.99**



**Konscious Frozen Sushi**  
Also Poke Bowls,  
Frozen,  
210g & 293g

**\$7.99**



**Wholly Veggie! Buffalo Cauliflower Wings**  
Select Varieties,  
Frozen, 375g

**\$6.99**

## WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



**Purica Zensations & Curcumin Supplements**  
Assorted Varieties & Sizes

**20% OFF**



**Natural Factors Vitamin A, D & K Supplements**  
Assorted Varieties & Sizes

**15% OFF**



**CanPrev Magnesium Supplements**  
Assorted Varieties

**20% OFF**



**NutraSea Omega-3+D Fish Oil Supplements**  
Assorted Varieties & Sizes

**20% OFF**



**Mountain Sky Natural Body Bar Soap**  
Assorted Varieties,  
135g

**\$4.99**



**Alba Botanica Hair Care**  
Assorted Varieties,  
355ml

**\$8.99**



**Urban Spa Bath & Body Care Accessories**  
Assorted Varieties & Sizes

**25% OFF**



**Weleda Body Care**  
Assorted Varieties & Sizes

**20% OFF**



**Derma-E Face Care & Body Care**  
Assorted Varieties & Sizes

**25% OFF**



**NOW Essential & Topical Body Oils**  
Assorted Varieties & Sizes

**20% OFF**



**Sundhed Himalayan Salt Lamps**  
Assorted Varieties & Sizes

**25% OFF**



**The Kelowna Candle Factory Beeswax & Soy Candles**  
Assorted Varieties & Sizes

**20% OFF**



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**Kerrisdale** - 1888 W 57th Ave, Vancouver  
**Yaletown** - 1202 Richards St, Vancouver  
**Cambie** - 3493 Cambie St, Vancouver  
**Kitsilano** - 2627 W 16th Ave, Vancouver  
**Commercial Drive** - 1045 Commercial Dr, Vancouver

**North Vancouver** - 801 Marine Dr, North Vancouver  
**South Surrey** - 3248 King George Blvd, Surrey  
**Burnaby Crest** - 8683 10th Ave, Burnaby  
**Abbotsford** - 3033 Immel St, Abbotsford  
**Kelowna** - 1937 Harvey Ave, Kelowna  
**Parksville** - 319 Island Hwy East, Parksville

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