



CHOICES MARKET

100% BC OWNED AND OPERATED

NEW YEAR'S CELEBRATION!

Prices Effective • December 26, 2024 ~ January 1, 2025



SPECIAL PRICE

Green or Red Grapes
Grown in Peru,
\$12.08/KG

\$5.48 / LB

YOU SAVE
\$1.00

SPECIAL PRICE

**Striploin
Grilling Steaks**
100% Grass Fed, Raised
Without Antibiotics,
Pasture Raised, Value
Pack, Import

BUY 1 GET 1 FREE



15% OFF

Holiday Entertaining Platters

Order instore. Brochure available at
choicesmarkets.com



\$14.99 / EA

Choices Party Cakes
540g - 600g

YOU SAVE
\$2.00



\$13.99 / EA

**Northern Glacier
Colossal Black Tiger Prawns**
Ocean Wise, 8/12 Count, Frozen, 228g



YOU SAVE
\$4.00

SPECIAL PRICE

\$15.98 / EA

**Stem 'n Leaf
Satsuma Mandarin Oranges**
Blue Jay Label, Grown in USA, 1.81 kg Pkg.



**Vega
Sport Protein**
Assorted Varieties,
801g - 837g

YOU SAVE
\$17.00

\$49.99



**Kettle Brand
Potato Chips**
Family Size Bag,
368g

YOU SAVE
\$2.00

\$4.99



FEATURED CHOICE

Castello Cheese
Select Varieties

25% OFF



PRODUCE FRESH • LOCAL • ORGANIC



Organic Lemons

Grown in USA,
907g Bag

\$6.48 / EA



Cara Cara Navel Oranges

Grown in USA,
1.36kg Bag

\$6.48 / EA



Gourmet Bouquet

\$24.98 / EA

Organic Hass Avocados

Grown in Mexico,
Bag of 3

\$5.48 / EA



Fruit Tray

Sun Rich Label,
2.26kg

\$24.98 / EA



Vegetable Tray

Sun Rich Label,
1.6kg

\$24.98 / EA



MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



Boneless Skinless Chicken Thighs

100% Veggie Fed, Raised Without Antibiotics,
Fresh, Value Pack \$19.82/KG

\$8.99 / LB



Pork Tenderloin

Raised Without
Antibiotics, Fresh,
\$17.61/KG

\$7.99 / LB



Rosstown Farms Chicken Breast Kabobs

Raised Without
Antibiotics, 100%
Veggie Fed, 400g

\$9.99 / EA



Beef Tenderloin Steaks

100% Grass Fed, Raised Without Antibiotics,
Pasture Raised, Imported, \$55.09/KG

\$24.99 / LB

Sila Salami Chubs

300g



\$11.99 / EA



Steelhead Fillet

Fresh, Ocean Wise, Value Pack

\$3.99 / 100G



Maple Leaf Natural Bacon

Made with Natural Ingredients,
Select Varieties, 375g

\$7.99



Crab or Prawn Cakes

Ocean Wise, Frozen
or Previously Frozen,
2 Pack

\$4.98 / EA

works out to \$2.49 ea

AquaStar Seafood Appetizers

Frozen, 340g ~ 500g

15% OFF

Varieties May Vary by Store





**Que Pasa
Organic
Tortilla Chips**
300g & 350g

\$3.99



**Mrs. Renfro's
Salsa**
473ml

\$6.99



**Sensible Portions
Garden Veggie
Straws
& Chips**
141g & 142g

\$4.49



Carr's Crackers
125g & 150g

2 FOR \$7.00



**Eve's
Crackers**
108g

\$6.99



**Schär
Crackers**
Select Varieties,
150g & 210g

\$7.99



**Effervé
Sparkling
Lemonade**
750ml

\$6.99

plus deposit & eco fees



**Partake Brewing
Non-Alcoholic
Beer**
355ml

2 FOR \$5.00

plus deposit & eco fees



**Dairyland
Eggnog**
946ml

2 FOR \$7.00

plus deposit & eco fees

NOURISHING LIFESTYLES SINCE 1990



**Phillips Soda Works
Craft Soda**
Select Varieties,
355ml

\$1.79

plus deposit & eco fees



**Mezzetta
Olives**
398ml

\$6.99



**Dalla Terra
Garden Antipasto**
375ml

\$4.99



**Simply Organic
Dip & Seasoning
Mixes**
Select Varieties,
28g - 42g

2 FOR \$5.00



**Sunflower
Kitchen
Organic
Hummus**
227g

\$3.99



**Balderson
Cheddar Cheese
Aged 3 Years**
Select Varieties, 280g

\$10.99



Arla Cream Cheese
200g

\$4.99



**Woolwich
Chevre
Goat Cheese**
113g

\$4.99



**Vegnature Vegan
Fermented Cashew
Goat Style Cheese**
135g

\$7.99



— DISCOVER —

THOUSANDS
OF LOCAL
CHOICES

CHOICES  MARKET

DISCOVER
LOCAL



**49th Parallel
Coffee**
340g

\$14⁹⁹

DISCOVER
LOCAL



**Terra Granola
Premium Granola**
800g & 850g

\$14⁹⁹

DISCOVER
LOCAL



**Hornby
Organic
Energy Bars**
80g

2 FOR \$5⁰⁰

DISCOVER
LOCAL



**Tree Island
Cream Top
Yogurt**
500g

\$4⁹⁹



**Nuts to You
Almond Butter**
735g

\$15⁹⁹

DISCOVER
LOCAL



**Goldegg Free Run
Large Brown Eggs**
1 Dozen

\$5⁹⁹



**Saputo
Shredded Cheese**
320g

\$6⁹⁹



**Armstrong
Sliced Cheese**
220g & 240g

\$5⁹⁹

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Favuzzi
Tomato Sauce**
Select Varieties,
480ml

\$6⁹⁹



**Rizopia Organic
Brown Rice Pasta**
Also Organic Quinoa
Pasta, Select Varieties,
340g & 454g

2 FOR \$6⁰⁰



**Lundberg
Organic Rice**
907g

\$10⁹⁹



**Earth's Choice
Organic
Coconut Milk**
Select Varieties,
400ml

2 FOR \$6⁰⁰



**Earth's Choice
Organic
Tomatoes**
796ml

2 FOR \$8⁰⁰



**Earth's Choice
Organic Beans
No Salt**
Select Varieties,
398ml

2 FOR \$5⁰⁰

DISCOVER
LOCAL



**House Of Yee
Premium
Dumplings**
Frozen, 15 Pack

\$13⁹⁹



**Pasta Tavola
Ravioli**
Frozen, 400g

\$10⁹⁹



Daiya Pizza
Also Flatbread,
Frozen,
322g - 550g

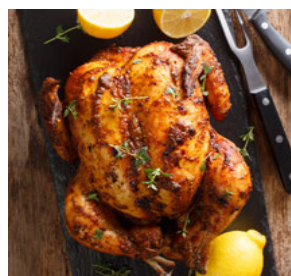
\$8⁹⁹

DISCOVER
LOCAL

GLUTEN
FREE

DELI

PREPARED FRESH



**Rosstown
Roasted
Chickens**

\$12.99 / EA



**Woozas
Flatbread Pizza**
575g ~ 700g

\$16.99 / EA



**Happy Planet
Soups**
Assorted Varieties,
500ml ~ 650ml

\$7.99 / EA



**Habibi's
Hummus**
450g

\$7.99 / EA



**Indianlife
Naan Bread**
Also Tortillas or
Wraps,
250g ~ 500g

\$6.99 / EA



**Choices
Signature
Hot Soup**
Also Chili
16oz, 500ml

\$5.99 / EA



**Choices
Ready to
Eat Wraps**

\$9.99 / EA



**Vitale
Italian Sliced
Prosciutto
& Salami**
100g

\$10.99 / EA



**Bothwell
Cheese**

\$3.99 / 100g



**Choices Festive
Cranberry Brie
Loaf**
660g

\$10.99 / EA

BAKERY

FRESH BAKED • WHOLESOME



**Choices Artisan
Half Fruit Pies**
280g

\$6.99 / EA



**Choices
Baguettes**
250g ~ 300g

\$2.99 / EA



**Choices
Scones**
2 Pack

\$4.49 / EA



**Choices Low
Carb Cookies
& Cream
Cheesecake**
Also Chocolate
Mousse, 60g ~ 90g

\$4.99 / EA



**Carbonaut Low
Carb Breads,
Bagels &
Tortillas**

20% OFF



**Ozery
Morning
Rounds**
One Bun or
Snack Rounds,
312g ~ 600g

20% OFF



**Saman Bakery
Artisan Crackers**
160g ~ 200g

\$7.99 / EA



**English
Muffins**
6 Pack

2 FOR \$5.00

DISCOVER **THOUSANDS** OF
LOCAL CHOICES

Since 1990, we've supported local growers to strengthen communities and protect the environment. Visit Choices for thousands of local products, produce and proteins.

GROCERY

LOCAL • ORGANIC • SPECIALTY

DISCOVER
LOCAL



Dyana's Aji Hot Sauce
Select Varieties,
225ml

\$7⁹⁹



Maison Orphée Salad Dressings
250ml

\$4⁹⁹



Nature Clean Liquid Laundry Wash
3L

\$14⁹⁹



Caboo Sustainable Bamboo Bathroom Tissue
12 Rolls

\$9⁹⁹



Whistler Glacial Spring Water
4L

\$4⁹⁹

plus deposit & eco fees



RW Knudsen Just Juice
Select Varieties,
946ml

\$10⁹⁹

plus deposit & eco fees



Eco Max Ultra Dish Wash
740ml

\$4⁹⁹



Only Goodness Compostable Plates & Bowls
Select Varieties

20% OFF

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN

DISCOVER
LOCAL



Prairie Naturals Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Progressive Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



New Roots Wild Omega & Strong Bones Supplements
Assorted Varieties & Sizes

20% OFF



Platinum Naturals Vitamins and Supplements
Assorted Varieties & Sizes

20% OFF

DISCOVER
LOCAL



Natural Factors Stress & Sleep Supplements
Assorted Varieties & Sizes

15% OFF



Bio-K Plus Probiotics
Dairy & Non Dairy,
Assorted Sizes,
12 Pack

\$43⁹⁹



Organika Enhanced Collagen
500g

\$39⁹⁹



Natural Factors Probiotics
Assorted Varieties & Sizes

15% OFF



Nature's Way Herbal Supplements
Assorted Varieties & Sizes

20% OFF



Natural Factors Magnesium Supplements
Assorted Varieties & Sizes

15% OFF



Andalou Naturals Face Care & Body Care
Assorted Varieties & Sizes

20% OFF



Naturtint Natural Permanent Hair Color
Assorted Colours,
1 Kit

\$16⁹⁹



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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