



CHOICES MARKET

100% BC OWNED AND OPERATED

SUPERBOWL CHOICES!



STAR OF THE SEASON
**\$56,000
RAISED**
See website for details.

Prices Effective • February 6 ~ February 12, 2025



SPECIAL PRICE

Blade Roast or Steaks
100% Grass Fed, Raised
Without Antibiotics,
Pasture Raised, Value Pack,
Imported, \$19.82/KG

\$8.99 / LB

YOU SAVE
34%

SPECIAL PRICE

**Organic
Hass Avocados**
Mexico Grown

2 FOR \$5.00



YOU SAVE
28%



DISCOVER
LOCAL

\$4.99 / EA

Choices Sourdough Bread
Levain Style, 530g

YOU SAVE
\$1.00



SPECIAL PRICE

\$1.98 / LB

Broccoli Crowns
USA Grown, \$4.37/KG

YOU SAVE
25%



**Summer Fresh
Dips**
Assorted Varieties,
227g

2 FOR \$8.00

YOU SAVE
27%



**Covered Bridge
Potato Chips**
142g & 170g

2 FOR \$7.00

YOU SAVE
25%

ALL ITEMS
ON SALE



**New Roots
Vitamins &
Supplements**
Assorted Varieties
& Sizes

20% OFF

VALENTINE'S PICK



**La Luna Candles,
Diffusers & More!**
Assorted Varieties
& Sizes

20% OFF

FEATURED CHOICE



YOU SAVE
35%

**La Croix
Sparkling Water**
8 Pack

\$4.99
plus deposit & eco fee

PRODUCE FRESH • LOCAL • ORGANIC



Organic Mini Watermelon
Mexico Grown

\$6.98 / EA



Green Kiwi Fruit
Imported

98¢ / EA



Bunched Tulips
5 Stems per Bunch

\$3.98 / EA

Organic Yellow or Red Potatoes

BC Grown,
2.27kg Bag



\$6.98 / EA



Romaine Hearts

USA Grown,
Pkg. of 3

\$4.98 / EA



Gourmet Bouquet

\$24.98 / EA



MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



Boneless Skinless Chicken Thighs

Raised Without Antibiotics, 100% Veggie Fed,
Fresh, \$19.82/KG

\$8.99 / LB



Pork Button Bones

Raised Without Antibiotics, Fresh,
\$11.00/KG

\$4.99 / LB



Sliced Pork Belly

or Whole, Raised Without Antibiotics, Fresh,
\$15.41/KG

\$6.99 / LB



Organic Top Sirloin Steaks or Roasts

100% Organic, Grass Fed, Grain Finished,
\$44.07/KG

\$19.99 / LB



Beef Stir Fry

100% Grass Fed, Raised Without Antibiotics,
Pasture Raised, Imported, \$19.82/KG

\$9.99 / LB



Steelhead Fillets

Ocean Wise, Fresh, Value Pack

\$3.99 / 100G



Taste Republic Fresh Pasta

255g

GLUTEN FREE

15% OFF

Northern Glacier Shrimp

Cooked, 41/50 or Raw
31/40, Ocean Wise,
Frozen, 340g

\$8.99 / EA



Greenfield Bacon

Raised Without Antibiotics,
Canadian Raised, 375g

\$7.99 / EA

KERRISDALE ANNIVERSARY SALE!




SATURDAY, FEBRUARY 8



10% OFF
ENTIRE STORE*
INCLUDING SALE ITEMS*

- Enjoy complimentary coffee & tea all day
- Complimentary slice of Anniversary Cake
from 12:00PM to 2:00PM
- The first 10 customers when the store opens
will receive a free Choices reusable bag

*Excluding Lotto and Gift Card purchases. Sale not available online.
Anniversary sale offer valid at Kerrisdale location only.

SHOP ONLINE AT **CHOICES.MARKET**  /DiscoverChoicesMarket  @ChoicesMarket  @ChoicesMarket



**Ethical Bean
Organic
Ground Coffee**
227g

\$10⁹⁹



**The Granola King
Blueberry Orange Granola**
Assorted Varieties, 750g

\$9⁹⁹



**Traditional
Medicinals Organic
Herbal Tea**
Select Varieties,
16 Bags

\$4⁹⁹



**Earth's Own
Oat Barista**
946ml

\$5⁹⁹



**Donia Farms
Grass Fed
Milk**
2L

\$5⁹⁹
plus deposit & eco fees



**Earth's Own
Organic
Almond
Beverage**
1.75L

\$4⁹⁹
plus deposit & eco fees



**Bremner's
Organic
Blueberries**
Also Organic Berry
Blend, 1.5kg

\$24⁹⁹



**Olympic
Organic Yogurt**
Select Varieties,
650g

\$4⁹⁹

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Dairyland
Organic
Cream**
473ml

2 FOR \$6⁰⁰



**La Chaudière Bingo!
Organic Cheese**
Select Varieties, 168g & 200g

\$7⁹⁹



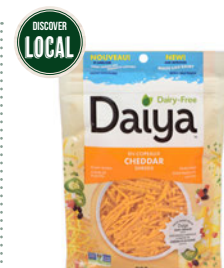
**Dairyland
Cottage Cheese**
500g

\$4⁴⁹



**Spread'em
Cashew
Cheeze Blocks**
200g

\$8⁹⁹



**Daiya Dairy-Free
Shredded, Blocks
and Slices**
Select Varieties,
185g - 220g

\$4⁹⁹



**Sunrise Soyganic
Organic Tofu**
Firm, Extra Firm
350g & 500g

2 FOR \$6⁰⁰



**O'Doughs
Bagels**
300g

\$4⁹⁹



**Cow's Creamery
Butter**
250g

\$7⁹⁹



**Wedderspoon
Manuka Honey**
K-Factor 12 or 16,
500g

\$10 OFF



Eat Wholesome Food Co. Organic Tomatoes
796ml

\$4.99

GLUTEN FREE



Rizopia Organic Brown Rice Pasta
Also Organic Quinoa Pasta, 340g & 454g

2 FOR \$6.00



Saputo Mozzarellissima
340g

\$6.99

DISCOVER LOCAL



Karthain's Organic Sauerkraut
750ml

\$10.99



Mezzetta Olives
398ml

\$7.99



Amy's Pizza
Frozen, 340g - 397g

\$10.99



Filippo Berio Extra Virgin Olive Oil
500ml

\$22.99



Omega Nutrition Organic Apple Cider Vinegar
946ml

\$7.99



Cape Herb & Spice Table Top Spices
36g - 130g

\$4.99

NOURISHING LIFESTYLES SINCE 1990



Tate's Bake Shop Cookies
198g

\$7.99



Clif Bar Energy Bars
68g

3 FOR \$5.00



Nuts To You Almond Butter
365g

\$9.99

FAIR TRADE



Zazubean Organic Chocolate Bars
Select Varieties, 80g & 85g

\$4.49

DISCOVER LOCAL



Chocxo Organic Dark Chocolate Coconut Cups
Assorted Varieties, 98g

\$5.99



The Ginger People Gin-Gins Ginger Candy
84g

\$3.99



Lesser Evil Organic Popcorn
Select Varieties, 142g

\$4.99

GLUTEN FREE



The Good Crisp Potato Crisps
160g

\$4.49



Eve's Crackers
108g

\$6.49

DISCOVER LOCAL

GLUTEN FREE



— DISCOVER —

THOUSANDS
OF LOCAL
CHOICES

CHOICES  MARKET

DELI PREPARED FRESH

DISCOVER
LOCAL
NEW



Choices
Ready to Eat
Casserole Bakes
Family Size,
590g ~ 710g

\$14.99 / EA

DISCOVER
LOCAL



Choices
Ready to Eat
Wraps

\$10.49 / EA

DISCOVER
LOCAL



GREAT FOR
SUPERBOWL

Choices
Ready to Eat
Chicken Wings
1 Pound of Wings

\$14.99 / EA

DISCOVER
LOCAL



Choices
Ready to Eat
Chili
Turkey or Beef,
32 oz, Large

\$10.99 / EA

DISCOVER
LOCAL



Choices
Potato Wedges
Including Lemon
Herb or Savoury Mex
Varieties

\$1.49 / 100g

DISCOVER
LOCAL



Choices
Deli Salami
Antibiotic-Free

\$4.49 / 100g



Castello
Cheese Slices
Assorted Varieties,
125g ~ 165g

\$7.99 / EA



Bothwell
Cheese
Assorted Varieties

\$3.99 / 100g



Manchego
Cheese

\$6.99 / 100g

BAKERY FRESH BAKED • WHOLESOME

DISCOVER
LOCAL



Choices Scones
2 Pack

\$4.29

DISCOVER
LOCAL



Choices
Cheesecake Bars
190g

\$7.99 / EA

DISCOVER
LOCAL



Choices Mini
Butter Tarts
4 Pack

\$3.99 / EA

DISCOVER
LOCAL



Ganache Filled
Chocolate
Heart Cookies
100g

\$2.49



La Tortilla
Factory
Tortillas
Assorted Varieties,
200g ~ 496g

20% OFF

DISCOVER
LOCAL



Bakestone
Brothers Pita
White or Whole
Wheat,
6 Pack

\$3.99 / EA



Brioche
Hamburger
or Hot Dog
Buns
6 ~ 8 Pack

\$6.99 / EA



Aidan's
Fermented
Sourdough
Bread
500g

\$9.99

KERRISDALE
ANNIVERSARY
SALE!



10% OFF
ENTIRE STORE*
INCLUDING SALE ITEMS

JOIN US SATURDAY, FEBRUARY 8TH

To celebrate Choices Kerrisdale's anniversary!

1888 W 57th Ave, Vancouver

• Enjoy free coffee & tea while you shop

• Complimentary slice of anniversary cake from 12:00pm - 2:00pm

• First 10 Customers get a Free Choices Reusable Bag!

*Anniversary sale offer valid at Kerrisdale location only. Sale not available online.

GROCERY

LOCAL • ORGANIC • SPECIALTY



Ben & Jerry's Ice Cream
Select Varieties,
473ml

\$5.99



Legends Haul Handcrafted Macaroni & Cheese
650g

\$10.99



GoodDrink Organic Sparkling Fruit Spritzer
355ml

2 FOR \$4.00
plus deposit & eco fees

SPECIAL FEATURE



V.I.P. Dish Soap
740ml

2 FOR \$7.00



So Delicious Non-Dairy Frozen Desserts
500ml

\$5.99



The Workshop Vegetarian Café Noodles, Ramen & Udon
3 Pack

\$12.99



Loop Mission Cold Pressed Juice
1L

\$9.99
plus deposit & eco fees

Select V.I.P. & EchoClean Products
Select Varieties & Sizes

20% OFF



WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



Botanica Organic Vitamins & Supplements
Assorted Varieties & Sizes

25% OFF



CanPrev CoQ10 & Inno-Q-Nol Supplements
Assorted Varieties & Sizes

20% OFF



Sukin Botanicals Hair Care
Assorted Varieties & Sizes, 500ml

\$11.99



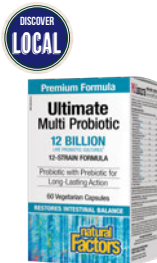
Naturtint Natural Permanent Hair Colour
Assorted Colours, 1 Kit

\$16.99



Flora Organic Flax Oil
Assorted Sizes

20% OFF



Natural Factors Probiotics
Assorted Varieties & Sizes

15% OFF



Divine Essence Essential Oils and Body Care Products
Assorted Varieties

25% OFF



Dr. Hauschka Facial Care
Assorted Varieties & Sizes

20% OFF



Sisu Ester-C Supplements
Assorted Varieties & Sizes

20% OFF



Natural Factors CurcuminRich Theracurmin Supplements
Assorted Varieties & Sizes

20% OFF



The Kelowna Candle Factory Beeswax & Soy Candles
Assorted Varieties & Sizes

20% OFF



Mineral Fusion Natural Cosmetics
Assorted Varieties & Sizes

20% OFF



Shop online at ChoicesMarket.com



@ChoicesMarket



/DiscoverChoicesMarket



@ChoicesMarket



Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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