



CHOICES MARKET

100% BC OWNED AND OPERATED

WEEKLY SAVINGS!

Prices Effective • March 13 - 19, 2025



PRODUCT OF CANADA

SPECIAL PRICE

Chicken Thighs or Drumsticks
Raised Without Antibiotics,
100% Veggie Fed, Fresh,
Value Pack, \$8.80/KG

\$3.99 / LB

YOU SAVE 47%

SPECIAL PRICE

Strawberries
Mexico Grown,
454g Pkg.

\$5.98 / EA

YOU SAVE \$2.00



PRODUCT OF CANADA

YOU SAVE 33%

\$6.99 / LB

Pork Tenderloin
Raised Without Antibiotics, Fresh, \$15.41/KG



MADE IN CANADA

YOU SAVE 30%

\$6.99 / EA
plus deposit & eco fee

Rise Organic Kombucha
1L



CANADIAN OWNED

YOU SAVE \$2.00

\$10.99 / EA

Choices Artisan Fruit Pies
8 inch



PRODUCT OF CANADA

FIRST OF THE SEASON

2 FOR \$3.00

Long English Cucumbers
BC Grown

YOU SAVE 50%



PRODUCT OF CANADA

FIRST OF THE SEASON

\$2.98 / LB

Tomatoes On The Vine
BC Grown, \$6.57/KG

YOU SAVE \$1.00 / lb



PRODUCT OF CANADA

YOU SAVE 29%

Rosstown Roasted Chickens

2 FOR \$20.00



CANADIAN OWNED

Progressive Vitamins & Supplements
Assorted Varieties & Sizes

25% OFF



GLUTEN FREE

Kettle Brand Potato Chips
Party Size, 368g

YOU SAVE 28%

\$4.99

PRODUCE FRESH • LOCAL • ORGANIC



Organic Hass Avocado
Mexico Grown

2 FOR \$6.00



Organic Lemons
USA Grown,
907g Bag

\$5.98 / EA

Blackberries
Mexico or
USA Grown,
170g Pkg.



\$4.98 / EA

Asparagus
Mexico Grown,
\$8.77/KG



\$3.98 / LB

Bunched Tulips
5 Stems per
Bunch

2 FOR \$10.00



MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



\$11.99 / LB

Top Sirloin Steaks or Roast

100% Grass Fed, Raised Without Antibiotics,
Pasture Raised, Value Pack, from Australia,
\$26.43/KG



\$6.99 / LB

Boneless Pork Chops or Roast

Raised Without Antibiotics,
Fresh, \$15.41/KG



20% OFF

Choices Own Sausages

Raised Without Antibiotics, In store Made,
Pork, Chicken or Turkey, Select Varieties



\$4.99 / LB

Lean Ground Pork

Raised Without Antibiotics, Fresh,
Value Pack, \$11.00/KG



\$3.29 / 100G

Sable Fish Fillets

Fresh, Ocean Wise, Also Pacific Cod



Harvest Wieners

Original or All Beef,
450g

\$6.99 / EA



\$13.99 / EA

Harvest Bacon

500g



Northern Glacier Black Tiger Prawns

Ocean Wise,
41/50 Count,
Frozen, 340g

\$9.99 / EA





— DISCOVER —

THOUSANDS OF CANADIAN CHOICES



100% BC OWNED



CHOICES.MARKET



CHOICES
MARKET



**Lundberg
Family Farms
Organic Rice**
907g

\$10⁹⁹



**Mary's
Organic Crackers**
Also Organic Cookies
Select Varieties,
142g

\$5⁹⁹

GLUTEN
FREE



**Only Goodness
Organic Soup**
Select Varieties, 398ml

\$3⁹⁹

YOU SAVE
\$10



**Acropolis Organics
Organic Extra
Virgin Olive Oil**
500ml

\$23⁹⁹



**Bioitalia
Organic Beans**
398ml

2 FOR \$5⁰⁰

MADE IN
CANADA



**Armstrong
Cheddar Cheese**
600g

\$9⁹⁹

MADE IN
CANADA



**Hobbs
Pickles**
1L

\$12⁹⁹

GLUTEN
FREE



**Suzie's
Organic
Condiments**
Select Varieties,
237ml - 592ml

20% OFF

GLUTEN
FREE

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND

MADE IN
CANADA



**Nuts to You
Organic
Peanut Butter**
500g

\$6⁹⁹

CANADIAN
OWNED



**Terra Granola
Premium
Granola**
800g & 850g

\$16⁹⁹

PRODUCT OF
CANADA



**Uncle Luke's
Organic
Maple Syrup**
1L

\$26⁹⁹



**Bigelow
Herbal
Probiotic Tea**
18 Bags & 20 Bags

\$5⁹⁹

MADE IN
CANADA

FAIR
TRADE



**Café William
Organic
Whole Bean
Coffee**
300g & 340g

\$11⁹⁹

PLANT
BASED



**Silk
Dairy-Free
Coffee Creamers**
890ml

\$5⁴⁹

PRODUCT OF
CANADA



**Tree Island
Grass-Fed
Greek Yogurt**
1.5kg

\$12⁹⁹

MADE IN
CANADA



**Dairyland Joyya
Ultrafiltered Milk**
1L, with 16g to 18g Protein
per 250ml serving

\$3⁹⁹

plus deposit & eco fees

PLANT
BASED



**Silk Almond
Beverage**
Also Soy, Coconut & Oat,
1.75L & 1.89L

\$5⁴⁹

plus deposit & eco fees



**Sober Carpenter
Non-Alcoholic
Beer**
473ml

2 FOR \$5.00

plus deposit & eco fees



**Clever
Non-Alcoholic
Mocktails**
355ml

2 FOR \$5.00

plus deposit & eco fees



**Fever-Tree
Tonic Water**
Also Ginger Beer,
4 Pack

\$6.99

plus deposit & eco fees



**Effervé
Sparkling
Lemonade**
750ml

\$6.99

plus deposit & eco fees



**Sapsucker
Organic Sparkling
Tree Water
Beverage**
4 Pack

\$7.99

plus deposit & eco fees



**Left Coast Naturals
Organic Mixed
Nuts**

Deluxe Nut Mix,
Select Varieties,
Loose Bulk Only

20% OFF



**Healthy Hippo
Low Sugar
Gummies**
Select Varieties,
50g

BUY 1 GET 1 FREE



**Panda
Natural Licorice**
170g

2 FOR \$7.00



Pür Gum
77g Pouch

25% OFF

NOURISHING LIFESTYLES SINCE 1990



**Enjoy Life
Chocolate Chips**
Dairy-Free, 255g & 283g

25% OFF

GLUTEN FREE



**Cloud 9
Baking Mixes**
Select Varieties,
405g - 600g

25% OFF

GLUTEN FREE



**Patience
Fruit & Co Organic
Dried Fruit**
Select Varieties,
85g - 283g

25% OFF



**Lily's
Chocolate Bars**
No Sugar Added,
80g & 85g

\$4.99

GLUTEN FREE



**We Love Van
Liquid Honey**
500g

\$9.99



**Let's Do Organic
Unsweetened
Coconut Flakes**
Also Organic Shredded,
198g & 250g

\$3.99



**Egglife
Egg White
Wraps**
Dairy-Free,
170g

\$7.99

GLUTEN FREE



**Just Egg
Plant-Based Egg**
500g

\$9.99



**Violife 100% Vegan
Cheese Alternative**
Select Varieties,
200g

\$6.99

Shop CANADIAN

Look for these symbols throughout Choices Market to make it easier to shop Canadian:

Product of CANADA

At least 98% of the total direct costs of producing or manufacturing the good have been incurred in Canada.

Made in CANADA

At least 51% of the total direct costs of producing or manufacturing the good have been incurred in Canada.

DELI

PREPARED FRESH



**Ready to Eat
Artisan
Salad Bowls**
240g ~ 440g

\$10.99 / EA



**Choices
Irish Stew**
475g

\$9.99

Limited time only



**Choices
Ready to Eat
Wraps**

\$9.99 / EA



**Choices
Ready to Eat
Casserole
Dishes**
340g ~ 430g

\$8.99 / EA



**Italian Sliced
Prosciutto**
Also Salami,
100g

\$10.99 / EA



**Choices
Fresh Tomato
Salsa**
Also Roasted Corn
or Mango, 350g

\$6.99 / EA



**Kerrygold
Irish Cheese**
198g

\$9.99 / EA



**Gouda
Cheese**
with Beer Flavour

\$3.99 / 100G



**Tre Stelle
Feta Cheese**
200g

\$7.49 / EA

BAKERY

FRESH BAKED • WHOLESOME



**Choices
Multigrain Bread**
530g

\$4.99 / EA



**Choices
Cupcakes**
4 Pack

\$5.99 / EA



**Choices
Shamrock
Cookies**
35g

\$2.29 / EA



**Choices Irish
Soda Bread**
with Raisins &
Walnuts, 750g

\$3.99 / EA



**Choices
Pistachio
Shortbread
Cookies**
6 Pack

\$5.99 / EA



**Choices Keto
Strawberry
Pudding Cups**
Also Raspberry
or Peanut Butter,
150g

\$3.99 / EA



**Earthling
Protein
Cake Cups**
Also Cake Boxes,
180g ~ 190g

\$5.99 / EA



**Silver Hills
Sprouted
Power Bread**
Assorted
Varieties,
430g ~ 615g

\$4.99 / EA

DISCOVER THOUSANDS OF CANADIAN CHOICES

100% BC OWNED CHOICES.MARKET

GROCERY

LOCAL • ORGANIC • SPECIALTY



Dairyland Sour Cream
450ml & 500 ml

\$3.99



Spice Works Ethnic Seasonings
Dips & Marinades,
40g & 50g

\$4.49

GLUTEN FREE



Raincoast Global Albacore Tuna
Individually Caught, Select Varieties, 142g

\$4.99



Nature Clean Liquid Dish Wash
740ml

\$4.99



Bakestone Brothers Pita
White or Whole Wheat, 6 Pack

2 FOR \$6.00



Habibi's Original Tourn Sauce
250g

\$4.99

GLUTEN FREE



Alderwood Farms French Fries
Frozen, 450g

\$7.49



Eco Max Laundry Detergent
1.5L

\$13.99

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



Organika Collagen Supplements
Assorted Varieties & Sizes

25% OFF



Host Defense Mushroom Supplements
Assorted Varieties & Sizes

20% OFF



Healthology Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Nuun Hydration Electrolytes, Immunity & Vitamin Tabs
Assorted Varieties, 10 Tabs

\$9.99



A.Vogel Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Newco Natural Skin Care, Oral Care & Supplements
Assorted Varieties & Sizes

20% OFF



New Chapter Vitamins & Supplements
Assorted Varieties & Sizes

15% OFF



Flora Udo's Choice Oil Omega 3-6-9 Blend & DHA Blend
Assorted Sizes

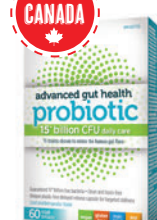
20% OFF



New Roots Vitamin C8
90 Caps

ALL ITEMS ON SALE

\$23.49



Genuine Health Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Thinksport Sun Care
Also Think Body Care, Assorted Varieties & Sizes

20% OFF



Green Beaver Face Care, Body Care & Oral Care
Assorted Varieties & Sizes

20% OFF



Shop online at [ChoicesMarket](https://www.choicesmarket.com)



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CHOICES MARKET

Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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