

CHOICES MARKET

100% BC OWNED AND OPERATED

WEEKLY SAVINGS!

Prices Effective • April 3 - 9, 2025

SPECIAL PRICE

Organic Hass Avocados
Mexico Grown
2 FOR \$5.00

Extra Lean Ground Beef Sirloin
100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Value Pack, Imported From Australia, \$16.51/KG

\$7.49 / LB

YOU SAVE **53%**

YOU SAVE **28%**

SPECIAL PRICE

\$5.98 / EA

Honeyglow Pineapple
Costa Rica Grown

YOU SAVE **28%**

PRODUCT OF CANADA

\$12.99 / EA

Rosstown Roasted Chickens

YOU SAVE **\$1.00**

VITAMINS & SUPPLEMENTS

3 DAYS ONLY SALE

APRIL 4 - APRIL 6
FRIDAY TO SUNDAY

20% OFF*

YOUR VITAMINS AND SUPPLEMENTS IN-STORE PURCHASE, INCLUDING ITEMS ON SALE.

*Sale not available online.

MADE IN CANADA

Silver Hills Organic Sprouted Power Bread
510g - 680g

\$5.49

YOU SAVE **21%**

MADE IN CANADA

YOU SAVE **\$5.00**

Ener-C Effervescent Vitamin C or D Drink Mix
Assorted Varieties, 24 - 30 Pack

\$15.99

CANADIAN OWNED

Earth's Choice Certified Organic, Rainforest Alliance Coffee Beans
340g

\$10.99

YOU SAVE **38%**

STASH

Stash Tea
Select Varieties, 18 & 20 Bags

\$4.49

YOU SAVE **28%**

PRODUCE FRESH • LOCAL • ORGANIC



Organic Bunched Carrots
Mexico Grown

\$3.48 / EA



Organic Tomatoes On The Vine
Mexico Grown,
\$10.98/KG

\$4.98 / LB



Cantaloupe Melon
Grown in Honduras or Guatemala

\$5.98 / EA

Orange, Red or Yellow Peppers
Canada Grown,
\$8.77/KG



\$3.98 / LB

Broccoli Crowns
USA Grown,
\$6.57/KG



\$2.98 / LB

Gourmet Bouquet



\$24.98 / EA

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



Boneless Skinless Chicken Breasts
Raised Without Antibiotics, 100% Veggie Fed,
Fresh, Value Pack, \$19.82/KG

\$8.99 / LB



Boneless Pork Chops or Roast
Fresh, Center Cut or Rib Chops, Raised Without Antibiotics, 100% Veggie Fed, Value Pack, \$15.41/KG

\$6.99 / LB



Organic Top Sirloin Steaks or Roasts
100% Organic, Grass Fed, Grain Finished,
\$44.07/KG

\$19.99 / LB



Sirloin Tip Roast or Steaks
100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Value Pack, Imported from Australia, \$18.72/KG

\$8.49 / LB



Ahi Tuna Steaks
Frozen or Previously Frozen, Ocean Wise, 6 oz

\$4.49 / EA



Northern Glacier Black Tiger Prawns
Raw, 41 to 50 Count, Frozen, Ocean Wise, 340g

\$9.99 / EA

Chicken Drumsticks

Raised Without Antibiotics, 100% Veggie Fed, Fresh, Value Pack, \$9.90/KG

\$4.49 / LB



Greenfield Bacon
Raised Without Antibiotics, 375g

\$7.99 / EA

GLUTEN FREE

DUSO'S SPECIAL BOGO OFFER

Buy 2 packages of Duso's Pasta, 250g ~ 300g and receive 1 package of Duso's Pasta Sauce, 150g ~ 300g for Free



APRIL 4 - APRIL 6
FRIDAY TO SUNDAY

VITAMINS & SUPPLEMENTS



SALE



ENJOY THIS
LIMITED TIME
OFFER
JUST FOR YOU!

20% OFF*

**YOUR VITAMINS AND SUPPLEMENTS IN-STORE PURCHASE,
INCLUDING ITEMS ON SALE.**

*Sale not available online.

SHOP ONLINE AT **CHOICES.MARKET**  /DiscoverChoicesMarket  @ChoicesMarket  @ChoicesMarket



**Flow Naturally
Alkaline Water**
Select Varieties,
500ml

3 FOR \$5.00

plus deposit & eco fees



**Guayaki
Organic
Yerba Mate**
458ml

2 FOR \$5.00

plus deposit & eco fees



**Chasers
Cold Pressed
Juice**
1L

\$11.99

plus deposit & eco fees



**Biotta Organic
Vegetable Juice**
Select Varieties,
500ml

\$6.99

plus deposit & eco fees



**Healthy Hooch
Organic
Kombucha**
500ml

2 FOR \$7.00

plus deposit & eco fees



**Hornby
Organic
Energy Bars**
80g

2 FOR \$6.00



**Alter Eco
Organic
Chocolate Bars**
75g - 84g

2 FOR \$7.00



**Smart Sweets
Low Sugar
Gummies**
Select Varieties, 50g

2 FOR \$8.00



**Made Good
Organic
Granola Bars**
Select Varieties,
5 Pack

2 FOR \$7.00

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Elmhurst
Milked Oats &
Nuts Beverage**
946ml

\$7.99

plus deposit & eco fees



**Earth's Own
Almond Beverage**
Select Varieties,
1.89L

\$3.99

plus deposit & eco fees



**Stahlbush
Island Farms
Certified
Sustainable Fruit**
Select Varieties, Frozen,
283g - 300g

\$5.99



**Donia Farms
Grass Fed
Heritage Yogurt**
650g

\$5.49



**Nature's Path
Organic Cereal**
Select Varieties,
283g - 400g

\$5.99



**Riviera Coconut
Milk Yogurt**
Select Varieties,
500g & 650g

\$5.49



**The Greek Gods
Organic
Plain Yogurt**
500g

\$5.99



**The Granola King
Premium
Granola**
2kg

\$29.99



**Le Grand
Vegan Organic
Yogurt**
500g

\$4.99

NEW TO CHOICES



Only Goodness Organic Pasta Sauce
680ml

\$7⁹⁹



Eat Wholesome Organic Tomatoes
796ml

\$4⁹⁹

NEW TO CHOICES



Only Goodness Organic Pasta
500g

\$3⁹⁹



Carbone Pasta Sauce
660ml Also Alfredo Sauce, 410ml

\$10⁹⁹



Eden Organic Beans
398ml

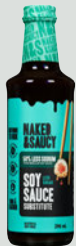
2 FOR \$7⁰⁰



Chickapea One Pot Pasta
198g

\$5⁹⁹

GLUTEN FREE



Naked & Saucy Organic Coconut Aminos Also Cooking Sauces
Select Varieties, 296ml & 473ml

20% OFF



Gimme Organic Roasted Seaweed Snack
6 Pack

\$7⁹⁹



Safe Catch Wild Albacore Tuna
Select Varieties, 142g

\$5⁹⁹

NOURISHING LIFESTYLES SINCE 1990

GLUTEN FREE



Koops Organic Mustard
325ml

2 FOR \$6⁰⁰



Maison Orphée Extra Virgin Olive Oil
Select Varieties, 750ml

\$20⁹⁹



Bragg Organic Apple Cider Vinegar
946ml

\$9⁹⁹



Lundberg Family Farms Organic Brown Rice Cakes
Also Stackers & Mini's, 142g - 269g

\$5⁹⁹



Cedar Valley Pita Chips
180g

\$4⁹⁹



Purpleful Popcorn
136g
25% of Profits Help Kids in Low Income Communities

\$3⁹⁹

MADE IN CANADA



Saputo Shredded Cheese
320g

\$7⁴⁹



Tofurky Deli Slices
Plant-Based, 156g

\$4⁹⁹

PRODUCT OF CANADA



Sunrise Extra Firm Tofu
350g

2 FOR \$6⁰⁰



— DISCOVER —

THOUSANDS OF CANADIAN CHOICES



100% BC OWNED



CHOICES.MARKET



CHOICES
MARKET

DELI

PREPARED FRESH



Choices
Family Size
Salad Bowls
Assorted Varieties,
350g - 550g

\$9.99 / EA



Happy Planet
Soups
Assorted Varieties,
500ml - 650ml

\$7.99 / EA



Zorbas
Gluten Free
Spanakopita
2 Pack

\$7.99 / EA



Choices Egg
Muffins
90g

2 FOR \$4.00



Yucatan
Guacamole
Mild, Medium or
Spicy, 227g

\$6.49 / EA



Choices
Wild Salmon
Lox Bagels

\$9.99 / EA



Hot Capicola
Ham
Also Emperor

\$3.99 / 100G



Happy Days
Goat Feta
Cheese

\$3.99 / 100G



Dofino
Havarti
Cheese
Assorted Varieties

\$3.49 / 100G



NEW
Whiskey
Oak Smoked
Cheddar
Cheese

\$4.49 / 100G

BAKERY

FRESH BAKED • WHOLESOME



Choices Garlic
Bread with
Roasted
Garlic Butter
320g

\$5.99 / EA



Choices Feta &
Kalamata Olive
Sourdough
Bread
500g

\$5.99 / EA



Choices
Signature
Muffins
Assorted Varieties,
4 Pack

\$5.99 / EA



Choices Keto
Strawberry
Raspberry
Pudding
Also Peanut Butter,
150g

\$3.99 / EA



Choices
Party Cakes
6 Inch

\$19.99 / EA



Uprising Breads
Jumbo
Gingersnap
Cookies
6 Pack

\$4.99 / EA



Aidan's
Fermented
Sourdough
Bread
255g

\$9.99 / EA

APRIL 4 - APRIL 6
FRIDAY TO SUNDAY

20% OFF*

3 DAYS ONLY
YOUR VITAMINS &
SUPPLEMENTS

IN-STORE PURCHASE, INCLUDING ITEMS ON SALE
*Sale not available online.

GROCERY

LOCAL • ORGANIC • SPECIALTY



**Healx Foods
Cauliflower
Fries**
Frozen, 280g

\$5.99



**Amy's
Burrito**
Select Varieties,
Frozen, 170g

\$3.99



**Nature's
Bakery
Fig Bars**
6 Pack

\$7.99



**Left Coast Naturals Organic
Beans, Grains
and Rice**
Select Varieties,
Loose Bins

20% OFF



**So Delicious
Frozen
Desert**
500ml

\$6.99



**Enlightened
Keto Frozen
Desert**
473ml

\$6.99



**Santa Cruz
Organic
Lemonade**
946ml

\$4.99

plus deposit & eco fees



**V.I.P.
Dishwashing
Liquid**
Biodegradable,
740ml

2 FOR \$6.00

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



**Purica
Vitamins &
Supplements**
Assorted Varieties
& Sizes

20% OFF



**Natural Calm
Magnesium**
Assorted Varieties
& Sizes

25% OFF



**Alpha
Supreme
MCT Oil**
Assorted Varieties
& Sizes

20% OFF



**Manitoba
Harvest
Hemp Hearts**
Also Hemp Yeah!
Proteins, Assorted
Varieties & Sizes

20% OFF



**Bio-K Plus
Probiotics**
Dairy or Non-Dairy,
Assorted Varieties,
6 Pack

\$23.99



**Sisu
Vitamins &
Supplements**
Assorted Varieties
& Sizes

20% OFF



**Brightside
Organics
Omega 3
NutraCleanse**
1kg

\$38.99



**Natural
Factors All
Bonus Bottles**
Assorted Varieties
& Sizes

15% OFF



**Nordic Naturals
Omega-3
Supplements**
Assorted Varieties
& Sizes

20% OFF



**Vega Sport
Products**
Assorted Varieties
& Sizes

20% OFF



**Natracare
Natural Feminine
Hygiene
Products**
Assorted Varieties
& Sizes

20% OFF



**Gabriel
Natural
Cosmetics**
Assorted Varieties
& Sizes

20% OFF



Shop online at [ChoicesMarket](https://ChoicesMarket.com)



@ChoicesMarket



/DiscoverChoicesMarket



@ChoicesMarket



Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.