



CHOICES MARKET

100% BC OWNED AND OPERATED

LONG WEEKEND CHOICES!

Prices Effective • May 15 - May 21, 2025

PRODUCT OF
CANADA

FEATURED CHOICE

Pork Back Ribs

Raised Without Antibiotics,
Fresh, \$17.61/KG

\$7.99 / LB

YOU SAVE
50%

SPECIAL PRICE

Strawberries
BC Grown, 340g Pkg.

\$5.98 / EA

PRODUCT OF
CANADA

YOU SAVE
\$3.00

NEW CHOICES POTATO SALADS

GOURMET FLAVOURS IN EVERY BITE

\$1.79 / 100G

MADE IN
CANADA



Baja Potato
Salad



Blue Cheese
Potato Salad



Bombay Curry
Potato Salad



Green Goddess
Potato Salad



Homestyle
Potato Salad



Dijon Potato Salad



YOU SAVE
48%

SPECIAL PRICE

\$14.99 / LB

Ribeye Grilling Steaks

100% Grass Fed, Raised Without Antibiotics,
Pasture Raised, Value Pack, Imported from
Australia, \$33.05/KG



SPECIAL PRICE

\$4.98 / EA

Organic Mini Watermelon
Mexico Grown

YOU SAVE
\$3.00

MADE IN
CANADA



**AOR Vitamins &
Supplements**
Assorted Varieties
& Sizes

20% OFF

MADE IN
CANADA



Choices
Hamburger or Hot
Dog Buns
6 Pack

2 FOR \$8.00

YOU SAVE
27%

MADE IN
CANADA

GLUTEN
FREE



**Hardbite
Potato Chips**
Select Varieties,
150g

\$3.29

YOU SAVE
26%

PRODUCT OF
CANADA



Philips IOTA
Non-Alcoholic
Beer
4 Pack

\$7.99

plus deposit & eco fees

YOU SAVE
25%

PRODUCE FRESH • LOCAL • ORGANIC



**Organic Orange,
Red or Yellow
Peppers**
BC Grown,
\$15.39/KG

\$6.98 / LB



**Organic
Broccoli
Bunched**
USA Grown,
\$7.67/KG

\$3.48 / LB



**Long English
Cucumbers**
BC Grown

\$1.48 / EA

Asparagus
BC Grown,
\$14.29/KG



\$6.48 / LB

**Tomatoes
On the Vine**
BC Grown, \$4.37/KG



\$1.98 / LB

**Gourmet
Bouquet**



\$24.98 / EA

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



Chicken Thighs

100% Veggie Fed, Raised Without Antibiotics,
Fresh, Value Pack, \$11.00/KG

\$4.99 / LB



Choices Own Sausages

Raised Without Antibiotics In-Store Made,
Pork, Chicken or Turkey, Select Varieties

20% OFF



Leg of Lamb Roast

Boneless, Fresh, Raised Without Antibiotics,
Pasture Raised, Product of New Zealand,
\$28.46/KG

\$12.99 / LB



**Inside Round
Steaks or Roasts**

100% Grass Fed,
Raised Without
Antibiotics, Pasture
Raised, Value Pack,
Imported from
Australia, \$19.82/KG

\$8.99 / LB



Sockeye Salmon Fillets

Previously Frozen or Frozen,
Ocean Wise, Value Pack

\$4.79 / 100G



**Freybe's
Pepperoni
Sticks**
500g

\$11.99 / EA

Beef Burgers

100% Grass Fed,
Raised Without
Antibiotics, Pasture
Raised, Imported from
Australia, Fresh, Made
In-Store, \$22.02/KG

\$9.99 / LB



**Maple Leaf
Natural Bacon**

Select Varieties,
Made with Natural
Ingredients, 375g

\$7.99 / EA



WHAT'S NEW
AT CHOICES MARKET

POTATO

SALADS

GOURMET FLAVOURS IN EVERY BITE



Baja



Bombay Curry



Blue Cheese



Dijon



Green Goddess



Homestyle



Nature's Path Organic Eco Pac Cereals

Select Varieties,
650g - 907g

\$9⁴⁹



Terra Granola Original Granola

340g

\$7⁹⁹



Donia Farms Grass Fed Heritage Yogurt

650g

\$5⁹⁹



Go Macro Organic Protein Replenishment Bar

65g & 69g

2 FOR \$7⁰⁰



Bob's Red Mill European Style Muesli

(453g) Also Granola (312g)

25% OFF



Westpoint Naturals Protein Toppers

355g & 375g

\$7⁹⁹



Salt Spring Organic Whole Bean Coffee

400g

\$14⁹⁹



Silk Non Dairy Almond Beverage

Also Cashew, Oat & Soy, 1.75L & 1.89L

\$5⁴⁹

plus deposit & eco fees



Joyya Microfiltered Milk

1L

\$4⁹⁹

plus deposit & eco fees

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



Skinny Pop Popcorn

125g & 150g

\$4⁹⁹



Que Pasa Organic Tortilla Chips

300g & 350g

\$3⁹⁹



Remedy Organic Kombucha

4 Pack

\$8⁹⁹

plus deposit & eco fees



Good Drink Natural Iced Tea

473ml

2 FOR \$6⁰⁰

plus deposit & eco fees



Vita Coco Coconut Water

1L

\$4⁴⁹

plus deposit & eco fees



Ginger People Ginger Chews

84g

2 FOR \$7⁰⁰



Theo Organic Chocolate Bars

85g

\$7⁹⁹



Dandies Vanilla Flavoured Campers Marshmallows

280g

\$5⁹⁹



Chocxo Dark Lemon Crème Cups

98g, Other Varieties Available

\$5⁹⁹



**Earth's Choice
Organic
Peanut Butter**
500g

\$6.49



**Earth's Choice
Organic
Extra Virgin
Olive Oil**
1L

\$28.99



**Earth's Choice
Organic
Lemon Juice**
1L

\$11.99



**Plumm Good
Organic
Rice Thins**
95g

2 FOR \$6.00



Schär Crackers
(210g), Also
Breadsticks (150g)

\$8.49



**Cape Herb &
Spice Table Top
Seasonings & Rubs**
Select Varieties,
36g - 130g

25% OFF



**King Soba
Organic Ramen,
Rice Paper &
Buckwheat
Noodles**
200g - 280g

20% OFF



**Asian Family
Cooking Sauces**
Also Sesame Oil
(200ml - 280ml),
Vermicelli, 250g

20% OFF



**Lucky Foods
Seoul Kimchi**
396g

\$7.99

NOURISHING LIFESTYLES SINCE 1990



**Cows Creamery
Butter**
250g

\$7.99



**Armstrong
Cheese**
Select Varieties,
600g

\$9.99



**Woolwich
Chevreai Goat
Cheese**
113g

\$4.99



**Pasta Tavola
Ravioli**
Original & Plant-Based,
400g

\$9.99



**Daiya Dairy-Free
& Plant-Based
Pizza**
Frozen, 369g - 550g

\$8.99



**Field Roast
Veggie Sausages**
368g

\$7.99



**Katz
Donut Holes**
170g

\$5.99



**Chapman's
Ice Cream**
500ml

\$5.99



**Echoclean 2X
Concentrated
Laundry Wash**
Liquid, 1.5L

\$9.99



— DISCOVER —

THOUSANDS OF CANADIAN CHOICES



100% BC OWNED



CHOICES.MARKET



CHOICES
MARKET

DELI

PREPARED FRESH



**Rosstown
Roasted
Chickens**

\$12.99 / EA



**Choices
Family Size
Greek Salad**
880g

\$15.99 / EA



**Choices
Thai Chicken
Noodle Bowl**
Also Prawn Noodle Bowl,
375g - 415g

\$9.99 / EA



**Choices
Ready to Eat
Wraps**

\$9.99 / EA



**Choices
Turkey Breast**
Cooked or Roasted,
Antibiotic-Free

\$4.99 / 100g



**Summer Fresh
Hummus
Toppers**
255g

\$5.49 / EA



**Kerrygold
Irish Cheese**
198g

\$9.99 / EA



**Aged Parmesan
Cheese**
or Asiago Petals
or Shreds

\$3.99 / 100g



**Castello
Cheese Slices**
125g - 175g

\$7.49 / EA

BAKERY

FRESH BAKED • WHOLESOME



**Choices
Artisan
Cookies**
6 Pack

\$6.99 / EA



**Choices
Lemon
Meringue Pie**
Also Young
Coconut Cream or
Chocolate S'more,
6 Inch

\$6.99 / EA



**Choices
Carrot Tray
Cake**
580g

\$12.99 / EA



**Choices
Tres Leches
Tray Cake**
1210g

\$16.99 / EA



**Bakestone
Brothers
Pita Bread**
6 Pack

2 FOR \$6.00



**Wendel's
Party Cakes**
6 Inch

\$15.99 / EA



**Alkeme
Bagels**
Also Baguettes

15% OFF



**Carbonaut
Low Carb
Hamburger
Buns**
Also Hot Dog,
4 Pack

\$7.49 / EA

DISCOVER THOUSANDS OF CANADIAN CHOICES

As a BC grocer, Choices Market has always made sourcing local and Canadian products our first priority. Building lasting relationships with growers and producers and fostering healthy, sustainable communities are core to who we are. From fresh, farm-to-table produce to premium, local proteins, we offer thousands of Canadian-sourced products to help support our communities while nourishing your family.

100% BC OWNED CHOICES.MARKET

PLANT SALE

Product availability and appearance may vary by location



Organic Assorted Tomato Plant
Tried & True,
4 Inch Pot

\$3.99



Organic Assorted Vegetable Plant
Tried & True,
4 Inch Pot

\$3.99



Premium Organic All Purpose Potting Soil
20 Liter

2 FOR \$21.00



Gardeners Choice Organic Top Soil
Cinnabar Valley,
24 Liter Bag

2 FOR \$17.00



Organic Assorted Herb Plant
Tried & True,
4 Inch Pot

\$4.99



West Coast Seeds Assorted Varieties

10% OFF



Premium Organic Compost Mix
Cinnabar Valley,
10kg Bag

2 FOR \$15.00



West Coast Gardener Mushroom Manure
9kg Bag

2 FOR \$13.00

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN

ALL ITEMS ON SALE



Organika Vitamins and Supplements
Assorted Varieties & Sizes

25% OFF



Enerex Vitamins and Supplements
Assorted Varieties & Sizes

20% OFF



Smart Solutions Vitamins and Supplements
Assorted Varieties & Sizes

30% OFF



Flora Vitamins and Supplements
Assorted Varieties & Sizes

20% OFF



BioSil Hair, Skin, Nails
Assorted Varieties & Sizes

20% OFF



Lily of the Desert Aloe Vera Juice or Gel
Assorted Varieties & Sizes

25% OFF



Acure Face, Hair & Body Care
Assorted Varieties & Sizes

25% OFF



New Roots Vitamin B, C & D Supplements
Assorted Varieties & Sizes

20% OFF



Mountain Sky Natural Body Bar Soap
Assorted Varieties,
135g

\$5.79



Mrs. Meyer's Hand Soap
Assorted Varieties,
370ml

\$6.49



Thinksport Suncare
Also Think Body Care, Assorted Varieties & Sizes

20% OFF



Anne Marie Borlind Natural Facial Care & Cosmetics
Assorted Varieties & Sizes

20% OFF

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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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