



# CHOICES MARKET

100% BC OWNED AND OPERATED

# VEGAN CHOICES!

Prices Effective • June 5 - 11, 2025

## FEATURED CHOICE

**Organic  
Hass Avocados**  
Mexico Grown

**2 FOR \$5.00**

YOU SAVE  
**28%**

## SPECIAL PRICE

**Strawberries**  
BC Grown,  
340g Pkg.

PRODUCT OF  
CANADA

**\$4.98 / EA**

YOU SAVE  
**\$2.00 / Pkg.**

MADE IN  
CANADA

VEGAN

**\$2.49 / 100g**

**Choices Sesame Ginger or Golden  
Curry Tofu Salad**

PRODUCT OF  
CANADA

VEGAN

**\$2.48 / EA**

**Mini Cucumbers**  
Canada Grown, 454g Bag

YOU SAVE  
**\$1.00 / Bag**



**20% OFF**

**Bulk Organic Beans, Rice & Grains**  
Select Varieties, Loose Only

MADE IN  
CANADA

VEGAN

**15% OFF**

**Choices Vegan Desserts**  
Select Varieties

MADE IN  
CANADA

VEGAN



**Living Alchemy  
Your Flora Series  
& Fermented  
Activated Herbals**  
Assorted Varieties  
& Sizes

**20% OFF**

MADE IN  
CANADA

VEGAN



**Prana Organic  
Trail Mix**  
Select Varieties,  
150g

YOU SAVE  
**28%**

**\$4.99**

CANADIAN  
OWNED

VEGAN



**Indianlife  
Frozen Meals**  
Also Condiments,  
Chutneys, Cooking  
Sauces, Snacks  
& Pappadums,  
Assorted Sizes

**25% OFF**



# PRODUCE FRESH • LOCAL • ORGANIC



**Organic Broccoli**  
USA Grown,  
\$6.57/KG

**\$2.98 / LB**



**Organic Peppers**  
From Origin-O Farms,  
Langley, BC,  
Bag of 2

**\$6.98 / EA**

**Hot House  
Orange, Yellow  
or Red Peppers**  
BC Grown,  
\$6.57/KG

**\$2.98 / LB**



**Gourmet  
Bouquet**

**\$24.98 / EA**



**Honeyglow  
Pineapple**  
Grown in  
Costa Rica

**\$5.98 / EA**

## MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



**30% OFF**

**All Boneless Skinless Chicken Breasts**

Fresh, Raised Without Antibiotics,  
Conventional or Organic, Value Pack



**\$8.99 / LB**

**Blade Roast or Steaks**

100% Grass Fed, Raised Without Antibiotics,  
Pasture Raised, Imported from Australia,  
\$19.82/KG



**\$25.99 / LB**

**Beef Tenderloin Steaks**

100% Grass Fed, Raised Without Antibiotics,  
Pasture Raised, Imported from Australia,  
\$57.30/KG



**Boneless  
Pork Chops**  
Centre Cut, Raised  
Without Antibiotics,  
Fresh, \$15.41/KG

**\$6.99 / LB**

**Hand Peeled  
Shrimp Meat**  
Ocean Wise,  
Previously Frozen,  
Chilean

**\$4.99 / 100 G**



**Greenfield  
Bacon**  
Raised Without  
Antibiotics,  
Canadian Raised,  
375g

**\$7.99 / LB**

**Maple Leaf  
All Natural  
Hot Dogs**

Filler Free,  
Select Varieties,  
375g

**\$4.49 / EA**



**Rockfish  
Fillets**  
Ocean Wise,  
Fresh

**\$1.99 / 100 G**

**Duso's  
Pasta**  
Select Varieties,  
250g - 300g

**\$6.49 / EA**







**Farm Girl  
Natural Protein  
& Prebiotic  
Fibre Cereal**  
280g

**\$10<sup>99</sup>**



**Stahlbush Island  
Farms Certified  
Sustainable  
Frozen Fruit**  
Select Varieties,  
283g ~ 300g

**\$5<sup>99</sup>**



**Nana Pops!  
Frozen Bars**  
Banana -Based,  
4 Pack

**\$6<sup>99</sup>**



**Larabar  
Energy Bar**  
45g & 48g



**2 FOR \$4<sup>00</sup>**



**Green Organic  
Organic  
Vegetables**  
Frozen, 500g

**\$4<sup>49</sup>**



**Eden  
Organic Beans**  
398ml

**2 FOR \$7<sup>00</sup>**



**Tofurky  
Deli Slices**  
156g

**\$4<sup>99</sup>**



**Beyond Meat  
Sausage**  
(400g), Also Steak  
Seared Tips (226g)

**\$9<sup>99</sup>**



**Naked & Saucy  
Organic Sauces**  
Select Varieties,  
296ml & 473ml

**\$6<sup>99</sup>**

## DISCOVER VEGAN & PLANT-BASED CHOICES



**Pastificio G.  
Di Martino  
Pasta**  
Select Varieties,  
500g

**\$3<sup>99</sup>**



**Mutti Italian  
Whole Peeled  
Tomatoes**  
(796ml), Also Organic  
Passata Strained  
Tomatoes (540ml)

**\$4<sup>99</sup>**



**Erawan Brand  
Rice Vermicelli**  
Also Rice Sticks,  
454g

**\$3<sup>29</sup>**



**Greenhouse  
Organic  
Almond Milk**  
Also Oat Milk,  
946ml

**\$5<sup>49</sup>**

plus deposit & eco fees



**Clif Bar  
Energy Bars**  
68g

**\$2<sup>19</sup>**



**Bubbies Pickles**  
(1L), Also Sauerkraut  
(750ml)

**\$10<sup>99</sup>**



**Kettle Brand  
Party Size  
Potato Chips**  
368g

**\$5<sup>99</sup>**



**Only Goodness  
Organic Tortilla  
Chips**  
300g

**\$4<sup>99</sup>**



**Only Goodness  
Organic  
Kombucha**  
500ml

**\$3<sup>99</sup>**

plus deposit & eco fees





— DISCOVER —

# THOUSANDS OF CANADIAN CHOICES



100% BC OWNED



CHOICES.MARKET



CHOICES  
MARKET





**Happy Planet  
Creamery Organic  
Grass Fed  
2% Milk**  
1.5L

**\$6<sup>99</sup>**

plus deposit & eco fees



**Dairyland  
Organic Milk**  
1.89L

**\$5<sup>99</sup>**

plus deposit & eco fees



**Donia Farms  
Grass Fed  
Feta Cheese**  
300g

**\$9<sup>99</sup>**



**Oso Negro  
Whole Coffee  
Beans**  
340g

**\$15<sup>99</sup>**



**Liberté  
Greek Yogourt**  
0% Also 2% Plain,  
Select Varieties,  
1kg

**\$8<sup>99</sup>**



**Uncle Luke's  
Organic  
Maple Syrup**  
1L

**\$29<sup>99</sup>**



**Pukka  
Organic Tea**  
20 Bags

**\$6<sup>99</sup>**



**Saputo  
Shredded Cheese**  
320g

**\$7<sup>49</sup>**



**Arla Organic  
Cream Cheese**  
200g

**\$4<sup>99</sup>**

**NOURISHING LIFESTYLES SINCE 1990**



**Farming Karma  
Non-Alcoholic  
Mocktails**  
Also Soda, 4 Pack

**\$6<sup>99</sup>**

plus deposit & eco fees



**Thirsty Buddha  
Prebiotic Soda**  
355ml

**2 FOR \$5<sup>00</sup>**

plus deposit & eco fees



**Guayakí Organic  
Yerba Mate**  
458ml

**2 FOR \$5<sup>50</sup>**

plus deposit & eco fees



**Ritter Sport  
Chocolate Bars**  
Select Varieties, 100g

**\$4<sup>99</sup>**



**Pür Gum  
Pouches**  
77g

**\$3<sup>99</sup>**



**Real Foods  
Organic  
Corn Thins**  
150g

**2 FOR \$5<sup>00</sup>**



**Righteous Gelato  
& Sorbetto**  
473ml

**\$7<sup>49</sup>**



**Deebee's  
Organic  
Superfruit  
Freezies**  
10 Pack

**\$6<sup>99</sup>**



**Old Dutch  
Potato Chips**  
Also Ridgies,  
Select Varieties  
200g & 235g

**2 FOR \$8<sup>00</sup>**



# DELI

PREPARED FRESH



**Choices**  
**Croissant**  
**Sandwiches**

**\$7.99** / EA



**Choices**  
**Wild Salmon**  
**Lox Bagels**

**\$8.99** / EA



**Choices**  
**Chicken Skewers**  
Ready to Eat, 55g

**3 FOR \$9.00**



**Choices BBQ**  
**Chicken Legs**  
Also Rosemary  
& Garlic,  
Ready to Eat

**\$3.49** / 100G



**Choices**  
**Macaroni Salad**  
Also Homestyle  
Potato or Coleslaw

**\$1.79** / 100G



**Choices**  
**Summer Spinach**  
**& Turkey Salad**  
Also Potato & Salmon,  
275g - 390g

**\$9.99** / EA



**Freybe**  
**Fresh Sliced**  
**Chicken**  
**Breast**

**\$4.49** / 100G



**Havarti**  
**Cheese**  
Creamy or Light

**\$3.49** / 100G



**Choices**  
**Bocconcini**  
**Skewers**  
160g - 180g

**2 FOR \$10.00**



**Goat Feta**  
**Cheese**

**\$3.49** / 100G

# BAKERY

FRESH BAKED • WHOLESOME



**Choices**  
**Caramelized**  
**Onion &**  
**Rosemary Loaf**  
Also Cranberry &  
Walnut, 420g

**\$5.99** / EA



**Choices**  
**Strawberry**  
**Pudding**  
Also Raspberry  
or Peanut Butter,  
150g

**\$3.99** / EA



**Choices**  
**Party Cakes**  
600g

**\$14.99** / EA



**Choices**  
**Peanut Butter**  
**Bar**  
Also Mocha Coffee  
or Signature  
Nanaimo,  
70g - 85g

**\$2.99** / EA



**Choices**  
**Signature**  
**Muffins**  
4 Pack

**\$5.99** / EA



**Silver Hills**  
**Sprouted**  
**Power Breads**  
430g - 616g

**\$4.99** / EA



**Dempster's Deluxe**  
**Hamburger or**  
**Hot Dog Buns**  
6 - 8 Pack  
New **Spicy Habanero**  
Hamburger Buns

**\$4.99** / EA



**Little**  
**Northern**  
**Bakehouse**  
**Loaves**  
454g - 482g

**\$6.49** / EA

## DISCOVER THOUSANDS OF CANADIAN CHOICES

As a BC grocer, Choices Market has always made sourcing local and Canadian products our first priority. Building lasting relationships with growers and producers and fostering healthy, sustainable communities are core to who we are. From fresh, farm-to-table produce to premium, local proteins, we offer thousands of Canadian-sourced products to help support our communities while nourishing your family.



100% BC OWNED



CHOICES.MARKET



# GROCERY

LOCAL • ORGANIC • SPECIALTY



**Only Goodness Cooking Sauces**  
Select Varieties,  
296ml

**\$5.99**



**Only Goodness Lactose Free Cheese**  
400g

**\$8.99**



**Only Goodness Apple Cider Vinegar**  
473ml

**\$3.99**



**Only Goodness Dish Wash**  
532ml

**2 FOR \$7.00**



**Raincoast Sockeye Salmon**  
Select Varieties,  
160g

**\$6.99**



**Porta Pizza**  
Frozen,  
400g - 500g

**\$11.99**



**Caboo Bamboo Bathroom Tissue**  
12 Rolls

**\$9.99**



**Echoclean 2X Concentrated Ultra Laundry Wash Liquid**  
2.95L

**\$16.99**

## WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



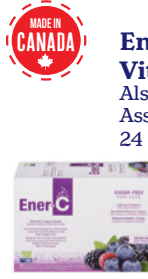
**AlgaeCal Plant Calcium**  
90 Caps

**\$36.99**



**Platinum Naturals Vitamins & Supplements**  
Assorted Varieties & Sizes

**20% OFF**



**Ener-C Effervescent Vitamin C**  
Also Vitamin D Drink Mix,  
Assorted Varieties,  
24 - 30 Pack

**\$16.99**



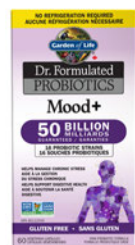
**New Roots Digestive & Plant Enzymes**  
Assorted Sizes

**20% OFF**



**LeanFit Proteins & Sports Nutrition Supplements**  
Assorted Varieties & Sizes

**25% OFF**



**Garden of Life Dr. Formulated Probiotics**  
Assorted Varieties & Sizes

**20% OFF**



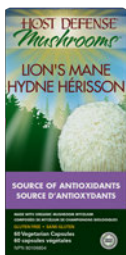
**Iron Vegan Sprouted Protein**  
Also Sports Nutrition Supplements,  
Assorted Varieties & Sizes

**20% OFF**



**Naturtint Natural Permanent Hair Color**  
Assorted Colours,  
1 Kit

**\$16.99**



**Host Defense Lions Mane & Mushroom Powders**  
Assorted Varieties & Sizes

**20% OFF**



**New Roots Wild Omega 3**  
Assorted Sizes

**20% OFF**



**Now Vitamins & Supplements**  
Assorted Varieties & Sizes

**20% OFF**



**Oneka Body Care**  
Assorted Varieties & Sizes

**20% OFF**

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Kitsilano - 2627 W 16th Ave, Vancouver  
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver  
South Surrey - 3248 King George Blvd, Surrey  
Burnaby Crest - 8683 10th Ave, Burnaby  
Abbotsford - 3033 Immel St, Abbotsford  
Kelowna - 1937 Harvey Ave, Kelowna  
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