



CHOICES MARKET

100% BC OWNED AND OPERATED

SUMMER SAVINGS!

Prices Effective • June 19 - 25, 2025

FEATURED CHOICE

Lean Ground Beef

100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Value Pack, Imported from Australia, Ground Fresh in Store, \$13.18/KG

\$5.98 / LB

YOU SAVE
56%

SPECIAL PRICE

Hass Avocados
Mexico Grown

2 FOR **\$4.00**

YOU SAVE
32%



NEW

SPECIAL PRICE

\$8.99 / EA

Queens Castle Cheddar Slices
Assorted Varieties, 150g

YOU SAVE
31%



MADE IN CANADA

SPECIAL PRICE

2 FOR **\$9.00**

**Portofino Brioche
Hamburger Buns**
Also Hot Dog or Potato, 6 Pack

YOU SAVE
44%



MADE IN CANADA

**Vega
All-in-One
Nutritional Shakes**
Assorted Varieties,
827g - 876g

\$49.99



MADE IN CANADA

**Ener-C
Effervescent
Vitamin C**
or Vitamin D Drink Mix
Assorted Varieties,
24 - 30 Pack

\$15.99



MADE IN CANADA

**Covered Bridge
Potato Chips**
142g & 170g

YOU SAVE
36%

2 FOR **\$6.00**



MADE IN CANADA

**Chapman's
Frozen Yogurt**
2L

YOU SAVE
23%

\$6.49

WEDNESDAY, JUNE 25 ONLY

ONE DAY SALE

15%

OFF*

YOUR IN-STORE PURCHASE, INCLUDING ITEMS
ON SALE THROUGHOUT THE ENTIRE STORE.

*Excluding Lotto and Gift Card purchases.
See page 5 for details. Sale not available online.

PRODUCE FRESH • LOCAL • ORGANIC



Organic Heirloom Tomatoes
BC Grown,
\$15.39/KG

\$6.48 / LB



Warba Nugget Potatoes
BC Grown,
907g Bag

\$3.98 / EA



Strawberries
BC Grown,
907g Pkg.

\$15.98 / EA

Organic Ataulfo Mangoes
Mexico Grown



\$1.98 / EA

Sun Rich Fruit Cups
Fruit Salad, Apple &
Grapes, Pineapple,
Cantaloupe,
Watermelon,
251g ~ 312g Pkg.



\$4.98 / EA

Hot House Mixed Coloured Peppers
BC Grown, 907g Bag



\$4.98 / EA

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



Chicken Drumsticks
100% Veggie Fed, Raised Without Antibiotics,
Fresh, Value Pack, \$8.80/KG

\$3.99 / LB



Fresh Lean Beef Burgers
100% Grass Fed, Raised Without Antibiotics,
Pasture Raised, Value Pack, Imported From
Australia, Fresh Made in Store, \$22.02/KG

\$9.99 / LB



Fresh Marinated Chicken Breast Kabobs
100% Veggie Fed, Raised Without Antibiotics,
Made in Store, 110g ~ 130g
Price shown is per skewer.

\$2.99 / EA



Pork Sirloin Chops
Boneless, Raised
Without Antibiotics,
Fresh, or Roast,
\$11.00/KG

\$4.99 / LB



Ahi Tuna Steaks
Ocean Wise, Frozen
or Previously
Frozen, 6 oz

\$4.49 / EA



Harvest Bacon
500g

\$13.99 / EA

Lamb Racks or Chops
Boneless, Fresh,
Raised Without
Antibiotics, Pasture
Raised, Product
of New Zealand,
\$59.50/KG



\$26.99 / LB

Prawn Cakes
Lemon Dill or
Hot Thai Chili, Frozen
or Previously Frozen,
2 Pack



\$4.99 / EA

Northern Glacier Shrimp
Raw, 31 to 40 Count
or Cooked, 41 to 50
Count, Ocean Wise,
Frozen



\$9.99 / EA

JUNE 25 ONLY!



**ONE
DAY**

SALE!



***Excluding Lotto and Gift Card purchases.
Sale not available online.**



**Barbara's
Bakery
Cheez Curls**
155g & 198g

2 FOR \$7⁰⁰



**Fresh Is Best
Tri-Flavour
Tortilla Chips**
(300g), Also
Taco Shells (114g)

\$4⁴⁹



**Gimme Organic
Seaweed Snacks**
6 Pack

\$7⁹⁹



**Clif Bar
Energy Bars**
Select Varieties,
68g

2 FOR \$4⁰⁰



**Rise Botanicals
Organic
Kombucha**
414ml

2 FOR \$8⁰⁰
plus deposit & eco fees



**Roar Organic
Infusion
Coconut Water**
532ml

\$2⁹⁹
plus deposit & eco fees



**Guayaki
Organic
Yerba Mate**
458ml

2 FOR \$6⁰⁰
plus deposit & eco fees



**Fiji Natural
Artesian
Water**
1.5L

2 FOR \$6⁰⁰
plus deposit & eco fees



**Boylan Bottling
Cane Sugar
Soda**
4 Pack

\$9⁹⁹
plus deposit & eco fees

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Pukka
Organic Tea**
20 Bags

\$6⁹⁹



**Earth's Choice
Organic Coffee**
Whole Bean,
340g

\$13⁹⁹



**Stash
Organic Tea**
Also Conventional,
16 - 20 Bags

\$4⁹⁹



**Ritter Sport
Chocolate Bar**
Select Varieties,
100g

\$4⁴⁹



**Haribo
Gummies**
170g & 175g

\$3⁷⁹



**Love Child Organics
Organic Fruit &
Veggie Purée**
128ml

2 FOR \$6⁰⁰



**Oat & Mill
Geloato Bar**
3 x 90ml

\$6⁹⁹



**Let's Do
Gluten-Free
Sugar Cones**
132g

\$5⁹⁹



**Mochi
Coconut Ice
Dessert**
450g

\$8⁹⁹



**Donia Farms
Grass Fed
Heritage Milk**
2L

\$6.49

plus deposit & eco fees



Enter in-store
to Win a Paddle
Board! Check out
our instagram for
more giveaways.

**Manitoba Harvest
Hemp Yeah!
Organic Granola**
283g

\$5.99



**Califia Farms
Dairy-Free
Beverage**
Select Varieties,
1.4L

\$4.99

plus deposit & eco fees



**Donia Farms
Grass Fed
Butter**
Salted & Unsalted,
250g

\$9.99



**Woolwich
Chevrai
Soft Fresh Goat
Cheese**
113g

\$4.99



**Olympic
Organic
Yogurt**
Select Varieties,
1.75kg

\$11.99



**Liberté
Grec Yogourt**
Select Varieties,
650g & 750g

\$7.99



**Armstrong
Sliced Cheese**
220g & 240g

\$5.99

NOURISHING LIFESTYLES SINCE 1990



**Acropolis
Organic
Extra Virgin
Olive Oil**
1L

\$39.99



**Koops
Organic
Mustard**
325ml

\$3.49



**Maison Orphée
Extra Virgin
Olive Oil**
Select Varieties,
750ml

\$24.99



**Bubbies Kosher
Dill Pickles**
(1L), Also
Sauerkraut (750ml)

\$10.99



**Safe Catch
Wild Albacore
Tuna**
142g

\$5.99



**RW Garcia
Veggie Crackers**
155g & 188g

\$6.99



**Caboo
Sustainable
Bamboo Paper
Products**
Select Varieties

20% OFF



Porta Pizza
Frozen,
400g ~ 500g

NOW
12 INCHES

\$11.99



**Gardein
Plant-Based
Chick'n, Beef
& Fish**
Select Varieties,
Frozen, 190g ~ 390g

\$7.49



— DISCOVER —

THOUSANDS OF CANADIAN CHOICES



100% BC OWNED



CHOICES.MARKET



CHOICES
MARKET

PRODUCE FRESH • LOCAL • ORGANIC



PRODUCT OF CANADA

Grape Tomatoes
BC Grown,
1 Dry Pint

2 FOR \$5.00



Organic Black or Red Plums
USA Grown,
\$13.19/KG

\$5.98 / LB



Everyday Bouquet

\$15.98 / EA



Organic Blueberries
USA Grown,
170g Pkg.

\$4.98 / EA



Sweet Potatoes
USA Grown,
\$6.57/KG

\$2.98 / LB



Asiatic Lily

\$8.98 / EA

DELI PREPARED FRESH



PRODUCT OF CANADA

Roasted Chickens
Antibiotic Free

\$15.99 / EA



MADE IN CANADA

NEW

Choices Asian Broccoli Salad
Also Bangkok Noodle,
Try a Sample

\$2.29 / 100G



MADE IN CANADA

Choices Spinach Turkey Sunshine Salad
Also Greek or Summer Potato & Salmon, 275g - 440g

\$9.99 / EA



MADE IN CANADA

Choices Thai Chicken Noodle Bowl
Also Prawn,
375g - 415g

\$9.99 / EA



MADE IN CANADA

Choices Ready to Eat Wraps

\$8.99 / EA



MADE IN CANADA

Vegetable Gyoza
Also Chicken or Pork

10 FOR \$4.00



MADE IN CANADA

Freybe Fresh Sliced Salami
or Capicola Ham,
Select Varieties

\$3.79 / 100G



MADE IN CANADA

Bothwell Cheese

\$4.29 / 100G



PRODUCT OF CANADA

NEW

Creekside Creamery Organic Cheese
Select Varieties

20% OFF

WEDNESDAY,
JUNE 25 ONLY

ONE DAY SALE 15% OFF*

YOUR IN-STORE PURCHASE, INCLUDING ITEMS ON SALE THROUGHOUT THE ENTIRE STORE.

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BAKERY FRESH BAKED • WHOLESOME



Choices Seeded Sourdough Rye Bread
Also Olive & Feta Sourdough,
500g - 760g

\$5.99 / EA



Choices Tray Bake Cakes
210g - 330g

\$8.99 / EA



Choices Low Carb Chocolate Mousse
Also Cookies & Cream Cheesecake,
60g - 90g

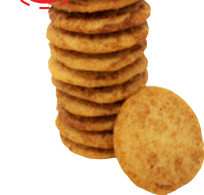
\$4.99 / EA

BULK FOODS



Organic Almonds & Cashews
Loose Only,
Select Varieties

20% OFF



Choices Signature Cookies
12 Pack

\$5.99 / EA



Little Northern Bakehouse Loaves
454g - 482g

\$6.49 / EA



Carbonaut Low Carb Hamburger Buns
Also Hot Dog,
4 Pack

\$7.49 / EA



Earthling Apple Pie Cake Boxes
Also Yuzu Pistachio,
Gluten Free,
180g

\$6.49 / EA

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



AlgaeCal Plant Calcium
90 Caps

\$36.99



AOR Vitamin B Complex
180 Capsules

\$59.99



Platinum Naturals Vitamins and Supplements
Assorted Varieties & Sizes

20% OFF



New Chapter Vitamins & Supplements
Assorted Varieties & Sizes

15% OFF



NutraSea Omega-3 Fish Oil Supplements
Assorted Varieties & Sizes

20% OFF



NOW Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Salus Floradix & Floravit Supplements
Assorted Varieties & Sizes

20% OFF



Living Alchemy Your Flora Series & Fermented Activated Herbs
Assorted Varieties & Sizes

20% OFF



All Good Suncare & Lotion
Assorted Varieties & Sizes

30% OFF



Badger Face Care & Hair Oils
Assorted Varieties & Sizes

30% OFF



Boiron Homeopathic Remedies
Assorted Varieties & Sizes

20% OFF



Preferred Nutrition Berberine
Assorted Varieties & Sizes

20% OFF



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CHOICES MARKET

Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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