



# CHOICES MARKET

100% BC OWNED AND OPERATED

## CANADIAN CHOICES!

Prices Effective • June 26 - July 2, 2025



**SPECIAL PRICE**

**Striploin  
Grilling Steaks**  
100% Grass Fed, Raised  
Without Antibiotics,  
Pasture Raised, Value Pack,  
Imported from Australia, or  
Roast

**BUY 1 GET 1 FREE**

**SPECIAL PRICE**

**Organic Cherries**  
BC Grown, \$17.59/KG

**\$7.98 / LB**

YOU SAVE  
**27%**

FROM  
CAWSTON, BC

# SUNCARE SALE 20% OFF\*

ALL SUNCARE ITEMS IN-STORE,  
INCLUDING ITEMS ON SALE.

\*Sale not available online.  
Valid from June 26 - July 2.



RAISED IN  
WESTERN  
CANADA

**25% OFF**

**Choices Own Sausages**

Raised Without Antibiotics, In Store Made,  
Pork, Chicken or Turkey, Select Varieties



FROM  
FRASER VALLEY,  
BC

**\$12.99 / EA**

**Rosstown Roasted Chickens**



FROM  
VANCOUVER,  
BC

**Choices  
Hamburger or  
Hot Dog Buns**  
6 Pack

**2 FOR \$8.00**



FROM  
BURNABY, BC

**49th Parallel  
Coffee**  
340g

YOU SAVE  
**25%**

**\$16.99**



FROM  
VANCOUVER,  
BC

**Natural Factors  
Vitamins &  
Supplements**  
Assorted Varieties &  
Sizes

**15% OFF**



FROM  
VANCOUVER,  
BC

**Prairie Naturals  
Vitamins,  
Supplements  
& Hair Care**  
Assorted Varieties & Sizes

**20% OFF**

## FEATURED CANADIAN CHOICE

**Humble Rumbles  
Organic Potato  
Chips**

Also Organic  
Humble Chips,  
135g

**\$2.99**

YOU SAVE  
**40%**

FROM  
GUELPH, ON





# PRODUCE FRESH • LOCAL • ORGANIC



**Organic Warba  
Nugget Potatoes**  
BC Grown,  
\$6.57/KG

**\$2.98 / LB**



**Organic Green or  
Red Leaf Lettuce**  
BC Grown

**\$2.98 / EA**



**Mini Sweet  
Peppers**  
BC Grown,  
454g Bag

**\$3.98 / EA**

**Organic  
Lemons**

Grown in Peru,  
907g Bag

**\$5.98 / EA**



**Organic Yumi Label  
Red Watermelon**

USA Grown,  
\$3.26/KG

**\$1.48 / LB**



**Organic  
Zucchini**

BC Grown,  
\$6.57/KG

**\$2.98 / LB**



**Organic Grape  
Tomatoes**

Canada Grown,  
1 Dry Pint

**\$3.98 / EA**



## MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



**\$4.99 / LB**

**Chicken Thighs**

Fresh, 100% Veggie Fed, Raised Without Antibiotics, Value Pack, or Marinated, \$11.00/KG



**\$7.99 / LB**

**Pork Tenderloin**

Fresh, Boneless, Raised Without Antibiotics, or Medallions, \$17.61/KG



**\$15.99 / LB**

**Organic Sirloin Tip Steaks or Roasts**

100% Organic, Grass Fed, Grain Finished, \$35.25/KG



**Rosdown  
Marinated  
Chicken Breasts**  
Fresh, 100% Veggie Fed, Raised Without Antibiotics,  
Value Pack, \$28.64/KG

**\$12.99 / LB**

**Grimm's  
Smokies**

or European Wieners,  
375g - 450g

**\$7.99 / EA**



**\$4.99 / 100G**

**Sockeye Salmon Fillets**

Fresh, Ocean Wise,



**Freybe  
Pepperoni Sticks**  
Fully Cooked,  
No Refrigeration  
Required, 500g

**\$11.99 / EA**

**Sockeye**

**Salmon Lox**

Ocean Wise,  
Previously Frozen

**\$5.49 / 100 G**








CHOICES  MARKET

THURSDAY, JUNE 26 TO WEDNESDAY, JULY 2

# SUNCARE SALE



Sale not available online.

SHOP ONLINE AT [CHOICES.MARKET](https://www.choices.market)  /DiscoverChoicesMarket  @ChoicesMarket  @ChoicesMarket



 <p><b>Prana Organic Trail Mix &amp; Overnight Oats</b> Select Varieties</p> <p><b>20% OFF</b></p>	 <p><b>Frankie's Organic Puffs</b> 113g ~ 140g</p> <p><b>\$3.49</b></p>	 <p><b>Angie's Boom Chicka Pop Popcorn</b> Select Varieties, 125g ~ 198g</p> <p><b>\$5.99</b></p>
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 <p><b>Cove Organic Kombucha</b> 355ml</p> <p><b>2 FOR \$5.00</b> plus deposit &amp; eco fees</p>	 <p><b>Patience Organic 100% Pure Cranberry Juice</b> 946ml</p> <p><b>\$9.99</b> plus deposit &amp; eco fees</p>	 <p><b>Edna's Non-Alcoholic Beverages</b> 4 Pack</p> <p><b>\$11.99</b> plus deposit &amp; eco fees</p>
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 <p><b>Dairyland Organic Half &amp; Half Cream</b> 10% M.F., 473ml</p> <p><b>2 FOR \$6.00</b></p>	 <p><b>Happy Planet Creamery Organic Grass Fed Milk</b> 2% M.F., 1.5L</p> <p><b>\$6.99</b> plus deposit &amp; eco fees</p>	 <p><b>ChocXO Organic Dark Chocolate Cups</b> Select Varieties, 98g</p> <p><b>\$5.99</b></p>
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# DISCOVER CANADIAN MADE CHOICES

 <p><b>Olympic Organic Yogurt</b> 650g</p> <p><b>\$4.99</b></p>	 <p><b>Armstrong Cheese</b> 600g</p> <p><b>\$9.99</b></p>	 <p><b>Riviera Coconut Milk Yogurt</b> Also Oat Milk, Select Varieties, 500g &amp; 650g</p> <p><b>\$5.99</b></p>
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 <p><b>Yves Veggie Cuisine</b> Select Varieties, 121g ~ 380g</p> <p><b>20% OFF</b></p>	 <p><b>Nuts For Cheese Plant-Based Organic Cheese</b> 120g ~ 210g</p> <p><b>\$9.99</b></p>	 <p><b>Happy Pops Ice Pops</b> 4 Pack</p> <p><b>\$6.99</b></p>
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 <p><b>O'Doughs Gluten Free Hamburger Buns</b> Also Sandwich Thins, 510g</p> <p><b>25% OFF</b></p>	 <p><b>Nature's Choice Spices</b> 1g ~ 70g</p> <p><b>25% OFF</b></p>	 <p><b>V.I.P. Dish Soap</b> 740ml</p> <p><b>\$2.99</b></p>
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**Cabana  
Natural  
Lemonade**  
591ml

**2 FOR \$6.00**

plus deposit & eco fees



**Vita Coco  
Coconut Water**  
500ml

**\$2.49**

plus deposit & eco fees



**Perrier  
Sparkling Water**  
Select Varieties,  
1L

**\$2.29**

plus deposit & eco fees



**Alter Eco  
Organic  
Chocolate Bars**  
75g - 84g

**\$3.99**



**Kettle Brand  
Party Size  
Potato Chips**  
368g

**\$5.49**



**Sunflower  
Kitchen  
Organic  
Hummus**  
227g

**\$4.49**



**Dandies Vegan  
Marshmallows**  
Select Varieties, 283g  
Also Jumbo Camper  
Marshmallows, 280g

**\$5.49**



**McVitie's  
Digestive  
Cookies**  
Also Hob Nobs,  
300g - 400g

**\$5.99**



**Only Goodness  
Bamboo  
Dinner Napkins,  
Wooden Utensils,  
Paper Plates**  
Select Varieties

**20% OFF**

**NOURISHING LIFESTYLES SINCE 1990**



**Yo Mama's  
Ketchup**  
Also BBQ & Buffalo  
Sauces, 385ml

**\$5.99**



**Hellmann's  
Real Mayonnaise**  
445ml

**\$4.99**



**Maille  
Old Style  
Mustard**  
200ml

**\$5.99**



**Beyond Meat  
Burger**  
Also Breakfast  
Sausage &  
Chicken Tenders,  
226g - 235g

**\$7.99**



**Divina  
Stuffed Olives**  
(375ml), Also  
Organic Bruschetta  
(230ml)

**20% OFF**



**Annie's  
Pasta**  
Select Varieties,  
149g - 170g

**2 FOR \$7.00**



**Chosen Foods  
100% Pure  
Avocado Oil**  
750ml

**\$19.99**



**Pamela's  
Pancake &  
Baking Mix**  
680g

**\$10.99**



**Just Egg  
Folded Plant Egg**  
227g

**\$7.99**





— DISCOVER —

# THOUSANDS OF CANADIAN CHOICES



100% BC OWNED



CHOICES.MARKET



CHOICES  
MARKET



# PRODUCE FRESH • LOCAL • ORGANIC



**Organic Celery**  
USA Grown,  
\$4.37/KG

**\$1.98** / LB



**Ataulfo Mangoes**  
Mexico Grown

**2 FOR \$3.00**



**Gourmet Bouquet**

**\$24.98** / EA



**Yellow Flesh Peach**  
USA Grown,  
\$6.57/KG

**\$2.98** / LB



**Yellow Flesh Nectarine**  
USA Grown,  
\$6.57/KG

**\$2.98** / LB



**Carnations**

**\$8.98** / EA

## DELI PREPARED FRESH



**Ready to Eat BBQ Full Rack of Ribs**  
Hot or Cold

**\$12.99** / EA



**Choices Pasta Salads**

**\$2.19** / 100G



**Choices Family Size Salads**  
400g - 550g

**\$10.99** / EA



**Choices Fresh Tomato Salsa**  
Also Roasted Corn or Mango,  
350g

**\$6.99** / EA



**Summer Fresh Dips & Hummus**  
Select Varieties,  
200g - 227g

**2 FOR \$8.00**



**Italian Sliced Prosciutto**  
Also Salami,  
80g - 120g

**\$8.99** / EA



**Saputo Mozzarella Fresca Cheese**  
190g

**2 FOR \$12.00**



**Castello Cheese Slices**  
125g - 165g

**\$7.49** / EA



**Castello Gouda, Havarti or Aged Cheddar Cheese Wedges**  
200g

**\$8.99** / EA

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## BAKERY FRESH BAKED • WHOLESOME



**Choices  
Artisan  
Cookies**  
6 Pack

**\$6.99 / EA**



**Choices  
Tuxedo Cake**  
450g

**\$12.99 / EA**



**Choices  
Canada Day  
Maple  
Shortbread**  
195g

**\$5.99 / EA**

## BULK FOODS



**Organic Nuts**  
Includes Walnuts,  
Brazil, Macadamia,  
Peanuts, Pine &  
Pistachio Also  
Select Mixed Nuts,  
Bulk Bins Only

**20% OFF**



**La Tortilla  
Factory  
Tortillas**  
200g - 496g

**20% OFF**



**Olivia's  
Cake Pops**  
Pack of 6

**\$8.99 / EA**



**Rebel Foods  
Cookies**  
10 Pack

**\$8.99 / EA**



**Choices  
Artisan  
Fruit Pies**  
8 Inch

**\$10.99 / EA**

## WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



**CanPrev  
Vitamins &  
Supplements**  
Assorted Varieties  
& Sizes

**20% OFF**



**Pascoe  
Vitamins &  
Supplements**  
Assorted Varieties  
& Sizes

**20% OFF**



**Oneka  
Body Care**  
Assorted Varieties  
& Sizes

**20% OFF**



**Host Defense  
Lions Mane  
& Mushroom  
Powders**  
Assorted  
Varieties & Sizes

**20% OFF**



**New Roots  
Digestive &  
Plant Enzymes**  
Assorted  
Varieties & Sizes

**20% OFF**



**Manitoba  
Harvest Hemp  
Hearts**  
Also Hemp  
Yeah! Proteins,  
Assorted Varieties  
& Sizes

**25% OFF**



**Bio-K Plus  
Probiotics**  
Dairy or  
Non Dairy,  
Assorted Varieties,  
6 Pack

**\$22.99**



**Botanica  
Organic  
Vitamins &  
Supplements**  
Assorted  
Varieties & Sizes

**25% OFF**



**Naturtint  
Natural  
Permanent  
Hair Colour**  
Assorted Colours,  
1 Kit

**\$16.99**



**Newco  
Natural Body  
Care**  
Assorted  
Varieties & Sizes

**20% OFF**



**Dr. Bronner's  
Non GMO Organic  
Pure-Castile Soap**  
Assorted Varieties,  
473ml

**\$16.99**



**Santevia  
Alkaline  
Water Pitchers,  
Water Systems  
& More**  
Assorted Varieties  
& Sizes

**20% OFF**



Shop online at [ChoicesMarket](https://www.choices.market)



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**Kerrisdale** - 1888 W 57th Ave, Vancouver  
**Yaletown** - 1202 Richards St, Vancouver  
**Cambie** - 3493 Cambie St, Vancouver  
**Kitsilano** - 2627 W 16th Ave, Vancouver  
**Commercial Drive** - 1045 Commercial Dr, Vancouver

**North Vancouver** - 801 Marine Dr, North Vancouver  
**South Surrey** - 3248 King George Blvd, Surrey  
**Burnaby Crest** - 8683 10th Ave, Burnaby  
**Abbotsford** - 3033 Immel St, Abbotsford  
**Kelowna** - 1937 Harvey Ave, Kelowna  
**Parksville** - 319 Island Hwy East, Parksville

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