



CHOICES MARKET

100% BC OWNED AND OPERATED

BEACH DAY CHOICES!

Prices Effective • July 3 ~ July 9, 2025



PRODUCT OF CANADA

Organic Blueberries
BC Grown,
2.27kg Pkg.

\$39.98 / EA

YOU SAVE 20%

Organic Raspberries
BC Grown,
1 Dry Pint

\$5.98 / EA

PRODUCT OF CANADA

YOU SAVE 50%

SPECIAL PRICE

SATURDAY, JULY 5 ONLY

YALETOWN ANNIVERSARY SALE!

**10% OFF
ENTIRE STORE***
INCLUDING SALE ITEMS

**IN-STORE PURCHASE, INCLUDING ITEMS
ON SALE THROUGHOUT THE ENTIRE STORE.**
*Excluding Lotto and Gift Card purchases.
One Day sale offer valid at Yaletown location only.
See page 5 for details. Sale not available online.



MADE IN CANADA

Choices Croissant Sandwiches

\$7.99 / EA



PRODUCT OF CANADA

Chicken Thighs
Fresh, Boneless,
Skinless, Value Pack,
\$16.51/KG

\$7.49 / LB



MADE IN CANADA

**Hardbite All Natural
Potato Chips**
150g

2 FOR \$5.00

YOU SAVE 44%

GLUTEN FREE



MADE IN CANADA

**Flow Naturally
Alkaline Spring Water**
1L

2 FOR \$5.00

YOU SAVE 26%

plus deposit & eco fees



MADE IN CANADA

**Silver Hills
Organic
Hamburger or
Hot Dog Buns**
6 Pack

2 FOR \$9.00

YOU SAVE 30%



MADE IN CANADA

**Prairie Naturals
Superfoods**
Select Varieties,
Assorted Sizes

20% OFF



MADE IN CANADA

**Partake
Non-Alcoholic Beer**
4 Pack

\$7.99

YOU SAVE 27%

plus deposit & eco fees

PRODUCE FRESH • LOCAL • ORGANIC



Organic Kale
Green, Black or Red,
BC Grown, Sold by
the Bunch

\$3.48 / EA



**Organic
Tomatoes
On the Vine**
BC Grown,
\$10.98/KG

\$4.98 / LB



**Organic Yellow
Flesh Nectarines**
USA Grown,
907g Pkg.

\$9.98 / EA

Cherries
BC Grown,
\$7.67/KG



\$3.48 / LB

Broccoli Crowns
BC Grown,
\$6.57/KG



\$2.98 / LB

**Sun Rich Fruit
Fusion or Veggie
Tray**
1.05kg or 708g



\$13.98 / EA

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



\$12.99 / LB

Top Sirloin Steaks

100% Grass Fed, Raised Without Antibiotics,
Pasture Raised, Value Pack, Imported from
Australia, or Roast, \$28.64/KG



\$4.99 / LB

Pork Butt Shoulder Steaks

Fresh, Boneless, Raised Without Antibiotics, or
Roast, \$11.00/KG



15% OFF

All Ground Poultry

Fresh, 100% Veggie Fed, Turkey or Chicken,
Raised Without Antibiotics or Organic



**Split Chicken
Wings**
Fresh, 100% Veggie
Fed, Raised Without
Antibiotics, Also
Marinated,
\$15.41/KG

\$6.99 / LB



\$3.99 / 100G

Steelhead Fillets

Fresh, Ocean Wise, Value Pack



**Grimm's
Pepperoni Bites**
300g - 375g

\$7.99 / EA

Selection may vary by store

Greenfield Bacon

Raised Without
Antibiotics, Canadian
Raised, 375g



\$7.99 / EA

Northern Glacier Cooked Shrimp

Hand Peeled,
Ocean Wise,
Frozen, 340g



\$9.99 / EA

YALETOWN ANNIVERSARY SALE & CHARITY BBQ

SATURDAY, JULY 5



JOIN US THIS SATURDAY

To celebrate Choices Yaletown's anniversary!

1202 Richards St., Vancouver


- Complimentary slice of anniversary cake from 11:00am – 1:00pm
- Charity Barbeque from 11:00am – 1:00pm

All proceeds go to BC Cancer.

*Anniversary sale offer valid at Choices Yaletown location only.

Sale not available online. Excludes gift card purchases.



SHOP ONLINE AT **CHOICES.MARKET**  /DiscoverChoicesMarket  @ChoicesMarket  @ChoicesMarket



**Barbara's
Cheez Puffs**
Made with Real
Cheddar Cheese
155g & 198g

2 FOR \$7⁰⁰



**Rise
Better Soda**
355ml

2 FOR \$3⁰⁰

plus deposit & eco fees



**Brew Dr.
Organic
Kombucha**
Select Varieties,
414ml

\$2⁹⁹

plus deposit & eco fees



**Fever-Tree
Tonic Water**
Also Ginger Beer
(4 Pack) &
Non-Carbonated
Mojito Mix (750ml)

\$7⁹⁹

plus deposit & eco fees



**Blue Monkey
Sparkling Fruit
Juice**
330ml

\$1⁹⁹

plus deposit & eco fees



**Mary's
Organic Crackers**
Select Varieties,
120g - 184g

\$6⁹⁹



**Old Dutch
Restaurant Style
Tortilla Chips**
Also Arriba &
Crunch Chips,
200g - 295g

2 FOR \$8⁰⁰



**Mrs. Renfro's
All Natural
Salsa**
473ml

\$7⁹⁹



**Deebee's Organics
Superfruit Freezies**
Also Organic Tropical,
Frozen or Ambient,
10 Pack

\$6⁹⁹

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Ben & Jerry's
Ice Cream**
Select Varieties,
473ml

\$5⁹⁹



**Oat & Mill
Dairy-Free
Geloato Bars**
270ml (3 Pack) &
500ml Tubs, Frozen

\$7⁹⁹



**Rico'n Lalo
All Natural
Fruit Bars**
Frozen, 4 Pack

\$5⁹⁹



**Love Good Fats
Bars**
39g & 40g

2 FOR \$5⁰⁰

SAVE
MORE ON A
CASE OF 12



Pür Gum
77g Also New
Jumbo Gum (81g)

\$3⁹⁹



**RW Knudsen
Just Juice**
946ml

\$10⁹⁹

plus deposit & eco fees



**Café William
Organic
Coffee**
300g & 340g

\$10⁹⁹



**Canadian
Heritage
Organics
Maple Syrup**
1L

\$29⁹⁹



**Nuts to You
Almond Butter**
735g

\$16⁹⁹



**Dairyland
Lactose Free
Milk**
1.89L

\$5.99

plus deposit & eco fees



**Silk Almond
Beverage**
Also Coconut,
Soy & Oat,
1.75L & 1.89L

\$5.49

plus deposit & eco fees



**Terra
Original Granola**
Also Pistachio &
Pure Crunch,
800g & 850g

\$15.99



**Donia Farms
Grass-Fed
Heritage Yogurt**
650g

\$5.49



**Yoggu!
Coconut Yogurt**
450g

\$7.99



**One Degree
Organic Crisps,
Granola & Flour**
Select Varieties,
227g - 907g

25% OFF



**Saputo
Shredded Cheese**
320g

\$6.99



**L'Ancêtre
Organic
Cheese**
Select Varieties Also
Grass Fed, 325g

\$12.99



**L'Ancêtre
Organic Butter**
454g

\$11.99

NOURISHING LIFESTYLES SINCE 1990



**GoGo Quinoa
Organic Pasta**
227g

ALSO
20% OFF
ASSORTED
PRODUCTS

2 FOR \$7.00



**Rustichella
d'Abruzzo
Pasta**
500g

\$6.99



**Favuzzi Infused
Extra Virgin
Olive Oil**
With Crushed Lemon,
Orange & Hot Pepper,
250ml

\$16.99



**Kikkoman
Teriyaki Sauce**
Also Takumi
Korean BBQ Sauce,
290ml - 472ml

25% OFF



**Simply Organic
Spices**
Select Varieties,
4g - 133g

25% OFF



**Spectrum
Eggless
Mayonnaise**
473ml

\$6.99



**Konscious
Plant-Based
Sushi Rolls**
Also Onigri &
Poke Bowl, Frozen,
204g - 293g

\$6.99



**Sunrise
Medium Tofu**
454g

2 FOR \$4.00



**Field Roast
Vegan Sausages**
368g

\$6.99



— DISCOVER —

THOUSANDS OF CANADIAN CHOICES



100% BC OWNED



CHOICES.MARKET



CHOICES
MARKET

PRODUCE FRESH • LOCAL • ORGANIC



**Organic
Valencia
Oranges**
USA Grown,
\$6.57/KG

\$2.98 / LB



Grapefruit
Grown in South
Africa,
1.36kg Bag

\$5.98 / EA



**Gourmet
Bouquet**

\$24.98 / EA



Cauliflower
USA Grown

\$3.98 / EA



Corn on the Cob
USA Grown

4 FOR \$6.00



Sunflowers
3 Stems

\$5.98 / EA

DELI PREPARED FRESH



Choices
**Ready to Eat
Chicken Skewers**
55g

3 FOR \$9.00



**Choices Quinoa
Tabouleh Salad**
Also Moroccan
Chickpea

\$1.99 / 100G



Choices
**Hearty Kofta
Salad Bowl**
Also Booster Box,
250g - 430g

\$8.99 / EA



**Summer Fresh
Hummus
Toppers**
255g

\$5.49 / EA



**Vegetable
Herb Samosa**
Includes
Tamarind
Chutney, 160g

2 FOR \$6.00



**Black Forest
Ham**

\$2.49 / 100G



**Tre Stelle
Feta Cheese**
200g

\$6.99 / EA



**Cows Creamery
1 Year Old
Cheddar Cheese**
Also 2 or 3 Years Old,
200g

15% OFF



**Provolone
Cheese**
Also Smoked
Provolone

\$3.99 / 100G

**VALETOWN
ANNIVERSARY
SALE!**



10% OFF
ENTIRE STORE*
INCLUDING SALE ITEMS

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BAKERY FRESH BAKED • WHOLESOME



**Silver Hills
Sprouted
Power Breads**
430g - 615g

\$4.99 / EA



**Silver Hills
Sprouted Power
Organic Bagels**
5 Pack

\$5.49 / EA



**Choices
Signature
Mini Muffins**
4 Pack

2 FOR \$7.00



**Bulk Organic
Chocolate &
Yogurt Covered
Almonds
& Raisins**
Bins Only, Select
Varieties

20% OFF



**Choices
Multigrain
Bread**
Also Avocado
Bread,
420g - 530g

\$5.99 / EA



**Choices
Lemon
Meringue Pie**
Also Young
Coconut Cream,
6 Inch

\$7.99 / EA



**Choices
Dessert Cups**
150g

\$4.49 / EA



**Indianlife
Naan**
Also Roti or
Tortilla Wraps,
250g - 500g

\$6.49 / EA

WELLNESS REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



**Natural Calm
Magnesium**
Assorted Varieties,
226g

\$25.99



**SUKU
Vitamins &
Supplements**
Assorted Varieties
& Sizes

25% OFF



**Prairie Doctor
Herbal
Tinctures**
Assorted Varieties
& Sizes

20% OFF



**Genuine
Health
Vitamins &
Supplements**
Assorted Varieties
& Sizes

20% OFF



**Vega Sport
Protein**
Assorted Varieties,
801g - 837g

\$47.99



**MegaFood
MultiVitamins**
Assorted Varieties
& Sizes

20% OFF



**CanPrev
Magnesium
Supplements**
Assorted Varieties

20% OFF



**Bio-K Plus
Probiotics**
Dairy & Non-Dairy,
Assorted Varieties,
12 Pack

\$43.99



**Think Sport
& Think Baby
Suncare**
Assorted Varieties
& Sizes

20% OFF



**Soap Works
Bar Soap**
Assorted Varieties,
90 - 110g

\$2.79



**Green Beaver
Face Care,
Body Care &
Oral Care**
Assorted Varieties
& Sizes

20% OFF



**Routine.
Natural
Deodorant**
Assorted Varieties,
50g - 58g

\$24.99



Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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