

# CHOICES MARKET

100% BC OWNED AND OPERATED

## BLUEBERRY BONANZA!

Prices Effective • July 24 ~ July 30, 2025

PRODUCT OF  
CANADA

**FEATURED  
CANADIAN CHOICE**

**Organic  
Blueberries**

BC Grown, 5 lbs

**\$32.98 / EA**



MADE IN  
CANADA

**SPECIAL PRICE**

**\$8.99 / EA**

**Choices Artisan Blueberry Pie**  
8 Inch



**YOU SAVE  
30%**



PRODUCT OF  
CANADA

**NEW! MAPLE BLUEBERRY  
BREAKFAST SAUSAGES**

**SPECIAL PRICE**

**25% OFF**

**Choices Own Sausages**  
Raised Without Antibiotics,  
In Store Made, Pork, Chicken  
or Turkey, Select varieties



PRODUCT OF  
CANADA

**Blueberries**  
BC Grown, 1lb

**\$3.98 / EA**



MADE IN  
CANADA

**Organic Traditions  
Superfoods**  
Assorted Varieties  
& Sizes

**30% OFF**



MADE IN  
CANADA

**Patience Organic  
Blueberry Juice**  
946ml

**YOU SAVE  
47%**

**\$8.99**  
plus deposit & eco fees



MADE IN  
CANADA

**The Granola  
King Gourmet  
Granola**  
750g

**YOU SAVE  
38%**

**\$10.99**

**WEDNESDAY, JULY 30 ONLY**

**NORTH VANCOUVER  
ONE DAY SALE**

**15%**

**OFF\***

**IN-STORE PURCHASE, INCLUDING ITEMS  
ON SALE THROUGHOUT THE ENTIRE STORE.**

\*Excluding Lotto and Gift Card purchases.  
See page 5 for details. Sale not available online.



# PRODUCE FRESH • LOCAL • ORGANIC



**Raspberries**  
BC Grown, 6oz

**\$4.98** / EA



**Blackberries**  
BC Grown, 6oz

**\$4.98** / EA



**Strawberries**  
BC Grown, 340g

**\$4.98** / EA

**Organic Peaches**  
BC Grown,  
907g Bag



**\$6.98** / EA



**Organic White Nugget Potatoes**  
BC Grown,  
\$6.57/KG



**\$2.98** / LB



**Bunched Organic Red Beets**  
BC Grown



**\$3.98** / EA



## MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



**\$7.99** / LB

### Sirloin Tip Steaks

or Roast, 100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Imported from Australia, Value Pack, \$17.61/KG



**\$4.49** / LB

### Chicken Legs

Fresh, 100% Veggie Fed, Raised Without Antibiotics, Value Pack, \$9.90/KG



**\$8.99** / LB

### Extra Lean Ground Beef

100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Imported from Australia, Value Pack, Made Fresh In Store, \$19.82/KG



**Rosdown Marinated Chicken Breast**  
Boneless Skinless,  
Raised Without Antibiotics

**\$9.99** / EA



**BUY 1 GET 1 FREE**

### Pork Butt Steaks

or Roast, Fresh, Boneless,  
Raised Without Antibiotics



**Rockfish Fillets**  
Fresh, Ocean Wise

**\$1.99** / 100G

### Freybe European Wieners

Also European Frankfurters, Bavarian Smokies, 500g ~ 600g

**\$9.99** / EA



### Lemon Dill or Hot Thai Chili Prawn Cakes

Frozen or Previously Frozen, Ocean Wise, 2 Pack

**\$4.99** / EA





**JULY 30 ONLY!**



**ONE  
DAY**

**SALE!**

**AT OUR NORTH VANCOUVER LOCATION ONLY**

**15%  
OFF  
ENTIRE STORE  
INCLUDING SALE ITEMS\***

**\*Excluding Lotto and Gift Card purchases.**

**Sale not available online.**

**Sale offer valid at**

**North Vancouver location only.**





**Only Goodness Organic Blueberries**  
Frozen, 1.5kg

**\$12<sup>99</sup>**



**Olympic Organic Yogurt**  
650g

**\$4<sup>99</sup>**



**True Taste Cafe Waffles**  
400g

**\$6<sup>99</sup>**



**Freeyumm Oat Bars**  
Also Cookies,  
135g - 154g

**\$3<sup>99</sup>**



**Happy Planet Organic Juice**  
Organic Pomegranate & Blueberry or Mango Peach, 1.75L

**\$5<sup>99</sup>**

plus deposit & eco fees



**Guayaki Organic Yerba Mate**  
458ml

SAVE MORE ON A CASE

**2 FOR \$7<sup>00</sup>**

plus deposit & eco fees



**Cove Organic Kombucha**  
355ml

**2 FOR \$5<sup>00</sup>**

plus deposit & eco fees



**Flow Naturally Alkaline Water**  
1L

**2 FOR \$5<sup>00</sup>**

plus deposit & eco fees



**Roar Organic Infusions**  
532ml

**2 FOR \$5<sup>00</sup>**

plus deposit & eco fees

**DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND**



**Zevia No Sugar Soda**  
6 Pack

**\$5<sup>99</sup>**

plus deposit & eco fees



**Santa Cruz Organic Lemonade**  
946ml

**\$4<sup>99</sup>**

plus deposit & eco fees



**Biosteel Sports Drink**  
500ml

**\$2<sup>99</sup>**

plus deposit & eco fees



**Trubar Super Natural Indulgence Bar**  
Plant Based,  
50g

**\$2<sup>99</sup>**



**Clever Gin & Tonic Mocktails**  
355ml Also Sober Carpenter Non-Alcoholic Beer,  
473ml

**2 FOR \$5<sup>00</sup>**

plus deposit & eco fees



**Greenhouse Organic Booster Shots**  
4 Pack

**\$12<sup>99</sup>**

plus deposit & eco fees



**Hornby Organic Energy Bars**  
80g

**2 FOR \$5<sup>00</sup>**



**Camino Organic Chocolate Bars**  
80g & 100g

**\$5<sup>99</sup>**



**The Ginger People Gin-Gins Candy**  
Also Ginger Minced  
31g - 128g, Also  
Ginger Juice, 147ml

**20% OFF**





**Liberté  
Méditerranée  
Yogurt**  
500g

**\$4.99**



**Califia Farms  
Organic  
Unsweetened  
Almond Milk**  
1.4L

**\$5.99**

plus deposit & eco fees



**Riviera Organic  
Petit Pots Yogurt**  
Also Goat Yogurt,  
Select Varieties,  
4 Pack

**\$6.99**



**Natura  
Enriched Almond  
Beverage**  
Also Organic Soy,  
Rice & Oat, 946ml

**\$2.99**

plus deposit & eco fees



**Shady Maple  
Farms  
Organic  
Maple Syrup**  
500ml

**\$14.99**



**Gay Lea  
Real Coconut  
Whipped  
Topping**  
225g

**\$5.99**



**Tre Stelle  
Ricotta Cheese**  
475g

**\$5.99**



**Armstrong  
Sliced Cheese**  
220g & 240g

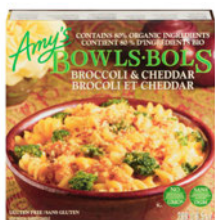
**\$5.49**



**Nuts To You  
Almond Butter**  
735g

**\$17.99**

**NOURISHING LIFESTYLES SINCE 1990**



**Amy's  
Meals & Bowls**  
Frozen, 241g - 284g

**\$7.49**



**Cobram Estate  
Extra Virgin  
Olive Oil**  
1L

**\$29.99**



**Primal Kitchen  
Organic  
Unsweetened  
Ketchup**  
300ml

**\$9.99**



**Chapman's  
Super Premium  
Plus Ice Cream**  
500ml

**\$5.99**



**Eve's  
Crackers**  
108g

**\$6.49**



**Beyond Meat  
Burger**  
Also Breaded  
Chicken Tenders,  
226g

**\$7.99**



**Grazy  
Non-Dairy  
Frozen Dessert**  
500ml

**\$6.99**



**Eco Max  
Natural  
Laundry Wash**  
3L

**\$16.99**



**Nature Clean  
Dishwasher  
Pacs**  
24 Pack

**\$8.99**





— DISCOVER —

# THOUSANDS OF CANADIAN CHOICES



100% BC OWNED



CHOICES.MARKET



CHOICES  
MARKET



# PRODUCE FRESH • LOCAL • ORGANIC



**Organic Grape Tomatoes**  
Grown in Canada,  
1 Pint

**\$3.98** / EA



**Mandarin Oranges**  
Grown in Peru,  
907g

**\$4.98** / EA



**Crazy Daisies**  
5 Stems

**\$8.98** / EA



**Seedless Mini Watermelon**  
USA Grown

**\$5.98** / EA



**Sun Rich Assorted Fruit Cups**  
251g - 312g

**\$4.98** / EA



**Gourmet Bouquet**

**\$24.98** / EA

## DELI PREPARED FRESH



**Roasted Chicken Halves**

**\$6.99** / EA



**Choices Quinoa Salads**  
Also New Quinoa  
Tabouleh

**\$1.99** / 100G



**Choices Mexican Quesadillas**  
Also Fajitas  
or Burritos,  
200g - 375g

**\$7.49** / EA



**Choices Wild Salmon Lox Bagels**

**\$8.99** / EA



**Vegetable Herb Samosa**  
160g

**2 FOR \$6.00**



**Summer Fresh Hummus Toppers**  
255g

**\$5.49** / EA



**Natural Pastures Brie Cheese**  
Also Camembert

**\$5.49** / 100G



**Castello Cheese Slices**  
125g - 175g

**\$7.49** / EA



**Tre Stelle Feta Cheese**  
Also Lactose-Free,  
200g

**\$6.99** / EA

WEDNESDAY,

JULY 30 ONLY

**NORTH VANCOUVER**

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# BAKERY

FRESH BAKED • WHOLESOME



**Choices Wholesome Country Bread**  
Also Multiseed Sourdough,  
575g - 600g

2 FOR \$9.00



**Portofino Brioche Hamburger Buns**  
Also Hot Dog or Potato, 6 Pack

\$6.99 / EA



**Bakestone Brothers Organic Bagels**  
6 Pack

\$5.99 / EA

# BULK FOODS



**Organic Pumpkin Seeds**  
Also Organic Sunflower Seeds,  
Bulk Bins Only,  
Select Varieties

20% OFF



**Uprising Breads Jumbo Gingersnap Cookies**  
6 Pack

2 FOR \$9.00



**Choices Blueberry Muffins, Scones or Cheesecake Bars**

20% OFF



**Promise Hamburger Buns**  
Also Hot Dog, 250g

\$8.99 / EA



**Alkeme Breads**  
Also Bagels or Baguettes

15% OFF

# WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



**Genuine Health Vitamins & Supplements**  
Assorted Varieties & Sizes

20% OFF



**Natural Factors Digestive Enzymes**  
Also Digestive Support, Assorted Varieties & Sizes

15% OFF



**Sisu Vitamins & Supplements**  
Assorted Varieties & Sizes

20% OFF



**Good Protein All-in-One Shake**  
Assorted Varieties, 880g

\$61.99



**Bio-K Plus Probiotics**  
Dairy & Non Dairy, Assorted Varieties, 12 Pack

\$43.99



**Natural Factors Stress & Sleep Supplements**  
Assorted Varieties & Sizes

15% OFF



**Ecoideas Superfoods Chia Seeds**  
Also Maca & Moringa Powders, Assorted Varieties & Sizes

20% OFF



**Brightside Organics Omega 3 NutraCleanse**  
1kg

\$36.99



**ThinkSport Body Care & Suncare**  
Also Think Baby, Assorted Varieties & Sizes

20% OFF



**Natracare Natural Feminine Hygiene Products**  
Assorted Varieties & Sizes

20% OFF



**Routine. Natural Deodorant**  
Assorted Varieties, 50g - 58g

\$24.99



**Purica Curcumin & Magnesium Supplements**  
Assorted Varieties & Sizes

20% OFF



Shop online at [ChoicesMarket](https://www.choices.market)



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**Kerrisdale** - 1888 W 57th Ave, Vancouver  
**Yaletown** - 1202 Richards St, Vancouver  
**Cambie** - 3493 Cambie St, Vancouver  
**Kitsilano** - 2627 W 16th Ave, Vancouver  
**Commercial Drive** - 1045 Commercial Dr, Vancouver

**North Vancouver** - 801 Marine Dr, North Vancouver  
**South Surrey** - 3248 King George Blvd, Surrey  
**Burnaby Crest** - 8683 10th Ave, Burnaby  
**Abbotsford** - 3033 Immel St, Abbotsford  
**Kelowna** - 1937 Harvey Ave, Kelowna  
**Parksville** - 319 Island Hwy East, Parksville

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