



CHOICES MARKET

100% BC OWNED AND OPERATED

LONG WEEKEND SAVINGS!

Prices Effective • July 31 - August 6, 2025



SPECIAL PRICE

**Striploin
Grilling Steaks**
100% Grass Fed, Raised
Without Antibiotics,
Pasture Raised, Value Pack,
Imported from Australia,
or Roast

BUY 1 GET 1 **FREE**



Corn
BC Grown

5 FOR **\$5.00**

YOU SAVE
49%



2 FOR **\$8.00**

**Choices Hamburger
or Hot Dog Buns**
6 Pack

YOU SAVE
27%



Terra Granola
Including Original, Pure Crunch
& Pistachio, 340g

\$6.99

YOU SAVE
30%



SPECIAL PRICE

\$7.98 / LB

Organic Cherries
BC Grown, \$17.59/KG

YOU SAVE
27%



**Organika
Electrolytes**
Assorted Varieties
& Sizes

30% OFF



**Fresh is Best
Yellow Corn
Tortilla Chips**
300g

YOU SAVE
39%

2 FOR **\$6.00**

FEATURED CANADIAN CHOICE



**Rosdown
Roasted
Chickens**

2 FOR **\$20.00**

YOU SAVE
33%

PRODUCE FRESH • LOCAL • ORGANIC



Hass Avocados
Mexico Grown

2 FOR \$4.00



Organic Peaches
BC Grown,
\$8.77/KG

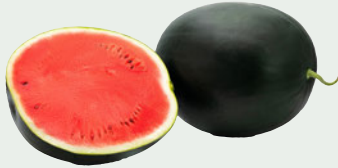
\$3.98 / LB



Romaine Hearts
BC Grown

\$4.98 / EA

Organic Yumi Watermelon
USA Grown,
\$3.92/KG



\$1.78 / LB

Organic Celery
BC Grown,
\$6.57/KG



\$2.98 / LB

Organic Lemons
Peru Grown,
907g Bag



\$6.98 / EA

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



Organic Top Sirloin Steaks
100% Organic, Grass Fed, Grain Finished,
or Roast, \$44.07/KG

\$19.99 / LB



Marinated Chicken Breast Kabobs
Fresh, 100% Veggie Fed,
Raised Without Antibiotics, Made in
Store, 110g - 130g,
2 Pack

\$5.98 / EA
works out to
\$2.99 per skewer

Split Chicken Wings

Fresh, Raised Without Antibiotics, 100% Veggie Fed, Also Marinated,
\$15.41/KG

\$6.99 / LB



Lean Beef Burgers
Fresh, 100% Grass Fed, Raised Without Antibiotics,
Pasture Raised, Value Pack, Imported from
Australia, Made in Store, \$19.82/KG

\$8.99 / LB



Raised Without Antibiotics Pork Ribs
Fresh, Back Ribs or St. Louis Style

25% OFF



Sockeye Salmon Burger Patties
Sundried Tomato & Asiago or Spinach and Feta,
Frozen or Previously Frozen, 4oz

2 FOR \$8.00



Grimm's Smokies
or European
Wieners,
375 g - 450g



\$6.99 / EA



Steelhead Fillet
Fresh, Ocean Wise, Value Pack

\$3.99 / 100G

Northern Glacier Cooked Shrimp

Hand Peeled,
Ocean Wise,
Frozen, 340g

\$9.99 / EA





**Tree Island
Cream Top
Yogurt**
Grass Fed,
500g

\$4.99



**49th Parallel
Coffee Beans**
340g

\$14.99



**Dairyland
Creamo**
Half & Half Cream,
10% M.F.,
946ml

\$3.99



**Hippie Snacks
Crisps**
Including Cauliflower,
Banana, Almond,
Avocado, 70g & 110g

\$4.49



**Elias Raw
Creamed
Natural Honey**
500g

\$9.99



**Chocxo
Organic Dark
Chocolate Cups**
Select Varieties,
98g

\$5.99



**Rico'n Lalo
Frozen
Fruit Bars**
4 Pack

\$5.99



**Poptastic
Popcorn**
Select Varieties,
130g

2 FOR \$7.00



**SunRype 100%
Pure Apple Juice**
or Orange Juice,
Unsweetened,
5 x 200ml

\$2.79
plus deposit & eco fees

DISCOVER BC LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Tofino
Raw Organic
Kombucha**
355ml

2 FOR \$6.00
plus deposit & eco fees



**Covered Bridge
Potato Chips**
Gluten Free,
Select Varieties,
142g & 170g

2 FOR \$7.00



**Vortex
High PH
Alkaline Water**
9.5 PH, 1.5L

2 FOR \$4.00
plus deposit & eco fees



**Hazel's
Ice Cream Bars**
3 Pack

\$9.99



**Spinnakers
Sparkling
Water & Soda**
473ml

2 FOR \$4.00
plus deposit & eco fees



**Berri Fresh
Cold Pressed
Juice**
370ml

\$5.49
plus deposit & eco fees



**Las Margaritas
Salsa**
500ml

\$6.99



**Naked & Saucy
Organic Coconut
Aminos**
(473 ml), Also Organic
Cooking & Seasoning
Sauces, (296 ml)

25% OFF



**Yes!i
Nutritional Yeast
Salad Dressings
& Dips**
350ml

\$6.99



— DISCOVER —

THOUSANDS OF CANADIAN CHOICES



100% BC OWNED



CHOICES.MARKET



CHOICES
MARKET



**Dairyland
Organic Milk**
1.89L

\$5.49

plus deposit & eco fees



**Nature's Path
Organic Eco Pack
Cereals**

Also Organic
Envirokidz Cereals,
650g - 907g

\$8.99



**Blue Diamond
Almond Breeze
Beverage**
946ml

2 FOR \$5.00

plus deposit & eco fees



**Evive
Smoothie Cubes**
Frozen, 405g

\$9.99



**Earthbound Farm
Organic Fruit**
Frozen, 300g

\$4.99



**gomacro Organic
Protein Bars**
65g & 69g

2 FOR \$7.00



**Cabana
Natural
Lemonade**
591ml

2 FOR \$6.00

plus deposit & eco fees



**Prana Organic
Almonds, Cashews
& Select Mixed
Nuts**
Select Varieties, 150g

\$6.99



**Harmless
Harvest
Organic
Coconut Water**
473ml

\$5.49

plus deposit & eco fees

NOURISHING LIFESTYLES SINCE 1990



**Sunflower
Kitchen
Organic
Hummus**
227g

\$3.99



**Laiki Rice
Crackers**
100g

2 FOR \$7.00



**Armstrong
Cheese**
600g

\$9.99



**Made Good
Organic
Soft Cookies**
Also Organic
Puffed Crackers
100g - 121g

2 FOR \$8.00



**L'Ancêtre
Organic Cheese**
Select Varieties,
325g

\$12.99



**Caboo
Sustainable
Bathroom Tissue**
24 Rolls

\$19.99

PRODUCE FRESH • LOCAL • ORGANIC



**Organic
Green Onions**
BC Grown



\$1.98 / EA



Green Beans
BC Grown,
\$9.88/KG



\$4.48 / LB



**Gourmet
Bouquet**

\$24.98 / EA



**Black & Red
Plums**
USA Grown,
\$6.57/KG

\$2.98 / LB



**Organic Seedless
Red & Green
Grapes**
USA Grown,
\$10.98/KG

\$4.98 / LB



Gerbera
5 Stems

\$9.98 / EA

DELI PREPARED FRESH



NEW

Potato Salads
6 Flavours to Discover.
Come try a Sample!

\$1.79 / 100G



**Choices
Olives &
Antipasto**
150g - 200g

15% OFF



**Choices Fresh
Tomato Salsa**
Also Roasted
Corn or Mango,
350g

\$6.99 / EA



**Choices
Fresh Rolls**
148g - 245g

\$6.49 / EA



**Summer Fresh
Dips &
Hummus**
200g - 227g

2 FOR \$8.00



**Italian Sliced
Prosciutto**
Also Salami,
80g - 120g

\$8.99 / EA



**El Señor
Mexican
Cheese**
190g - 300g

20% OFF



**Burrata
Cheese**
250g

\$15.99 / EA



**Organic Creekside
Agassiz Cheese**
per 100g

20% OFF

DISCOVER THOUSANDS OF CANADIAN CHOICES

As a BC grocer, Choices Market has always made sourcing local and Canadian products our first priority. Building lasting relationships with growers and producers and fostering healthy, sustainable communities are core to who we are. From fresh, farm-to-table produce to premium, local proteins, we offer thousands of Canadian-sourced products to help support our communities while nourishing your family.



100% BC OWNED



CHOICES.MARKET

BAKERY FRESH BAKED • WHOLESOME



Choices Vegan Almond Crunch Cookies
or Double Chocolate Vegan Cookies,
6 Pack

\$6.99 / EA



Choices Scones
Assorted Varieties,
2 Pack

\$3.99 / EA



Choices Lemon Meringue Pie
or S'Mores,
8 Inch

\$12.99 / EA

BULK FOODS



Organic Nuts & Mixes
Bulk Bins Only,
Select Varieties

20% OFF



Choices Tres Leches Tray Bake
Also Carrot Cake,
Keto Mousse,
210g - 330g

\$8.99 / EA



Bakestone Brothers Pita Bread
6 Pack

2 FOR \$5.00



Carbonaut Hamburger Buns
Also Hot Dog,
5 - 6 Pack

\$7.49 / EA

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



New Roots Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Nordic Naturals Fish Oil Supplements
Assorted Varieties & Sizes

25% OFF



Nuun Hydration Electrolytes
Sport, Boost,
Immunity & Vitamin
Tabs, Assorted
Varieties & Sizes
10 Tabs

\$10.49



Canprev Beauty Supplements
Assorted Varieties & Sizes

25% OFF



Enerex Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Natural Factors Magnesium Supplements
Assorted Varieties & Sizes

15% OFF



Preferred Nutrition Berberine
Assorted Varieties & Sizes

20% OFF



Flora Probiotics
Assorted Varieties & Sizes

20% OFF



Andalou Naturals Face Care & Body Care
Assorted Varieties & Sizes

25% OFF



Mineral Fusion Natural Cosmetics
Assorted Varieties & Sizes

25% OFF



Flora Organic Flax Oil
Assorted Varieties & Sizes

20% OFF



NutraVege Omega-3 Plant DHA & EPA
Assorted Varieties & Sizes

20% OFF



Shop online at [ChoicesMarket](https://ChoicesMarket.com)



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@ChoicesMarket



CHOICES MARKET

Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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