



CHOICES MARKET

100% BC OWNED AND OPERATED

BUY ONE GET ONE FREE!

Prices Effective • August 14 - August 20, 2025



SPECIAL PRICE

**Chicken
Drumsticks or Thighs**
Fresh, Raised Without
Antibiotics, 100% Veggie Fed,
Value Pack

BUY 1 GET 1 FREE



BUY 1 GET 1 FREE

Choices Croissant Sandwiches
200g-250g, Assorted Variety



BUY 1 GET 1 FREE

Northern Glacier Shrimp
Raw, 31 to 40 Count or Cooked, 41 to 50 Count,
Ocean Wise, Frozen, 340g



BUY 1 GET 1 FREE

Long English Cucumber
B.C. Grown



BUY 1 GET 1 FREE

Choices Sourdough Bread
Levain Style, 530g



**Nuun Hydration
Electrolytes ~ Sport,
Boost, Immunity &
Vitamin Tabs**
Assorted Varieties,
10 Tablets

BUY 1 GET 1 FREE



**Phillip Adam
Hair Care**
Assorted Varieties,
355ml

BUY 1 GET 1 FREE



**Bioitalia
Organic Beans**
398ml

BUY 1 GET 1 FREE

PRODUCE FRESH • LOCAL • ORGANIC



Organic Nectarine Bag
B.C. Grown, 907g

\$7⁹⁸



Avery Family Farms Assorted Greens
B.C. Grown

\$3⁴⁸



Blueberry Box
B.C. Grown, 2.27 kg

\$23⁹⁸

Organic Rainbow or Red Chard
B.C. Grown, Bunch



\$2⁹⁸



Organic Grape or Cherry Tomato
B.C. Grown

\$5⁴⁸



On The Vine Tomato
B.C. Grown, \$4.37/kg

\$1⁹⁸ / LB



Broccoli Crown
B.C. Grown, \$6.57/kg

\$2⁹⁸ / LB



MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



BUY 1 GET 1 FREE

Sable Fish Fillets
Ocean Wise, Fresh



BUY 1 GET 1 FREE

Pork Shoulder Butt Roast or Steaks
Fresh, Raised Without Antibiotics



\$7⁹⁹ / LB

Sirloin Tip Steak or Roast
100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Value Pack, Imported from Australia, \$17.61/KG



Ahi Tuna Steaks
Ocean Wise, Frozen or Previously Frozen, 6oz

\$4⁷⁹ / EA

Extra Lean Ground Beef

100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Value Pack, Imported from Australia, Ground Fresh in Store, \$19.82/KG

\$8⁹⁹ / LB



25% OFF

All Frozen Legends Haul Products
Burgers, Grinds, Sausages



Harvest Bacon
500g

\$13⁹⁹ / EA



Grimm's Sizzlin' Smokies
450g

\$7⁹⁹ / EA



Tonica Organic Kombucha
355ml

BUY 1 GET 1 **FREE**
plus deposit & eco fees



Only Goodness Smoothie Blend
Frozen, 500g & 600g

BUY 1 GET 1 **FREE**



Cwench Hydration Sports Drink
500ml

BUY 1 GET 1 **FREE**
plus deposit & eco fees



Healthy Hippo Gummies
50g

BUY 1 GET 1 **FREE**



Prana Organic Trail Mix
Select Varieties, 150g

BUY 1 GET 1 **FREE**



Simply Protein Bars
40g

BUY 1 GET 1 **FREE**



Egglife Egg White Wraps
Select Varieties, 170g

BUY 1 GET 1 **FREE**



Ocean's Pole & Line Chunk Light Tuna
or Flaked, Selected Varieties, 170g

BUY 1 GET 1 **FREE**



Maison Orphée Salad Dressings
250ml

BUY 1 GET 1 **FREE**

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



Covered Bridge Potato Chips
Select Varieties, 142g & 170g

2 FOR \$7.00



Hippie Snacks Almond Crisps
Also Cauliflower, Avocado and Banana Crisps, 70g

\$4.99



Chocolove Chocolate Bars
Rainforest Alliance Certified Selected Varieties, 85g - 90g

\$4.99



Whistler Glacial Spring Water
4L

\$4.49
plus deposit & eco fees



Cabana Natural Lemonade
591ml

2 FOR \$6.00
plus deposit & eco fees



Zevia Sleek No Sugar Soda
355ml

2 FOR \$4.00
plus deposit & eco fees



Rico'n Lalo All Natural Frozen Fruit Bars
Handcrafted, 4 Pack

\$5.99



SNÖ Frozen Dessert Cones, Bars & Pops
Dairy Free, 3 Pack & 6 Pack

\$6.99



Righteous Gelato & Sorbetto
473ml

\$6.99



— DISCOVER —

THOUSANDS OF CANADIAN CHOICES



100% BC OWNED



CHOICES.MARKET



CHOICES
MARKET



Nature's Path Love Crunch Premium Organic Granola
700g

\$12⁹⁹



Olympic Organic Yogurt
650g

\$4⁹⁹



Mid Day Squares Functional Bar
33g

\$2²⁹

SAVE MORE ON A CASE



Made Good Organic Oat Cups & Granola Bites
Select Varieties, 5 Pack & 6 Pack, Also Organic Granola 284g, Crunchy Cookies, 200g

\$5⁴⁹



Joyya Ultrafiltered Milk
1L

\$4⁹⁹

plus deposit & eco fees



Clif Bar Energy Bar
68g

2 FOR \$4⁰⁰

SAVE MORE ON A CASE



Prana Organic Nuts, Mixes, Granolove & Overnight Chia
Select Varieties, 45g - 750g

25% OFF



Greenhouse Organic Almond & Oat Milk
946ml

\$4⁹⁹

plus deposit & eco fees



We Love Van Liquid Honey Bears
375g

\$7⁹⁹

NOURISHING LIFESTYLES SINCE 1990



Naked & Saucy Organic Cooking Sauces
Select Varieties, 296ml

\$5⁹⁹

OTHER SELECT PRODUCTS 20% OFF



Maison Orphée Organic Mustard
250ml

\$4⁹⁹



L'Ancêtre Organic Grass Fed Cheese
Also Organic Mozzarella, 325g

\$12⁹⁹



Gold Seal Wild Pink Salmon
213g

\$4⁴⁹



Bragg Organic Apple Cider Vinegar
946ml

\$8⁹⁹



Spread'em Cashew Cheeze
200g

\$7⁹⁹



Partners Artisan Crackers
Select Varieties, 114g - 142g

\$4⁹⁹



Amy's Pizza
Frozen, 340g - 397g

\$10⁹⁹



Earthbound Farm Organic Vegetables
Frozen, 255g - 300g

2 FOR \$7⁰⁰

PRODUCE FRESH • LOCAL • ORGANIC



Organic Hass Avocado
Mexico Grown

2 FOR \$4.00



Zucchini
B.C. Grown,
\$3.48/Kg

\$1.58 / LB



Gourmet Bouquet

\$24.98



Organic Mango
Mexico Grown

2 FOR \$5.00



Sun Rich Pineapple or Watermelon Chunks or Fruit Salad
Made in Canada, 425g or 369g

\$6.48



Sunflower
3 Stems

\$5.98

DELI PREPARED FRESH



Rossdown Roasted Half Chickens

\$6.99 / EA



Choices Traditional Macaroni Salad
Also Potato or Coleslaw

\$1.79 / 100G



Asian Tastes with Peanut Dressing & Salmon Patty Salad
or Summer Potato & Salmon, 390g - 440g

\$9.99 / EA



Choices Veggie Cakes
140g

2 FOR \$6.00



Zorbas Spanakopita
2 Pack

\$7.99 / EA



Black Forest Ham
or Capicola

\$2.99 / 100G



Saputo Bocconcini
200g

\$6.99 / EA



Aged Parmesan Petals
or Asiago Shreds

\$3.99 / 100G



Krinos Organic Cow Feta Cheese
150g

\$6.49 / EA



DISCOVER THOUSANDS OF CANADIAN CHOICES

As a BC grocer, Choices Market has always made sourcing local and Canadian products our first priority. Building lasting relationships with growers and producers and fostering healthy, sustainable communities are core to who we are. From fresh, farm-to-table produce to premium, local proteins, we offer thousands of Canadian-sourced products to help support our communities while nourishing your family.

BAKERY FRESH BAKED • WHOLESOME



**Silver Hills
Sprouted
Power Bread**
430g-615g

2 FOR \$9.00



**Uprising
Jumbo
Gingersnap
Cookies**
6 Pack

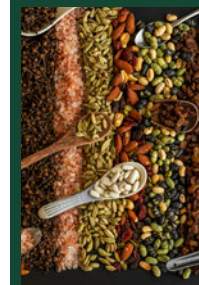
2 FOR \$9.00



**Choices Onion
& Rosemary
Focaccia**
or Sundried
Tomato & Olive,
315g

\$4.49 / EA

BULK FOODS



**Organic
Bulk Foods**
Loose Only,
Select Varieties

20% OFF



**Choices
Tiramisu Cake**
Traditional or
Strawberry, 600g

\$18.99 / EA



**Silver Hills
Organic Buns**
Hamburger or
Hot Dog, 6 Pack

2 FOR \$10.00



**Schär
Breads, Rolls,
Baguettes or
Pizza Crusts**
200g - 400g

20% OFF



**Carbonaut
Buns**
Hamburger or
Hot Dog, Including
Gluten Free, 5 Pack

\$6.99 / EA

WELLNESS REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



**New Roots
Vitamins &
Supplements**
Assorted Varieties
& Sizes

20% OFF



**Vega Protein
& Greens**
Assorted Varieties
& Sizes

\$34.99



**Nordic Naturals
Fish Oil
Supplements**
Assorted Varieties
& Sizes

20% OFF



**Flora Organic
Flax Oil**
Assorted Sizes

20% OFF



**Preferred
Nutrition
Berberine**
Select Sizes

20% OFF



**Flora
Probiotics**
Assorted Varieties
& Sizes

20% OFF



**NutraVega
Omega-3 Plant
DHA & EPA**
Assorted Varieties
& Sizes

20% OFF



**Natural Factors
Magnesium
Supplements**
Assorted Varieties
& Size

15% OFF



**Andalou Naturals
Face & Body Care**
Assorted Varieties
& Size

25% OFF



**Jasón Naturals
Body Wash**
Assorted Varieties,
887ml

\$15.49



**Himalaya
Botanique
Natural
Toothpaste**
Assorted Varieties,
113g - 150g

\$6.49



**Wild Rose
Herbal D-Tox**
1 Kit

\$59.99

Shop online at [ChoicesMarket](https://ChoicesMarket.com) @ChoicesMarket /DiscoverChoicesMarket @ChoicesMarket



Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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