



CHOICES MARKET

100% BC OWNED AND OPERATED

WEEKLY SAVINGS!

Prices Effective • September 25 - October 1, 2025

SPECIAL PRICE

Sirloin Tip Roast or Steaks

Raised Without Antibiotics,
100% Grass Fed, Pasture
Raised, Value Pack, Imported
from Australia, \$17.61/KG

\$7.99 / LB

YOU SAVE
43%

SPECIAL PRICE

**Russet
Potatoes**
BC Grown,
2.27kg Bag

\$3.48 / EA

YOU SAVE
40%

PRODUCT OF
CANADA



Alter Eco Organic Chocolate Bars
75g - 84g

YOU SAVE
36%



Organic Honeycrisp Apples
BC Grown, \$6.57/KG

YOU SAVE
\$1.00 / LB



**Choices Artisan
Fruit Pies**
8 Inch

\$10.99

YOU SAVE
15%



**Rosstown
Roasted
Half Chickens**

\$6.99 / EA

YOU SAVE
\$3.00



**Natural Factors
Vitamins &
Supplements**
Assorted Varieties
& Sizes

15% OFF



**NutraSea Omega-3
Fish Oil Supplements**
Assorted Varieties
& Sizes

20% OFF

SATURDAY, SEPTEMBER 27 ONLY

ABBOTSFORD 10 YEARS ANNIVERSARY SALE!

**10% OFF
ENTIRE STORE***
INCLUDING SALE ITEMS

IN-STORE PURCHASE, INCLUDING ITEMS ON SALE
THROUGHOUT THE ENTIRE STORE.

*Excluding Lotto and Gift Card purchases.

One Day sale offer valid at Abbotsford location only.
See page 5 for details. Sale not available online.

FEATURED CANADIAN CHOICE

**Earth's Choice
Organic Coffee**
Rainforest Alliance,
Whole Bean or
Ground Varieties
340g

\$10.99

YOU SAVE
38%

MADE IN
CANADA



PRODUCE FRESH • LOCAL • ORGANIC



Organic Concord Grapes
BC Grown,
907g Pkg.

\$9.98 /EA



Organic White or Crimini Mushrooms
Only Goodness,
BC Grown, 227g

\$2.98 /EA



Orange, Red or Yellow Peppers
BC Grown,
\$6.57/KG

\$2.98 /LB

Organic Raspberries
USA Grown,
170g



\$5.98 /EA

Yellow Onions
BC Grown,
1.36kg Bag



\$3.98 /EA

Organic Green or Red Grapes
USA Grown,
\$9.88/KG



\$4.48 /LB

Product appearance may differ from that shown in the flyer. Product availability is subject to variation across stores.

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



\$6.99 /LB

Boneless Skinless Chicken Breasts
Fresh, Local, Value Pack, \$15.41/KG



\$8.99 /LB

Beef Stir Fry
100% Grass Fed, Raised Without Antibiotics,
Pasture Raised, Imported from Australia,
\$19.82/KG



\$4.99 /LB

Boneless Pork Sirloin Chops
Fresh, Raised Without Antibiotics,
or Roast, \$11.00/KG



Pork Schnitzel
Fresh Made In Store, Raised Without Antibiotics,
\$19.82/KG

\$8.99 /LB



\$8.99 /LB

Extra Lean Ground Beef
100% Grass Fed, Raised Without Antibiotics,
Pasture Raised, Value Pack, Imported from Australia, \$19.82/KG



Old Country Pasta
Locally Made,
Select Varieties

20% OFF

Shorba Bone Broth
Locally Made,
Frozen, 750ml



\$13.99 /EA



\$4.79 /EA

Ahi Tuna Steaks
Frozen or Previously Frozen, Ocean Wise, 6 oz

Norther Glacier Shrimp
Raw, 31 to 40 Count or Cooked, 41 to 50 Count Ocean Wise,
Frozen, 340g



\$9.99 /EA

ABBOTSFORD 10TH ANNIVERSARY SALE

SATURDAY, SEPTEMBER 27



JOIN US THIS SATURDAY

To celebrate Choices Abbotsford's 10th anniversary!

3033 Immel St, Abbotsford, BC

From 11:00am - 2:00pm:

- BBQ Smokies • Enjoy Beef & Turkey Chili
- Complimentary Slice of Anniversary Cake
- Spin the Wheel - Enter to Win great prizes

Enjoy free coffee & tea while you shop!

All proceeds support to be donated to Archway Community Services.

***Anniversary sale offer valid at Choices Abbotsford location only.**

Sale not available online. Excludes gift card purchases.



SHOP ONLINE AT **CHOICES.MARKET**  /DiscoverChoicesMarket  @ChoicesMarket  @ChoicesMarket



**Kettle Brand
Potato Chips**
Party Size, 368g

\$5.49



**Tonica Organic
Kombucha**
355ml

BUY 1 GET 1 FREE
plus deposit & eco fees



**Barbara's
Cheez Puffs
& Curls**
155g & 198g

2 FOR \$7.00



**Pro Bar
Meals**
On The Go

Also Bolt Organic
Chews, Select
Varieties, 60g - 85g

\$3.99



Larabar
45g & 48g

3 FOR \$6.00



Tate's Cookies
198g

\$8.99



**Whistler
Glacial
Spring Water**
1.5L

2 FOR \$4.00

plus deposit & eco fees



**Traditional
Medicinals
Organic Tea**
16 Bags

\$4.99



**Blue Monkey
Organic
Coconut Water**
1L

\$4.99

plus deposit & eco fees

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Edward & Sons
Organic Brown
Rice Snaps**
100g

\$4.49



**Organic Meadow
Organic Cheese**
168g

\$7.99



**Sensible Portions
Veggie Chips
& Straws**
141g & 142g

\$3.69



**Nina's
Pierogies**
Select Varieties,
400g & 500g

\$11.99



**Indianlife
Authentic Meals**
Also Sauces,
Papadums &
Chutney, Frozen,
Select Varieties

25% OFF



**Caulipower
Pizza**
Frozen,
Select Varieties,
310g & 312g

\$8.99



**Navitas
Organics
Organic Cacao
Powder & Nibs**
227g - 454g

25% OFF



**Lakanto
Monkfruit
Sweetener**
Select Varieties,
235g - 800g

25% OFF



**Patience
Organic
Baking Fruit**
Select Varieties,
142g - 283g

25% OFF



Terra Granola
800g & 850g

\$15⁹⁹



Yoggu!
Coconut Yogurt
450g

\$6⁹⁹



Stahlbush Farms
Sustainable Fruit
Frozen,
Select Varieties,
283g - 300g

\$5⁴⁹



Elmhurst Milked
Nuts & Oats
(946ml), Also
Barista Almond
& Oat and Oat
Creamers (473ml)

\$7⁹⁹
plus deposit & eco fees



The Greek Gods
Organic
Plain Yogurt
500g

\$6⁴⁹



Nuts To You
Organic
Peanut Butter
500g

\$6⁹⁹



Bob's Red Mill
Buttermilk
Pancake Mix
Also Buckwheat
Pancake Mix (680g)
& Granola (312g)

\$6⁴⁹



Uncle Luke's
Organic
Maple Syrup
1L

\$29⁹⁹



Crofter's
Organic
Premium
Fruit Spread
383ml

\$6⁹⁹

NOURISHING LIFESTYLES SINCE 1990



Amy's
Organic Soups
398ml

\$4⁴⁹



Acropolis
Organics
Organic Extra
Virgin Olive Oil
1L

\$48⁹⁹



Allen Family
Foods Soup
Also Chili &
Meals On The Go,
400ml

\$4⁴⁹



Eden
Organic Beans
398ml

2 FOR \$7⁰⁰



Annie's
Pasta
149g - 170g

2 FOR \$6⁰⁰



Gogo Quinoa
Organic Pasta
Select Varieties,
227g

\$3⁹⁹



Seatales
Sustainably
Caught Albacore
Also Skipjack Tuna
& Sardines, Select
Varieties, 120g & 142g

25% OFF



Bubbies Pickles
(1L), Also
Sauerkraut
(750ml)

\$10⁹⁹



Arla Apetina
Feta Cubes
Select Varieties,
200g

\$5⁹⁹

4 DAYS ONLY

CHOICES MARKET ABBOTSFORD

10TH ANNIVERSARY SALE

Enjoy these **SUPER SPECIAL DEALS** from September 25th to September 28th, 2025



Organic Gala Apples
1.36kg Bag

\$5.98 / EA

YOU SAVE \$2.00



Organic Yellow Potatoes
2.27kg Bag

\$5.98 / EA

YOU SAVE \$2.00



Choices Sourdough Bread
Levain Style, 530g

BUY 1 GET 1 FREE



Natural Factors Magnesium & Vitamin C Supplements
Select Varieties, Assorted Sizes

25% OFF



Chicken Legs
Fresh, Raised Without Antibiotics, Veggie Fed, Value Pack, \$8.80/kg

\$3.99 / LB

YOU SAVE 50%



Rosdown Roasted Chickens

2 FOR \$20.00

YOU SAVE 33%



Meadowale Creamery Butter
Salted, 454g, Limit 4

\$5.49

YOU SAVE 29%



Nature's Farm Organic Omega 3 Large Eggs
One Dozen

\$7.99

YOU SAVE 37%



Earth's Choice Organic Whole Bean Coffee
Also Ground, 340g

\$9.99

YOU SAVE 44%



Nature's Path Eco Pac Cereal
Select Sizes

\$9.99

YOU SAVE 42%



Eat Wholesome Organic Soup
398ml

\$2.49

YOU SAVE 46%



Earth's Choice Organic Extra Virgin Olive Oil
1L

\$16.99

YOU SAVE 51%

SATURDAY ONLY

**ABBOTSFORD
10TH ANNIVERSARY SALE**



**10% OFF
ENTIRE STORE***
INCLUDING SALE ITEMS

*Anniversary sale offer valid at Abbotsford location only. Sale not available online.

JOIN US SATURDAY, SEPTEMBER 27

To celebrate Choices Abbotsford's 10th anniversary!

3033 Immel St., Abbotsford

From 11:00am - 2:00pm:

- BBQ Smokies - Enjoy Beef & Turkey Chili
- Complimentary Slice of Anniversary Cake
- Spin the Wheel - Enter to Win great prizes
- Enjoy free coffee & tea while you shop!

All proceeds to be donated to Archway Community Services.



ABBOTSFORD 3033 Immel St., Abbotsford, BC



CHOICES.MARKET



DiscoverChoicesMarket



ChoicesMarket



ChoicesMarket

PRODUCE FRESH • LOCAL • ORGANIC



Grape Tomatoes
BC Grown,
1 Dry Pint

\$2.98 /EA



Nante Carrots
BC Grown,
1.36kg Bag

\$3.98 /EA



Gourmet Bouquet

\$24.98 / EA



Organic Celery
USA Grown,
\$3.26/KG

\$1.48 / LB



Mandarins
Grown in South
Africa, 907g Bag

\$5.48 / EA



Gerbera
5 Stems

\$7.98 / EA

Product appearance may differ from that shown in the flyer. Product availability is subject to variation across stores.

DELI PREPARED FRESH



Choices Quiche
Family Size

\$12.99



Choices Hot Beef Chili
Also Turkey,
16oz

2 FOR **\$12.00**



Choices Heatable Potato Side Dishes
Also Baked in Store
Scalloped Potatoes

\$1.79 / 100G



Choices Ready To Eat Sandwiches
Also New Salmon
Salad Sandwich,
120g - 200g

\$6.99 / EA



Zorbas Spanakopita Pies
Also Mushroom &
Parmesan, 185g

2 FOR **\$10.00**



Choices Smoked Turkey Breast
Also Cooked

\$4.49 / 100G



Queen's Castle Cheese Slices
150g

\$9.99 / EA



Coombe Castle English Cheese
150g - 200g

\$9.99 / EA



Alexis D' Portneuf Brie Cheese
Also Camembert,
300g

\$12.99 / EA

**ABBOTSFORD
10 YEARS
ANNIVERSARY
SALE!**

**10% OFF
ENTIRE STORE***
INCLUDING SALE ITEMS

JOIN US SATURDAY, SEPTEMBER 27TH
To celebrate Choices Abbotsford's anniversary!

3033 Immel St., Abbotsford

From 11:00am - 2:00pm:

• BBQ Smokies • Enjoy Beef & Turkey Chili • Complimentary
Slice of Anniversary Cake • Spin the Wheel - Enter to Win great prizes

Enjoy free coffee & tea while you shop!

All proceeds to be donated to Archway Community Services.

*Anniversary sale offer valid at Abbotsford location only. Sale not available online.

BAKERY

FRESH BAKED • WHOLESOME



Silver Hills Organic Sprouted Breads
510g - 680g

2 FOR \$10.00



Choices Vegan Double Chocolate Crunch Cookies
Also Almond Crunch, 6 Pack

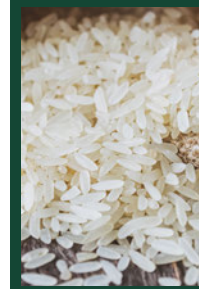
\$6.99 / EA



Choices Pumpkin Pie
Also Pecan Walnut, 8 Inch

\$9.99 / EA

BULK FOODS



Organic Rice, Beans & Grains
Bulk Bins Only, Select Varieties

20% OFF



Dempster's Bagels
5-6 Pack

\$4.99 / EA



Choices Mini Butter Tarts
4 Pack

2 FOR \$8.00



Carbonaut Bread
Low Carb, 355g - 544g

\$6.99 / EA



Wendel's Apple Pie or Strawberry Rhubarb, 8 Inch

\$11.99 / EA

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



Prairie Naturals Creatine Monohydrate
Bonus Size (300g+100g)

BUY 1 GET 1 FREE



St. Francis Herb Farm Herbal Supplements
Assorted Varieties & Sizes

20% OFF



AOR Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Genestra Vitamins & Supplements
Select Varieties & Sizes

10% OFF



Progressive Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Enzymedica Digestive Enzymes
Assorted Varieties & Sizes

20% OFF



Garden of Life Proteins & Sport Supplements
Assorted Varieties & Sizes

20% OFF



Boiron Homeopathic Remedies
Assorted Varieties & Sizes

20% OFF



Lily of the Desert Aloe Vera Juice or Gel
Assorted Varieties & Sizes

20% OFF



Everyone For Every Body 3 in 1 Soap
Assorted Varieties, 946ml

\$19.99



Mad Hippie Facial Care
Assorted Varieties & Sizes

20% OFF



Oneka Shampoo & Conditioners
Assorted Varieties, 500ml

\$11.99



Shop online at ChoicesMarket.com



@ChoicesMarket



/DiscoverChoicesMarket



@ChoicesMarket



CHOICES MARKET

Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.